Monthly magazine for ballroom-dancers



This Dance-magazine is a monthly magazine made for and made by ballroom-dancers. Every month you can read about different subjects all concerning ballroom-dancing. We also give you the opportunity to put your add or messages in it. You can send them to me by e-mail.

The Dance-magazine is an edition from Fred Bolder's Ballroom Site

Url: http://www.xs4all.nl/~fghb/ballroom.htm

e-mail:fghb@xs4all.nl

You can download this magazine as a Word-file for free.

Editors: Fred Bolder & Miranda Jager

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Index

Index	1
Slow dancing lessons	
Abel – De stilte voorbij	3
Message	
Dance teachers	
Being a dancing teacher	
Ballroom dancing is for sissies	
Dance shoes	
Dance like an Egyption	
Nice links.	

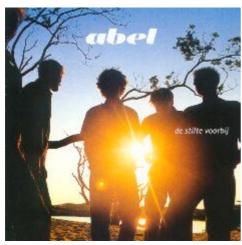
Slllllllllooooooooowwwwwwww.... Dancing lessons....

By: Fred

Probably the same thing happened to you as it did to me. You are dancing in a group in which absolutely nothing happens. All the old dancesteps have to be repeated time after time, so there won't be much time for learning new steps. You need to repeat everything very often before the whole group understands it. In this case the teacher can't help it, it's not possible to continue if the group does not understand an old step. This has a lot to do with the attitude of the group, because most of the people of a 'slow' group also don't visit dance-evenings. Besides that, they do not always go to the lessons. This should not be a problem if you just started dancing, but the higher you come, the more training you need. Then you learn the dance-steps in the lessons and you train them on dance-evenings. A lot of people from such a group also don't dance their exams, and because of this they don't have a goal and therefore they are less motivated. At most dance schools it is possible to go to the next group without passing your dance exams. It would probably be better if this would be changed into the system of only letting people go to another group if they are ready for it, in other words, if they passed their exams. Of course everybody has problems with certain figures, but you can see that a lot of people do not try hard enough. If you have to miss a lesson, you also have to try to take in on another time, so you won't miss anything. Also the age could be a problem. If you are young, you will learn steps much easier. If you are motivated there should not be a problem at all. I have seen a lot of older couples dancing really great, only because they practice a lot. By the way...it is not only the older people having trouble keeping up... Nobody wants to dance at the same level once again, because you learn the same steps again. Maybe a 'refreshment' course would be an idea, then you can also learn new steps. After this lesson couples can start at another higher group without any problems. If you are motivated and you dance in a slow and not very motivated group, you should try to make the best of it. You could try to dance in another group, at a higher level, but most of the times this step is to big. Then you have to see the best parts of dancing in a slower group; because you know the steps already, you can pay more attention to your looks and your dance-style. I also try to remember the steps of the lady, so I can lead better. Normally, remembering my own steps is hard enough already. Watch the details wich the teacher shows during his demonstration of a step and 'slow' dancing lessons can be very interesting!!

Abel – De stilte voorbij

This is a CD from a new Dutch group. Their music is suitable for ballroom dancing. The song "Onderuit" is a very nice quickstep.



- 8. Met de deur op slot
- 9. Hoezeer je wil
- 10. Onderuit
- 11. Tot het je raakt

Abel – De stilte voorbij

1. Drie dagen zon

Viennese waltz

2. Neem me mee Cha Cha

Cha

3. Onderweg Rumba Cha Cha

4. De stilte voorbij

Cha

5. Wachten op jou

6. Zonder een woord Rumba

7. Als ik je zie

Viennese waltz

Cha Cha Cha

Jive

Quickstep

Rumba

Visit their site at http://www.abelabc.nl

Message

Ballroomjurken en Latinjurken te koop:

De ballroomjurken hebben de volgende kleur:

- Zwart-Wit
- Zwart met fuchsia roze
- Donkerblauw met Wit

De latinjurken zijn:

- Zwart (kant)
- Zwart met fuchsia roze (2 verschillende modellen)
- Donkerblauw met wit

Tevens heb ik ook een wit broekpak met hologram-effect te koop. De jurken (en het pak) zijn niet langer dan een seizoen gedragen. De prijzen liggen tussen de f. 150,-- en f. 1750,--

Wil je komen kijken en/of passen? Dat kan. Bel dan even naar 010-4851480 of 06-20491065 en vraag naar Miranda. E-mailen kan natuurlijk ook naar mboog785@freeler.nl.

You can add your message for free by sending it to fghb@xs4all.nl

Being a dancing teacher

By: Fred

I thought it would be a good idea to write about dancing teachers once. Sometimes you might think: 'it will be fun to be a dancing teacher', so I can dance every night and go through my steps. But don't be mistaken, there is a lot more to it than that...Normally when you go to work if you have a bad day, it does not have to be a problem. But if you are a dancing teacher, that's different. Most of the people go to a dancing school because they want to have fun. So being a dancing teacher is not only teaching, you also have to entertain the group. This is not easy with a large group. Not everyone accepts the same jokes and you also have to deal with very irritant people. As a dancing teacher you have to be strong on your feet, you have to take the lead otherwise the lesson will turn into chaos. You can never be sick, because most of the dancing teachers do not have someone who can replace them. You also work till late in the evening, so you have to sleep at daylight. You have to teach the same steps over and over again and check if everything is going ok with the couples. You also have to take into account that not everybody loves the same music you do. Teaching can be fun, but don't think to light about it. It surprises me time after time that my dancing teacher is in such a good mood every lesson again.

Being a dancing teacher

through the eyes of Miranda

I just translated Fred his text about being a dancing teacher. Then I thought: 'it is probably nice to write my opinion on the same subject too.' I agree that most of the people think to light about being a dancing teacher, it is a hard job, because you have to be cheerful every time you have a lesson and if you are not that cheerful the people in a group might say something about that and than you have to explain why you don't make the funny jokes you usually do, and that can be very hard, because a group always wants an explanation. I also agree that a dancing teacher should have control in a group, especially in the youth groups, but in the older groups it's different, because a dancing teacher has to deal differently with children than with adults.

Fred says you have to work late as a dancing teacher and of course that's true, but you will also start late and your week will not be from Monday till Friday, but you will be very busy during the weekends. It can also happen that you will have a whole day of during the week. Most dancing teachers have lessons (Monday till Friday) in the evening, starting at 16.00 or 17.00 hours. The other time they (sometimes) give privat lessons or have to train for themselves. Saturday is usually for the privat lessons and on Sunday they have lessons from 12.00 till 0.00 hours. Friday and Saturday-evening are (once in a while) for the dancing evenings. So the times are just different from a 'normal' job, but you do not necessarily work much more.

In one thing I disagree with Fred and that's the fact that a dancing teacher can never be ill. Of course the work won't be done if someone is ill, but that's the same for people who work in a company, that is the same for everybody who has a job. And most of the time dancing teachers also have someone to replace them.

Ballroom dancing is for sissies



Al zijn er te weinig jongens, gedanst wordt er toch wel bij dansschool Wuyster in Spijkenisse.

Foto Noémie Coën

'Stijldansen is voor mietjes'

Door Angela Bekkers

SPIJKENISSE - Dansschool Wuyster in Spijkenisse is op woensdagmiddag omgetoverd tot een swingende disco voor de jeugd. Op popmuziek van Cher en Shania Twain dansen 28 jongens en meisjes in de leeftijd van 10 tot 12 jaar geconcentreerd de foxtrot, chachacha en tango. Een paar trotse moeders zitten langs de kant te kijken. "En stap twee, drie, cha cha cha", roept dansleraar J. Wuyster door een microfoon boven de snoeiharde muziek uit.

Een meisje kijkt onverstoorbaar met het puntje van haar tong uit de mond naar haar voeten. Vlak ernaast zwalkt een kleine jongen met zijn meisje over de parketvloer. Hij lijkt het niet zo nauw te nemen met de maat. Het aantal jongens is opvallend klein; bij de 'Junior Dansers' zijn er slechts vier. Jeroen Buik (12) is er één van. "Ik vind het dansen hartstikke leuk, vooral met mijn vriendinnetje." Een meisje van dansles heeft hem een paar weken geleden verkering gevraagd en dat is nu zijn vaste danspartner. Wel zo makkelijk, nu hoeft hii niet meer te kiezen.

ner. Wel zo makkelijk, nu hoeft hij niet meer te kiezen. Vrienden krijgt hij niet mee naar de dansschool. "Jongens zeggen dat het voor meisjes is. Die gaan liever sporten", aldus Jeroen. Deze week publiceerde de Nederlandse Vereniging van Dansleraren (NVD) een alarmerend rapport over de afnemende belangstelling van jongeren en vooral jongens - voor stijldansen. Dansles heeft een ouderwets imago.

wets imago.

Dansleraar Wuyster erkent dat het met een hoop scholen niet goed gaat. "Ik denk dat het voor een groot deel aan de danssa-

lons zelf ligt. Veel gaan niet met de tijd mee. Ze geven alleen maar les in het klassieke ballroom en niet in moderne, populaire dansen."

laire dansen."

Zelf heeft hij geen klachten. Om kinderen al jong te interesseren voor stijldansen, heeft hij op woensdagmiddag het 'kidswingen' geintroduceerd. Behalve klassieke dansen, leert hij jongeren ook salsa en merengue en het populaire, uit de Verenigde Staten overgewaaide, streetdancine.

cing.
"Deze moderne dansen zijn heel
goed om erbij te doen. Dus
naast de klassieke vormen, want
het zijn eendagsvilegen."
Wuyster denkt dat de dansscho-

Wuyster denkt dat de dansscholen te veel concurrentie hebben van de vele sporten en bijbaanties waarmee jongeren zich bezighouden. Ook de hedendaagse opvoeding doet het stijldansen geen goed. "Vroeger werd je in je tienertijd naar de dansschool gestuurd. Je werd geacht bij een bruiloft een beetje behoorlijk de foxtrot te kunnen dansen. Tegenwoordig laat de jeugd zich niet meer sturen."

hoorlijk de roxtrot te kunnen dansen. Tegenwoordig laat de jeugd zich niet meer sturen." Na het 'kidswingen', maken zo'n 30 tieners zich op voor de les ballroomdancing goud-ster. Wederom veel meisjes en weinig jongens. Wouter de Kwant (15) probeert het verschil te verklaren.

"Meisjes gaan in een groepje en jongens komen alleen." Het weerhoudt hem er echter niet van een paar uur per week de dansschool te bezoeken. Bij de meeste vrienden moet hij er niet mee aankomen.

"Ze lachen je eerst uit, vinden het iets voor mietjes. Later vragen ze toch wat het eigenlijk inhoudt."

I wrote an artikel about this subject in the last magazine. Later, I found this message in the newspaper. It's about people who think that dancing is just for sissies. You can see two girls dancing with each other. There are not enough men on the dans-floor. Believe me, you are a real man, if you do what you like. Don't let other people stop you if you want to learn ballroom dancing.

Dance shoes

Read the numbers 3 en 5 of the dance magazine for more information about dance shoes

Here you can buy dance shoes (Holland).

Bommel Schoenspeciaalzaak Hooghuisstraat 31 5611 GS Eindhoven 040-2449407

Bommel Dames Schoenmode Veemarktstraat 21 4811 ZB Breda 076-5145665

Nico's Dansartikelen Ferd. Bolstraat 146 1072 LS Amsterdam 020-6713155

Schoenenmagazijn Jac. van Liesdonk Krabbendykestraat 81 3086 LP Rotterdam 010-4803690

Met dank aan Marije Bosman

Lisette Danssportartikelen Laagsehoeflaan 69 4623 TL Bergen op Zoom 0164-234207

M.M.C. van Dalen Violenstraat 45 1214 CJ Hilversum 035-7721398

Schoenen Van Den Oever Fred. Hendrik Laan 278 2582 BN Den Haag 070-3552883

Shoe Box Brinkstraat 36 9411 KN Beilen 0593-525030

Links to dance shoes

Dance naturals http://www.dancenaturals.nl/

Swingin Shoes http://www.swingin-shoes.nl/

Diamant Dance Shoes http://www.diamant-dance-shoes.com/

Nico's Danssportartikelen http://www.tdbs.is.nl/nico/

Dance 'n Fashion http://www.dance-fashion.com/index.htm

Dance like an Egyptian

By: Miranda

Probably everyone knows the dance of the Egyptians, danced by the Faeroe and his people in the pyramids. Nowadays another interpretation is given to this dance, but that doesn't make it less interesting. You can take lessons in the traditional Egyptian dance or in the interpretation given to this dance by the Western people. The traditional Egyptian dance is departed into three styles: sha'abi, baladi and sharqi.

This dance already exists for ages and it has its grounds in the Middle East.

The movements are done in a smooth and powerful way in which the dancer uses every part of her body, especially her hips. The movements are very controlled and give relaxation for body and mind.

The body represents the Arabian music in a direct way, improvisation and interpretation of the dancer have a very big role in this. The Egyptian dance also represents the emotions joy and melancholy.

In the Netherlands this dance is not very familiar among the people. But there are lots of opportunities to take lessons in Egyptian dancing. I don't know if this dance is also given in other countries. In the Netherlands you pay an amount of DFL. 100,-- for nine lessons from one hour each. If you have doubts if you really want to spent your money on it, you can also take one (free) lesson, a try-out.

Nice links

Dance shop

http://www.go.to/danceshop/

Online shop for dancers

Music for dancing

http://www.nzdances.co.nz/dance/music/

Dance music

I love music

http://www.ilovemusic.com/

Information about music and dance

Gopher menu

gopher://ftp.std.com/11/nonprofits/dance/music

Dance music

A Sound Investment

http://www.asoundinvestment.com/ballrm.htm

Dance music

Dance site

http://www.dancesite.demon.nl/

Dance pictures, interviews etc.