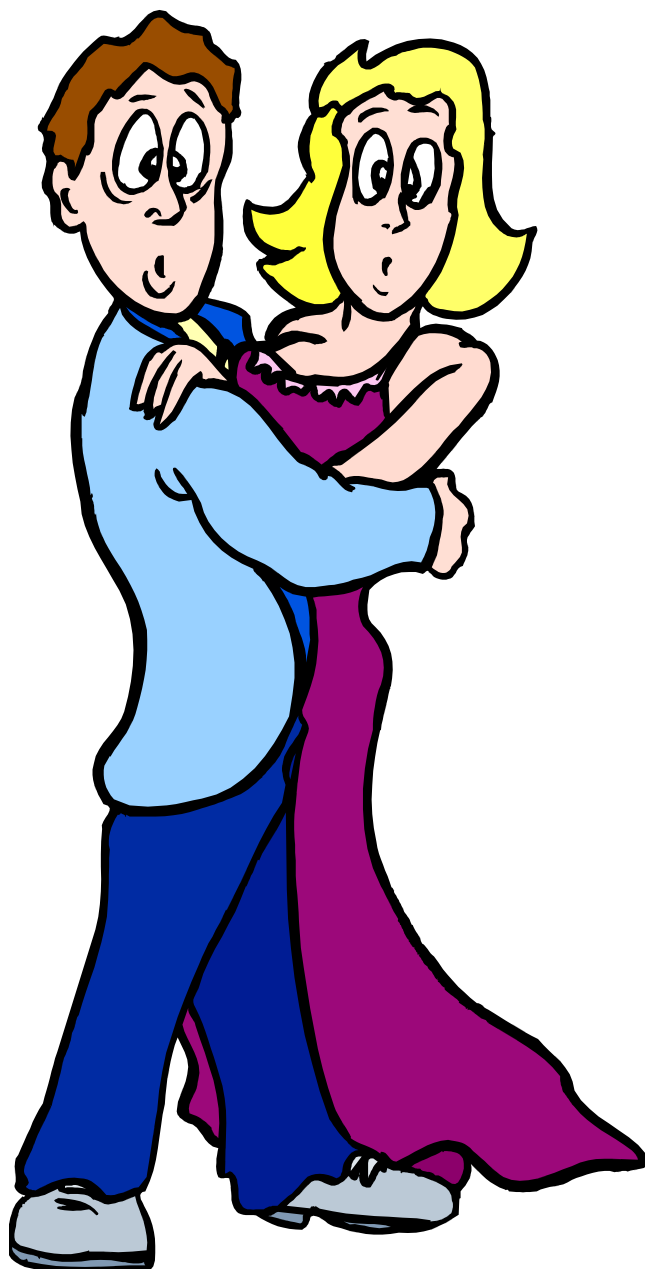


January 2001
Number **18**

THE DANCE MAGAZINE

Monthly magazine for ballroom-dancers



This Dance-magazine is a monthly magazine made for and made by ballroom-dancers. Every month you can read about different subjects all concerning ballroom-dancing. We also give you the opportunity to put your add or messages in it. You can send them to me by e-mail.

The Dance-magazine is an edition from Fred Bolder's Ballroom Site

Url: <http://www.xs4all.nl/~fghb/ballroom.htm> or
<http://move.to/stijldansen>

e-mail: fghb@xs4all.nl

You can download this magazine as a Word-file for free.

Editors: Fred Bolder & Miranda Jager

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Het Dansblad

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Translation: He is a ballroom-dancer

You can now also visit Fred Bolder’s Ballroom Site by using the short url below.

<http://move.to/stijldansen>

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Interview

Personal information



Name: Barbara van der Laars (f)

Age: 26

General

1. Are you a fanatic dancer?

No, I'm not going to a dance evening every week and I don't dance competitions, but still I want to learn all steps and movements as good as possible.

2. How many times do you dance in a week?

Once

3. Do you visit dance evenings?

Yes, sometimes

4. Do you dance at parties?

Yes, as long as the music is suitable and there are more people dancing.

Dance history

5. For how long have you been dancing?
10 years

6. Why did you start ballroom dancing?
My parents told me. It was a part of my education.

7. Which dances did you learn?

Slow waltz, Tango, Slow foxtrot, Quickstep, Viennese waltz, Cha Cha Cha, Rumba, Samba, Paso Doble, Jive, Saturday Night Fever and the Lambada.

The dance school

8. What do you think of the tempo of the lessons?

Good

9. Do you have enough opportunity to practise?

There is enough opportunity, but most of the time the floor is too full.

10. Do you find the lessons companionable?

Yes

Ballroom dancing

11. Many people say that dancing is just for girls. What do you think of that?

You always need a partner. In our dance school it is not permitted that two women dance with each other, even if there are not enough men.

12. They also say that ballroom dancing is not a sport. What is your opinion about this?

After one hour intensive dancing I become very tired. For me it is a sport.

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13. Do you think that the media is spending enough attention on ballroom dancing?

No, not for Dutch conceptions. Everything that has to do something with ballroom dancing is on the other channels.

The dances

14. What is your favourite dance?

Slow waltz, then Rumba.

15. Which dances do you like the most, Standard or Latin?

Standard, because here you can finish every movement.

16. Which dance do you like less?

Jive, because the steps are too complicated for the rock 'n' roll speed of the music.

Dance music

17. Which music do you like to dance to the most, real dance music or popular music?

Popular music for almost all dances, except the Paso Doble.

18. What do you think of the music that they play at the dance school?

Good

19. Can you ask for a song during a dance evening?

Yes, but almost nobody do so.

20. Can you name some of your favourite dance music?

Fields of gold - Sting - Rumba

Sacrifice - Elton John - Rumba

Alles kan een mens gelukkig maken - Rene Froger - Foxtrot (good memory)



Dance clothes

21. Are you allowed to wear jeans at the dance school?

Yes

22. Do you think that dance schools should allow you to wear jeans?

Yes, for a normal lesson.

23. What is your favourite clothing for dancing?

That doesn't really matter, but no long or tight skirts.

24. Do you think that women should wear a skirt or a dress?

No, not for normal lessons.

25. Do you think that men should wear a tie?

No, not for normal lessons.

26. Do you have real dance shoes?

Yes

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Leading / following

27. Have you ever danced with someone from another dance school?

Yes, the basic step in quickstep / foxtrot is different.

28. Don't you think it's a pity that as a woman you always have to follow?
No, I'm used to it.

Competitions

29. Have you ever danced a competition?
Yes, but it was too professional. We also didn't have a special training.

30. Do you visit dance competitions?
No

31. Do you watch dance competitions on tv.
Yes

32. Do you think that ballroom dancing should be a part of the Olympic Games.
Yes



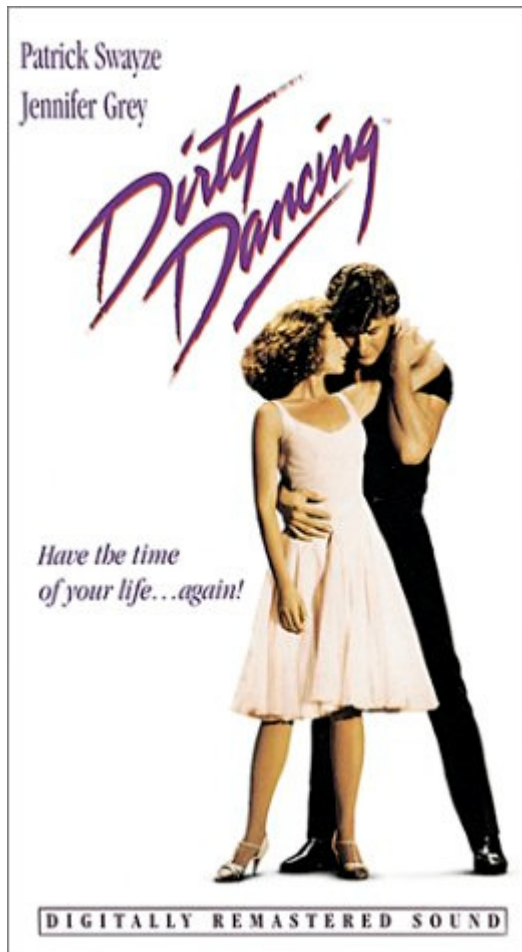
Barbara is married with her dance partner Edwin

Send a mail to fghb@xs4all.nl for an interview.

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Dirty Dancing – The Movie

By: Fred Bolder



I think that everybody have heard of the movie Dirty Dancing. Miranda has written about this movie in number 15 of the dance magazine. I have just seen the movie, and I wanted to write something about it.

This is the translated description of the video tape. *A lively, sensual love story. Baby is with her parents on a holiday. Ze meets the bored dance teacher of the hotel, gets acquainted with dirty dancing and puts her first steps into love.*

I liked watching the movie. You can see a lot of the mambo. The story is good and it is not all about dancing.

Dirty Dancing sites

The Complete Dirty Dancing Website

<http://www.geocities.com/TelevisionCity/Set/3100/>

Nice site

Lyrics from Dirty Dancing Soundtrack

<http://www.glasnet.ru/~khizhiy/lyrics/dirty-dancing.html>

Lyrics and Real audio files

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Dirty Dancing – The CD

There are also a few cd's of Dirty Dancing. Below you can see the most famous one. Of course you want to try every dance yourself.



Dirty Dancing

Dances: Mambo, Cha Cha Cha etc.

Price: 44,95 DFL

1.....I've Had the Time of My Life	Mambo	54
2.....Be My Baby	Cha Cha Cha	32
3.....She's Like The Wind.....	-	-
4.....Hungry Eyes	Mambo	55
5.....Stay	Cha Cha Cha	30
6.....Yes	Quickstep	45
7..... You Don't Own Me.....	-	-
8.....Hey Baby	Cha Cha Cha	32
9.....Overload.....	Rumba.....	27
10.....Love Is Strange	Cha Cha Cha	30
11.....Where Are You Tonight	Slow Jive.....	29
12.....In The Still of The Night.....	-	-

The number after the dance indicates the tempo in bars per minute.

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Victor Eijkhout's favourite dance music

American country music is not really written for ballroom dancing. The traditional country dances are the waltz and the different styles of the two-step. The tempo of the faster two-step styles is about 48 bars per minute, which is suitable for foxtrot or quickstep.

There is a lot of music which can be used for swing. The Americans use this name for the jive. There are different swing styles. My favourite is the west coast swing, which is much slower than the jive. For example, the Lyle Lovett song in the following list is half the speed of jive, but that is an exception. Most of the west coast swing songs are about 30 bars per minute, like the Hank Williams Jr song in my list. Some west coast swing songs are also good for slow foxtrot.

There is not much country music which is perfect for a real jive. Mostly the rhythm is good, but the tempo is below 40 bars per minute, like the Chely Wright song. You can find jive songs in the genre "western swing", which is strongly influenced by jazz. The best known western swing group is Asleep at the Wheel. You can see two songs of this group in my list. They are also the only group I know that have a song which is suitable for a real quickstep.

Waltz

Ann Murray - Can I have this dance
The Forester Sisters - Their hearts are dancing
Lari White - Wishes

Quickstep

Asleep at the Wheel - Hightower

West coast swing

Hank Williams Jr - If it will, it will
Garth Brooks - Walking after midnight
Lyle Lovett - She's no lady
Lee Roy Parnell - Fresh coat of paint

Slow Foxtrot

Randy Travis (also Roger Miller) - King of the road
Alan Jackson - Right on the money
John Michael Montgomery - Just like a rodeo

Two-step / Foxtrot

Shania Twain - What made you say that
Ricky Skaggs - Heartbroke

Chacha

Brooks and Dunn (also B.W. Stephenson) - My Maria

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Samba

Clay Walker - Live laugh love

Jive

Asleep at the wheel - Choo choo ch'boogie

Asleep at the wheel - Boogie back to Texas

Chely Wright - Sea of cowboy hats

Alan Jackson - Chattahoochee

Sawyer Brown - The race is on

Send a list with your favourite ballroom dance music to fgfb@xs4all.nl.

Victor has a nice site with a lot of information about ballroom dancing.
<http://www.eijkhout.net/dance/>

Het Dansblad

Miranda Binnendijk's first dance competition

The 10th of December I danced my first competition in Noordwijkerhout de Schelft.

I was very nervous, because it was my first competition.

I am dancing for about six years, courses excepted for which I had no partner.

I have danced two courses with Chris and it goes very well.

He is just as long as I am and because it goes very well, we would like to try a competition.

We had to start in the standard class of the A newcomers. The slow waltz is my favourite dance, but it turned out not that good because of the nerves.

At the begin of the cha cha cha I made a mistake, because we had to run on the floor and there was too few space.

We were not with the dancers that should go directly to the final, so we got another chance.

That went a lot better, but not good enough, so we could go home.

I had purchased something special for this competition, but some girls had brought four or even more dresses with them, a bit exaggerated. Perhaps I will do that the next time too. But I think we also will make it without a lot of dresses and make-up.

For me the competition was very exciting and nice. But you have to be a dance-lover to like this. We will have the next competition at the end of Januari and then we will go for sure for the half final, perhaps the final (according to my partner).

You know how it's like after such an experience and the next time we will be less nervous.

Practice makes perfect.

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Who is Fred Bolder?

By: Miranda Jager

During our mailing I came to know more and more about Fred and I would like to let the readers of this dance magazine know this as well. You probably don't know much about Fred yet. I first met him at the Dutch championships in Slagharen in 2000. We did already write the dance magazine together at that time, but because of the distance we live from each other, we did not meet yet. Fred is a very nice, also a little shy boy with a true passion for dancing. He is trying a lot of steps during dancing (of course I danced with him).

Fred lives in Zwijndrecht, he is working as a software engineer. His hobbies are: dancing, music, programming (see for example his dance software on the site), electronics, making robots, photography and making websites. His favourite music is mostly from Dutch groups such as De Dijk, Clouseau, Blof, Van Dik Hout, Abel and Volumbia. He also likes Kim Wilde, Debbie Gibson, Tiffany, Vaya Con Dios, Toto and Spandau Ballet. Fred even likes classical music and real dance music, so he does not really have a favourite genre or band. Although he does not like rap, house, hardrock and hip hop very much. He loves Nederpop, because he can easily sing with this songs himself. And you can bring more feeling into a number if you understand what they are singing.

There was always music in Fred his life and in 1997 he started his dancing career. He was so enthusiastic that he made a dancing website. Every month, he writes a dancing magazine, which takes a lot of time. He also visits events, so he can place nice pictures on his website. He is not only enthusiastic about ballroom and latin dances, but also about every form of dancing and he tries to dance as much as possible. At the moment he dances at dancing school Peter de Vries in Zwijndrecht. His enthusiasm for dancing is to see in the fact that he is always in the dancing school, but also because he has his own website and a lot of dancing cd's (about 200!). Besides that, he also makes his own cd's where he plays the music and sings himself!

There a several reasons why Fred started dancing. The mean one is because he loves music and he would do something different than playing an instrument. Another reason is because people asked him to dance on parties and he had to say no all the time. When his colleague told him about ballroom dancing, he was immediately enthusiastic. His parents also told him to go dancing, because he was always busy with rhythm and music.

At the moment he dances recreants 1 with José. This is almost the same as gold star. They dropped this course at the dancing school, because most students are to slow. Now you can dance recreants until you have the capacity for the higher class. You can also skip the recreants course.

With his sister, Fred dances gold. This is the third time Fred does this course. Because there was no next course after he finished the first gold-course, he decided to do it again. He wanted to dance twice a week. At the moment, his sister also dances on the gold level. He does not mind doing gold three times, because every course is different. Fred has danced with different ladies. At first he danced with Henriëtte, but she got injured. After that he danced with several girls. At the moment he dances with José for the second season and he dances with his sister. He usually dances with his sister, she also loves dancing. Fred was the one practising steps with her and after he had taken her to a dancing evening,

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she decided to go dancing as well. Her dancing partner started turning up late all the time, so Sandra (his sister) decided to go dancing with Fred. Fred would like to go competition dancing once.

When I asked Fred what he really likes about dancing, he immediately had several reasons: you learn how to handle people, it is healthy, because you move a lot and besides that I love music. If he hears music, Fred immediately starts to find out which dance he can dance on it. This is also the reason why he want to learn as much dances at possible.

If you are looking for Fred, you can find him at a dancing evening, where he tries to dance with as much people as possible. Everybody dances in another way, so it is pretty exciting to see if they can follow you. He also likes to watch how they teach at other dancing schools or how they arrange dancing evenings there.

Fred knows how to dance the following dances: slow waltz, slow foxtrot, tango, quickstep, viennese waltz, cha cha cha, rumba, jive, paso doble, samba, mambo, polka and the kattaketama.

After this story, I (Fred Bolder) want to write something myself.

Miranda, thank you very much for this nice story. And also thanks for all the work that you have done already for the dance magazine. For the readers who doesn't know. Miranda write every month one or more stories for this magazine. She also does a lot of translation work for the English version. The dance magazine wouldn't be what it is now without her.

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Dancing in Drenthe

By: Fred Bolder

Wednesday the 29th of November I went together with my sister Sandra from Zwijndrecht to Coevorden by train. I would like to try some more dances with Miranda Jager. Miranda and I make this magazine. I also like it to visit another dance school, because every dance school is different. I had met Miranda before at a big dance competition in Slagharen (see number 11 of the dance magazine), but I could only dance a quickstep with her. That went very well, so I became curious to the other dances. Miranda lives in Groningen, but she visits dance school Vos-Langford in Coevorden regularly. Her parents live near to Coevorden, so she can stay there. It's a long journey from Zwijndrecht to Coevorden so Sandra and I had decided to have a short holiday there. It is very beautiful in Drenthe.

The journey began good. Sandra was reading the Metro (magazine for travellers) and saw a story with photographs about ballroom dancing. In the slow train to Coevorden I saw a group girls practising dance steps. I thought "Ballroom dancing is popular here!".

Wednesday in the afternoon we arrived at hotel Talens. Dance school Vos-Langford is



situated next to this hotel. Of course we had to go there immediately. It was very funny, on the door there was an advertisement with the text "Mega Kerstmutsen Party!" (see picture). We knew that we were at the right place, because Miranda also mentioned those funny names in her mail. We came for the "Mega Black White Party".

We decided to take a look in the center of Coevorden. The shops were not closed yet and I'm always searching for good ballroom dance cd's.

The next day we went to the Zoo in Emmen. This is a very beautiful Zoo. It is certainly worth a visit. After that we went shopping in Emmen. And yes, I was a lucky dog again. At the store Music House I found a lot of dance cd's. I have a huge collection of dance cd's myself, but I still found about six cd's which I didn't have. I missed a few cd's that were part of a serie and I found them there. I heard the salesman say

something about ballroom dancing to his colleague. That explained the big collection of dance cd's. After the holiday, I received a mail from the salesman. He had recognized me from my site, but he didn't know for sure. You don't expect somebody from Zwijndrecht in Emmen. It is great that they also read the dance magazine in Emmen!

Friday evening we went to the dance school!!! When we saw Joris and Miranda, we went inside. The dance evening was only 5,- DFL per person. It looked like a disco when we came in, but fortunately they were dancing a cha cha cha. Miranda had warned us that it would be a youth evening. That doesn't matter to us, because we feel quite young. The music was good. At the dance school where we dance, they use the same sort of music. Unfortunately the floor was not that big and it was crowded. Also the music was too loud. It was almost impossible to talk to each other. We always go the the dance evenings for adults. I think that youth evenings at our dance school are almost the same. At youth lessons, the floor is also too full.

Fortunately the floor was calmer. At these moments I couldn't wait to dance with Miranda. I like to dance with somebody that doesn't know my figures. It is great when that succeeds. Miranda has a higher level than me als she follows good. If I don't dance loose figures and I

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lead well, it goes very well. The jive was perfect!!! At this moment, it's my favourite dance. She had learned the slow foxtrot in another way, but after a while also this dance was no problem. So you don't have to be afraid to dance with somebody from another dance school. It is great!!

And then, it was Saturday. We had to go home ☹. We would rather stay awhile.

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What is the meaning of dancing for me?

By: *Silvia Jager*

Hello everybody,

My name is Silvia Jager, I am 18 years old and a dancer since September 1995. Fred and Miranda asked me to write an article for this cool dance magazine.

When I was a little child, I already loved dancing. My cousins danced at a pretty high level at that time and I was usually a supporter beside the floor. When my sister started dancing, she taught me the first steps of the quickstep and the cha cha cha.



In 1995 it was time! Together with some friends, I started dancing at dancing school Koning (now called Vos-Langford), which was of course very exciting. Boys and girls were standing opposite of each other. The boys had to ask a girl to dance. Johannes immediately asked me. Since the first lesson we were getting along very well, beside and on the dancing floor, which is also very important of course. When we were dancing Brons II our dancing teacher Anita asked if we were interested in dancing competitions and we started in May 1996 in Debutanten 5. The first competition was very excited. Because my mother always makes a lot of pictures, I have a lot of pictures starting in the beginning. It is very nice to see how you improve. It took some time before we danced a final, but since the first time we just went on very fast.

After every course we danced our exams in the dancing school, also last May. This year the best dancing couple of the evening would get a price. Johannes and I won, fantastic! A real crone to our career. Not long after these exams Johannes told me he was going to America, so there was no choice but to stop dancing. We both thought it was a pity.

Anita started looking for a new partner for me, which was not easy of course. I was lucky a lady from our dancing school stopped and the man wanted to proceed dancing. Anita suggested we started dancing together, but he was dancing two levels lower than me. He and I both had doubts, but we went for a try-out. This was not too bad and we decided we would try it together. Our teacher decided to 'just' let us begin in Debutanten 2, because Marc really had potential for this (I was already dancing in 2 with Johannes).

The 10th of December in 2000, we had our first dancing competition, only latin. Unfortunately we did not come further than the first round, but we did not expect more of it. We had a lot of fun and that is very important as well. We have to find routine in the latin programs and we have to start working on our technique. At the moment I have no favourite dance in latin. It is the program that makes your dance to special and I have very nice programs in all latin dances, so I can not make a choice. In the ballroom I like the Slow Waltz the best, because I can feel that music through my body and it is a very elegant dance. The 10th of December, I also noticed why I love competition dancing. At first it is the excitement if you made the next round, second is the sphere with the other dancers and of course to show the jury why you should be the one standing in the next round.

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I dance at dancing centre Vos-Langford in Coevorden, Holland. My teachers, Henk-Peter Vos and Anita Langford have been Dutch champions for years and on the international competitions they also scored very high. I am feeling very much at home in the dancing school. Because Henk-Peter and Anita have to be jury on competitions and the lessons on Sunday have to proceed, I assist Henk-Peter with teaching when Anita has to be jury. It is very nice to see that the dancers see you more and more as their teacher. On dancing evenings students come to me if they can not remember a step or just to dance with me. I like this very much, because this means they accept me.



To my opinion, dancing lessons are part of your development. Besides that it is also very nice to do and very companionable. You can go with your friends, but you will also meet new people.

I think my story is long enough now, because you don't need to get bored. I wish you all very much fun with reading the dance magazines, and Fred and Miranda: keep it going!

Best wishes
Silvia Jager

Het Dansblad

Do you have the latin moves & grooves?

By: *Miranda Jager*

Here you will find a test to find out in which factor latin is in your blood.

Blond hair, blue eyes. Not really a prototype for a latino. But also brown hair and brown eyes are not guaranteed to have swinging hips and be a latino type. Do the test and find out if you have the latin moves & grooves.

Question 1

You are going out with your friends. What are you going to wear?

- A sexy short skirt with a sexy blouse/a stretch black jeans with an open sexy blouse.
- The jeans you had on to school all week and a T-shirt from Metallica/The Backstreet Boys.
- A long dress and flat shoes/your Sunday-trousers, a new blouse and a spencer.

Question 2

Your hair can be described as...

- Jeroen Pauw/Manuele who just had a sexnight.
- Ozzy Osbourne meets Jan Vayne/Cindy Pielstroom meets Pink.
- The looks of the sexy football-hero Del Piero are nothing compared to your hair/Jennifer Lopez eat your heart out.

Question 3

Your favourite dance is...

- The bird dance.
- The samba.
- Hardcore dancing.

Question 4

You see a nice chica/boy in the pub. You go to hear/him and say...

- I am writing a phone book, can I have your number?
- You say nothing, but you drag her/him to the dancing floor to start a love dance.
- Would you like to see my motorbike.

Question 5

Your grandmother gives you 40 guilders. You run to the cd-store and buy a cd of...

- Ricky Martin.
- Jan Smit.
- Christina Aguilera.

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Question 6

Your ideal vacation is...

- a. Floating in the childpool at Centerparcs.
- b. On the back of a cow racing through the streets of Pamplona.
- c. Going to every disco in Lloret de Mar with your friend.

Question 7

You are standing in a pub in Rio de Janeiro and it is happy hour, you order...

- a. An advocate with cream.
- b. A bear.
- c. A tequila slammer.

Question 8

Your boyfriend/girlfriend is flirting with someone else. You...

- a. Give him/her your credit card and the keys of your car and you take a cab home.
- b. Ask your rival for a duel and fight till one of you drops dead.
- c. Become angry and go to the toilet to find out a strategy, but you will start crying first.

Question 9

Your mother asks you to do the shopping. What will you take with you on the way out?

- a. Red peppers, avocado, beans and Corona bear.
- b. Patatoes, meat and salad.
- c. A paella meal for in the microwave.

Question 10

On your free Sunday...

- a. ...you dream away at the poster of a white beach and palmtrees.
- b. ...you put the blankets up to your chin.
- c. ...you put on your bikini/short, turn up the heat and you are going too play beachbal.

SCORE

1a)	10	1b)	0	1c)	5
2a)	5	2b)	0	2c)	10
3a)	0	3b)	10	3c)	5
4a)	5	4b)	10	4c)	0
5a)	10	5b)	0	5c)	5
6a)	0	6b)	10	6c)	5
7a)	0	7b)	5	7c)	10
8a)	0	8b)	10	8c)	5
9a)	10	9b)	0	9c)	5
10a)	5	10b)	0	10c)	10

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0-45 points

Cold blooded

Even a date with the half undressed Jennifer Lopez/Ricky Martin will not make you meld. Tropical holidays and tropical cocktails are also not your style. You prefer to sit on the couch or visit your grandparents on a Saturday evening. From short skirt you will get sick and stretch jeans will only make your balls sink, so you do not wear them. Is there any hope? Unfortunately, you do not have the latin spirit in you, but you don't mind.

50-75 points

Warm blooded

You want to, but you do not seem to make it. At spicy you think about a red, hot sause from Mexico. For the holidays, Spain it good enough for you, in latin countries like Puerto Rico, Cuba and Brazil you will only get strange illness. Concerning clothes you are also not an expert on sexy clothes. Sexy for you is a satin night skirt, you do not want to sleep naked. Is there any hope? Yes there is, but it might cost a little. With the right dancing lessons, cd's, clothes and books you can become a latin lover...but keep learning.

80-100 points

Latin Lover

You are hot, hot, hot! Your eyes spew fire and swetdrops disappear sissing from your body. Latin is your middle name. When you are not dancing, you are drinking tequila's at the bar or walking through Mexico as a wild horse. The boy/girl that will be your lover, will never be bored again.

Source: Veronica, week 31, 2000

Het Dansblad

Messages

On this page you can add your messages for free. Send a mail to fghb@xs4all.nl .

Danspartner gezocht

Hallo, Ik ben Kyra en op zoek naar een enthousiaste danspartner met enige ervaring. Ik ben net weer gestart met wedstrijdtraining toen mijn danspartner moest afhaken. Maar ik mis het zo en wil graag verder, dus welke heer in de regio Rijnmond durft het aan? Ben 1.68 m, slank en mijn voorkeur gaat uit naar Latin-dansen maar ook Balroom dans ik met een geschikte partner heel erg graag! Mail me: K.Stuckstedde@quicknet.nl.

Te koop aangeboden

Blauw/paarse ballroomjurk maat 36/38 met lange mouwtjes en transparante bovenkant. Zo goed als nieuw. Vraagprijs: f. 2000,--

Kobaltblauw rokkostuum maat 45 voor slank postuur. Vraagprijs: f. 500,--

Voor foto's van beide in actie zie op de danssite van Fred Bolder <http://www.xs4all.nl/~fghb/ballroom.htm>
onder Afbeeldingen de foto's van Joris Harder en Miranda Jager.
Voor inlichtingen: 050-5492681 of 06-51586689

Het Dansblad

Nice links

Ballroom Connection

<http://www.ballroom-connection.com/>

Shoes and books

Ballroom Dance Supply

<http://bdsweb.ballroom.com/>

Listen to cd's online

Y2K at DME!

<http://college.antioch.edu/~andrewc/Photos/dme.html>

Download the video clips!

Martin and Lydia - The Professional Latinamerican Dancers!

<http://www.dihlmann-weisser.de/>

Download the video clips!

Dance Away

<http://www.danceaway.com/clipart.htm>

Dance clipart

Dance Clip Art

<http://www.dirtydancing.org/dance/Nets/dance/ClipArt/Index.html>

Dance clipart

Salsa Video

<http://homepages.ihug.co.nz/~nealchch/>

Download the huge video clip

Saturday Night Fever Sites

Saturday Night Fever - The Musical

<http://www.nightfever.co.uk/>

Saturday Night Fever

<http://www.saturdaynightfever.de/>

Dance steps

<http://www.country-music.ch/dancing/LDARCHIV/S/Saturday%20Night%20FeverD.htm>

<http://www.music-plus.co.uk/hillsntoes/dances/saturdaynightfever.txt>