

April 2000

Number 9

The Dance Magazine

Monthly magazine for ballroom-dancers



This Dance-magazine is a monthly magazine made for and made by ballroom-dancers. Every month you can read about different subjects all concerning ballroom-dancing. We also give you the opportunity to put your add or messages in it. You can send them to me by e-mail.

The Dance-magazine is an edition from Fred Bolder's Ballroom Site

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You can download this magazine as a Word-file for free.

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Dancing is just for girls

By Fred Bolder

If a boy tells someone he likes ballroom dancing, he will be enormously criticised. Boys suppose to like football, but I don't like that at all. I like the comic books 'FC knudde' and the TV show 'The champions' a lot, but that is all from the standard 'boys-things'. I love music and I also play a lot of different musical instruments myself. Think...is there something more beautiful than representing the music with dancing and totally get absorbed by this?

For ballroom dancing you need a boy and a girl. The man supposes to lead the lady. Ballet is a form of dancing where a lot of different dancing is possible. Usually a ballerina dances alone, without a partner. Boys usually think dancing is just for girls. From male colleagues I often hear 'Dancing is for sissies!' or 'Grow up, become a man!'. I just let them talk, because they don't know any better. They really don't know what they are talking about. Female colleagues often react really great. Ofcourse everybody has his own opinion, but you can only judge about ballroom dancing if you tried it yourself. A lot of times a girl forces her boyfriend to go to the dancing school with her. It is very nice to see that how more lessons they take, the man becomes more and more enthusiastic, sometimes even more than the woman.

If you compare ballroom dancing to some other sports people say that ballroom dancing is no sport, but that totally depends on yourself! One thing is for sure: competition dancing is a sport! You can read more about this in dance magazine number 6.

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CD's – Dansen met Fred

I have made two ballroom dance cd's. Dancers of dance school "Peter de Vries" in The Netherlands can buy them. Some of the tracks will be available on my site in the future. Mail (fghb@xs4all.nl) me for more information.

Fred Bolder

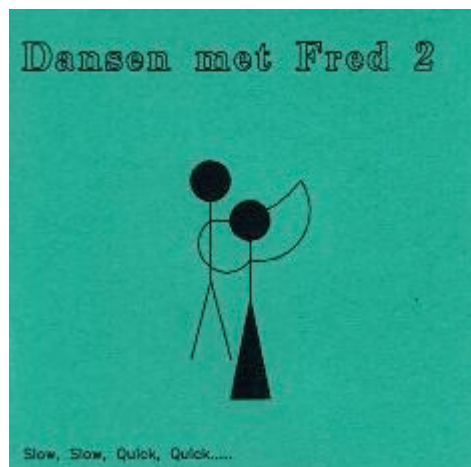


Dansen met Fred 1

- | | |
|--------------------------|---------|
| 1. Denk het niet
Cha | Cha Cha |
| 2. Hou me vast | Rumba |
| 3. Carolien
Quickstep | |
| 4. Greensleeves
Wals | Engelse |
| 5. Monica
Foxtrot | Slow |
| 6. All shook up | Jive |
| 7. Stiekem gedanst | |

Quickstep

- | | |
|-----------------|--------------|
| 8. Als je lacht | Rumba |
| 9. Santa Lucia | Engelse Wals |



Dansen met Fred 2

- | | |
|----------------------------------------|---------|
| 1. Cavatina
Wals | Engelse |
| 2. Samen | Rumba |
| 3. La Cumparsita | Tango |
| 4. The second waltz
Wals | Weense |
| 5. Oude liefde roest niet
Quickstep | |
| 6. The Thornbirds
Wals | Engelse |
| 7. King of the road | Slow |

Foxtrot

- | | |
|------------------------------|--------------|
| 8. Serenata | Tango |
| 9. I save the day | Samba |
| 10. Are you lonesome tonight | Engelse Wals |

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Dancing schools move with the time

By: Fred Bolder

Most people think everybody in a dancing school is always overdressed and you will hear only old fashion music. You always have exceptions, but most dancing schools move with the time.

At most dancing schools it does not matter what you wear, although sometimes you are not allowed to wear jeans. What to wear also depends on the occasion: if you have a lesson, a dance-evening or a competition. When you have lessons you can wear everything you want, usually people wear what they like best. During these lessons learning figures is more important than the look. During the dance-evenings there is a different atmosphere, than most people wear decent clothing. At a competition or your dancing exams clothes are very important. The jury does not only watch your dancing, but also the 'total look'. It is important that ladies wear a skirt or dress, because this looks much more elegant and more female than trousers. At some dancing schools woman even suppose to wear a skirt or dress every time they dance, so not only at the exams, but also during the lessons. At my dancing school people can wear what they want. Personally I hate wearing ties, but during dance-evenings I wear more decent clothes than during the lessons.

Comparing the past to the present, music also changed a lot. They used to play music with a dancing rhythm that is very easy to recognise. Nowadays you will also dance on top-40 music, which is very pleasant. I love to dance on really good music, mostly this is not a top-40 song. For the rhythm- and tempo-change I also like to dance on modern beat-music sometimes. I hope dancing schools will keep playing 'old-fashion' dancing music, it would be a loss if they do not. The rhythm of the music is more complex, but will not get bored too fast. The best song is the one you do not like when you hear it for the first time. By listening to it more often, you will like it better every time you hear it. The top-40 is usually to simple, you will understand it right away and you will like it from the beginning, but it will also get bored much faster. The number 'Three times a lady' will be a familiar number for a lot of people in about 20 years, but hardly anyone will remember the number 'Doctor Jones'. It is perhaps funny to know that I bought the single cd 'Doctor Jones' myself.

The 'asking to dance' has also changed a lot during time. In the old days this had to be done very official. Nowadays people just 'drag' each other on the dancefloor.

As long as you enjoy dancing, this all does not matter. I noticed that here in The Netherlands ballroom dancing is becoming more and more popular.

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Dances

By: *Miranda Jager*

Mambo

The mambo is the dance from the movie *Dirty Dancing*, the movie which everybody probably is familiar with. This movie gave a start at the mambo-trend. Of course dancing schools saw their changes and the popularity of dancing began to grow, especially under the youth. The mambo is in origin a Latin-American dance and people used to dance it much slower than nowadays. You can see the mambo as a quick rumba or a quick cha cha cha.

In *Dirty Dancing* people dance really erotic. The mambo is absolutely forbidden in the public rooms, so the staff dances the mambo after work in dark places far away from the hotel.

Shaking hips, tempting looks and twisted bodies made the movie erotic.

Normally, the mambo is not really a 'dirty' dance on the dancefloor, not like in *Dirty Dancing*. The dance becomes sensual by the easy moves of the hips, the fast feet and the erotic tension between both dancers. Acrobatic figures, like the lift (the man lifts the lady above his head), give a spectacular effect to the mambo.

Belly dancing

Belly dancing is about the 'rolling' moves you make with your hips and belly. Belly dancing is a culture on itself. In a lot of countries women show the man their feminine by belly dancing. In Egypt for example, women communicate by dancing and singing. In Egypt you can also find professional belly dancers, which dance for a living. A lot of European people think belly dancing is for seducing a man, but it is not. The purpose is showing your feminine and giving away (especially in Western countries) a show.

Tapdancing

You need special shoes for this dancing, shoes that make a 'clicking'-sound. Under the heel and the toes you will find a little iron part, which makes the 'clicking'-sound when you step on the floor or click both shoes against each other. Tapdancing is the dance with the smile, speed and perfect timing. The timing is especially important when you dance in a group. The most familiar dancing groups are 'Lord of the Dance' and 'Riverdance'. They give away a really great show in combination with light and live-music.

Jazzdancing

Jazzdancing is moving your body on modern music, mostly with a beat or bass in it. You can dance any figure on this Top 40-music. Jazzdancing is mostly done in a group, which gives you the opportunity to dance beautiful figures and you can make the choreography as hard as you like. A detail with jazzdancing is the clothing: similar clothes make a perfect harmony and white gloves can look really great in a dark room with only 'black-light' shining on you.

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Dances (continuation)

By: *Miranda Jager*

Country line dancing

Country line dancing is for a group. The dancers are standing in a line, as the word 'line dancing' already suggested. The moves are mostly very simple and are done on western music. The total look is very look a like with the Wild West and its cowboys.

Streetdance

Streetdancers dance all sorts of figures on fast music. The movements are modern and fast. Streetdance is really something for the 'tough' boys and girls.

Rock 'n Roll

Rock 'n Roll was especially in the 40s and 50s very popular. In these years, real Rock 'n Roll music was made by for example Bill Haley, Elvis Presley, Joe Turner and Jacky Wilson. The Rock 'n Roll dancer wears pointed shows. The boy wares a neat trouser and a shirt and the hair should be in a forelock. The girl wears a short wide skirt with petticoat and socks with garters. Her hair should be in a cotton candy.

Pogo

This is wild dancing with a group on psycho-bille music, a really fast version of the Rock 'n Roll. These dancers are called the sychos and they also have a forelock, but there look shabby, because of there red patch on there yeans filled with holes.

Rocka-billies

This is the name for the dancers, who dance on music which is slower than the psycho-bill and faster than the Rock 'n Roll. It is a dance-version between the Rock 'n Roll and the Pogo.

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Dancing with your computer

Every month you can read about my dance software. You can download this software on my site for free!

<http://www.xs4all.nl/~fghb/ballroom.htm>

There is now a new version of DansCAD available.

Rotate

The quick rotate function has changed. It works just like the program Dans. Select the feet that you want to rotate. Now you can rotate the feet by using the left and right arrow key in combination with the *Ctrl* key.

Export

It is now possible to export a figure to the AutoCAD DXF format by using the command DXFOUT. Open a figure and choose *Export DXF* from the *File* menu.

dxfout

Filename <CC001>: Type the filename and press *Enter*.
Change options? <N>: Choose Y to change the settings.
Number of columns <0>: Type the number of columns to indicate where to begin a new row. If you enter the value 0, there will be only 1 row.
Export text? <Y>: Choose Y if you also want to export the text.

You can also adjust the setting with the following system variables.

DISPLAY	Feet that are not visible will not be exported.
DXFCOL	Number of columns.
DXFTEXT	Export text (0=no 1=yes).

Use the command DXFIN to import the file in AutoCAD in an empty drawing.

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Leuke links

Danceaway

<http://www.danceaway.com/>

Nice site with clipart and cards

Ballroom Bliss

<http://www.ballroombliss.com/>

Funny site with video clips if you have a lot of patience

Dans.pagina.nl

<http://dans.pagina.nl/>

Dance sites

About specific dances

<http://www.eijkhout.net/rad/index3.html>

Description of the dances

Do you want to dance?

<http://www.want2dance.net/>

Searching for a dance partner

We can dance

<http://www.my.homepage.ru/wecandance/gallery.html>

Many nice pictures

Rings

Latin Dance

<http://nav.webring.org/cgi-bin/navcgi?ring=latindance;list>

Ballroom & Latin-American Dance Ring

<http://nav.webring.org/cgi-bin/navcgi?ring=dancetogether;list>

The DanceSchools Webring

<http://nav.webring.org/cgi-bin/navcgi?ring=danceschools;list>

Dance Sites

<http://nav.webring.org/cgi-bin/navcgi?ring=dancesites;list>