

September 2001

Number **26**

The Dance Magazine

Monthly magazine for ballroom-dancers



This Dance-magazine is a monthly magazine made for and made by ballroom-dancers. Every month you can read about different subjects all concerning ballroom-dancing. We also give you the opportunity to put your add or messages in it. You can send them to me by e-mail.

The Dance-magazine is an edition from Fred Bolder's Ballroom Site

Url: <http://www.xs4all.nl/~fghb/ballroom.htm> or
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You can download this magazine as a Word-file for free.

The Dance Magazine also has its own domain.

url: <http://www.dansblad.nl>

Editors: Fred Bolder & Miranda Jager

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By: Fred Bolder

As you probably know, I collect ballroom dance CDs. At dance competitions, I always look if they sell nice dance CDs. They mostly sell Dancelife or Casa musica CDs. These are also the best that I know. I already have more than 200 CDs, so it is not easy to find CDs that I don't have. Why do I still want more? Isn't 200 more than enough? Yes, it is indeed a bit stupid, but people that collect post stamps have probably much more than 200 post stamps. Then there is another thing. Except from a dancer, I am also a musician. I study the music on the CDs over and over again. I have about 10 different versions of "Moon River". By studying more version, you can easily create your own version. That's why I always keep my eyes open for new ballroom dance CDs. However, in the summer there are almost no competitions and in



most CD shops they don't sell Dancelife CDs. I don't give up that fast, so I decided to go to Dancelife. Wednesday July 11th 10.30, I went with my sister Sandra from Zwijndrecht to Rotterdam by bicycle. It was a nice trip an the weather was good. At 12.00, we arrived at Dancelife which is situated in an industrial area. See the picture on the left. The name Papillon doesn't look like Dancelife, but they explained me that during a phone call the day before. When we stepped in, we saw dance clothes, CDs etc. I

found about 20 ballroom dance CDs that I didn't have. It was my lucky day. After awhile Sylvain van Hemert told me that they had a lot more CDs. And yes, when he brought me to the big storehouse I didn't know where to look first. I had never seen so much ballroom dance CDs before. I found CDs for which I had been searching a long time. I asked permission to make photographs and explained him that I wanted to write about Dancelife in The Dance Magazine. That was no problem at all, so you will find a lot of photographs in this story.



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On this photograph I am in the store house. This is the paradise for a collector of ballroom dance CDs. I am standing beside a rack with dance videos, which they also sell at Dancelife. I have bought a Salsa course. I have already watching it for awhile. Very nice! Dancelife tries to bring a standard with this videos, because the Salsa is danced in many different ways. This is of course very handy for dance schools. In addition to the beginners course, there are two other courses

available. On the photograph below you can see a part of the CD racks. You can understand that I did not know where to look first. Dancelife does not only sell their own CDs, but also Casa musica etc. Dancelife was the first that started to use popmusic to make ballroom dance music. This is because director Jos van Hemert doesn't like bigband music. And look at the result. Many dance schools use Dancelife CDs. After all, they don't want to be old-fashioned.

At the end of this story, I will write something about the newest Dancelife CDs. Perhaps it is nice to know that we have plans to place Dancelife advertisements. I also want to interview them. Then you (and of course I) will be well-informed about their newest dance CDs, dance shoes etc. Dancelife has always been a precursor in dance articles. They keep coming with something new. In the several dance magazines you can read that judging is very hard to describe. Dancelife sells a video



with all the important information about judging. This video is ment for thejury, but of course many competition dancers have already bought this video. I was hoping to find DVDs, but there are not many people that have a DVD player. I guess that I just have to wait. A DVD with dance instructions would be perfect, because you want often rewind. This not good for a normal video. Also the quality of a DVD is much better. They could order a ballroom DVD



for me, but I prefered a Salsa dvd. That is because they don't teach that dance at our dance school. I'm sure there will be more DVDs with dance instructions in the future. Now back to the CDs, because that was the reason for going to Dancelife. If you want to buy Dancelife CDs, you can also order them online at their site <http://www.dancelife.nl>. You can also listen to some tracks in real audio. There are a lot of new Dancelife CDs. My favourite is Latinaventura. The Rumbas on this CD are great. This is a CD in

traditional Salsa style. Rumbas on Salsa CDs often don't sound like the Rumba that we know. Don't worry, theRumbas on this CD have the well known rhythm with beautiful conga sounds.

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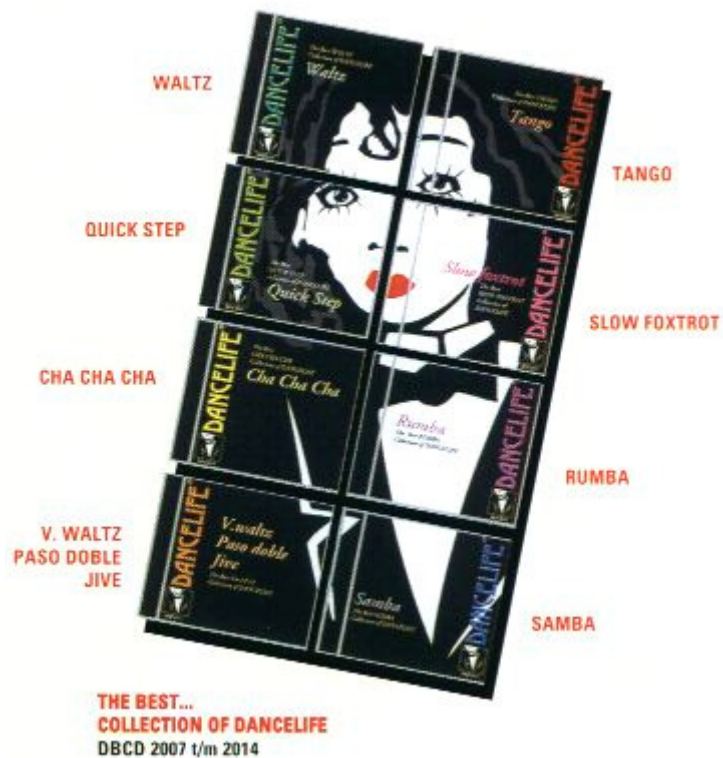
Just like me you will probably don't understand the lyrics of most songs. This CD contains 14 high quality songs. The Mambo version of "I will survive" very funny. To make ballroom music, they mostly use existing songs. They make this music more suitable for dancing. Dancelife has now started with original compositions made for ballroom dancing. When I have bought a CD with original compositions, I will write something about it in this dance magazine. Then there is of course the "Masters of Modern" series which contains already 5 CDs. Can you remember that I wrote something in magazine number 16 about the "Burn the floor" CD. This CD contains the beautiful slow waltz

Gymnopedie. Unfortunately this waltz is a bit slow. The fourth CD of "Masters of Modern" contains some "Burn the floor" numbers. The Gymnopedie version on this CD has a good tempo of 29 bars per minute.

There is also a series with CDs per dance. On the picture you can see the complete series. Dancelife has been clever to make a puzzle of it. Now the problem is that I want to buy the whole series, because otherwise the puzzle is not complete. On each CD there is a rhythm only track. This is a number with only drums and percussion instruments. This is very handy for musicians like me for example. There is also a CD available with the rhythm only tracks of all dances.

I think that I have written enough about Dancelife. For me it was a great day. The people of Dancelife were very helpful and they have given much information about the company and their products by which I

could write this long story. I was very satisfied and went home with a lot of CDs in a bag that they gave me for free. Keep reading this dance magazine for news of Dancelife!



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After reading this story, I can imagine that you want to buy some ballroom dance CDs or other dance articles.

Jos van Hemert Shoes & Music

A. Kuijlstraat 15
3066 GS Rotterdam
Nederland

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Fax +31 10 286 73 56

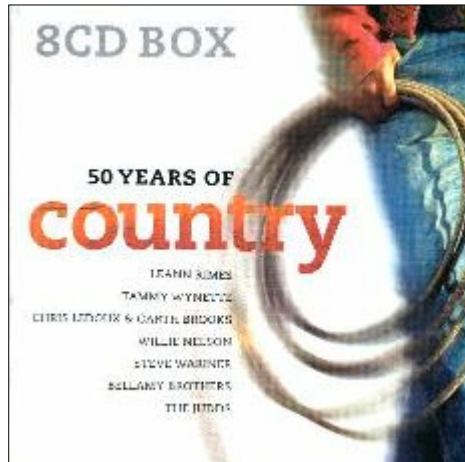
e-mail: your@dancelife.nl

internet: <http://www.dancelife.nl>

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CD collection - 50 years of country

By: Fred Bolder



Many country music is suitable for ballroom dancing. This collection consist of 8 CDs with about 18 songs each. A lot of them are suitable for dancing. I have put a ☺ after my favourite songs. The number indicates the tempo in bars per minute.

CD 1 (1949-1957)

| | | | | |
|----|-------------------------|-------------------------|----------------|------|
| 1 | The cattle call | Eddy Arnold | Viennese Waltz | 60 ☺ |
| 4 | Goodnight Irene | Red Foley & Ernest Tubb | Viennese Waltz | 44 |
| 5 | I'll sail my ship alone | Moon Mullican | Quickstep | 47 |
| 6 | The shotgun boogie | Tennessee Ernie Ford | Quickstep | 43 |
| 7 | Mockin' bird hill | Les Paul & Mary Ford | Viennese Waltz | 55 |
| 14 | Crazy arms | Jerry Lee Lewis | Jive | 32 |
| 17 | Honeycomb | Jimmie Rodgers | Quickstep | 49 |

CD 2 (1955-1962)

| | | | | |
|----|------------------------------|---------------------|----------------|------|
| 6 | All I have to do is dream | The Everly Brothers | Rumba | 26 ☺ |
| 7 | Night train to Memphis | Jerry Lee Lewis | Jive | 45 |
| 9 | Heartaches by the number | Ray Price | Jive | 32 |
| 10 | Wings of a dove | Ferlin Husky | Viennese Waltz | 62 |
| 11 | A six pack to go | Hank Thompson | Quickstep | 41 |
| 16 | In the middle of a heartache | Wanda Jackson | Slow Foxtrot | 27 |

CD 3 (1962-1972)

| | | | | |
|----|--------------------------------------|------------------|--------------|------|
| 2 | Send me the pillow that you dream on | Johnny Tillotson | Slow Foxtrot | 27 |
| 4 | The race is on | George Jones | Quickstep | 43 |
| 6 | Queen of the house | Jody Miller | Slow Foxtrot | 32 ☺ |
| 8 | Little pink mack | Kay Adams | Quickstep | 44 |
| 9 | Jambalaya (on the bayou) | Wanda Jackson | Quickstep | 50 ☺ |
| 10 | D.I.V.O.R.C.E. | Tammy Wynette | Rumba | 25 |
| 14 | Mr. Walker, it's all over | Billie Jo Spears | Cha Cha Cha | 31 |
| 17 | My hang up is you | Freddie Hart | Rumba | 23 |

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CD 4 (1970-1978)

| | | | | |
|----|----------------------------------|------------------------------|--------------|------|
| 1 | A good year for the roses | George Jones | Rumba | 24 |
| 2 | Bright lights, big city | Sonny James | Jive | 30 |
| 3 | Daddy Frank (the guitar man) | Merle Haggard | Quickstep | 51 ☺ |
| 4 | The keys in the mailbox | Tony Booth | Jive | 35 |
| 6 | Blanket on the ground | Billie Jo Spears | Quickstep | 43 |
| 12 | One piece at a time | Johnny Cash | Quickstep | 50 |
| 14 | I cheated on a good woman's love | Billy "Crash" Craddock | Slow Foxtrot | 28 |
| 17 | Ain't life hell | Hank Cochran & Willie Nelson | Slow Foxtrot | 31 |

CD 5 (1975-1988)

| | | | | |
|----|---------------------------------------|------------------------------|-------------|------|
| 2 | Never did like whiskey | Billie Jo Spears | Quickstep | 52 ☺ |
| 3 | Heaven's just a sin away | The Kendalls | Quickstep | 39 |
| 4 | You light up my life | Debbie Boone | Slow Waltz | 26 |
| 6 | Southern nights | Glen Campbell | Quickstep | 48 |
| 8 | If I said you had a beautiful body... | Bellamy Brothers | Rumba | 29 |
| 9 | Heartbreak hotel | Willie Nelson & Leon Russell | Quickstep | 50 |
| 13 | Pins and needles | The Whites | Quickstep | 48 |
| 16 | Bop | Dan Seals | Cha Cha Cha | 31 |

CD 6 (1980-1988)

| | | | | |
|----|------------------------------|---------------------------------|-------------|------|
| 6 | Baby's got her blue jeans on | Mel McDaniel | Rumba | 27 |
| 7 | B-b-b-burnin' up with love | Eddie Rabbitt | Jive | 40 ☺ |
| 8 | Have merci | The Judds | Cha Cha Cha | 31 |
| 9 | Step that step | Sawyer Brown | Quickstep | 49 |
| 15 | It's only make believe | Ronnie McDowell & Conway Twitty | Jive | 34 |
| 18 | Blue to the bone | Sweathearts of the Rodeo | Jive | 32 |

CD 7 (1991-1997)

| | | | | |
|----|---------------------------------|---------------|-------------|------|
| 3 | Wake up and smell the whiskey | Dean Miller | Jive | 34 |
| 4 | Hearts are gonna roll | Hall Ketchum | Jive | 34 |
| 6 | Why baby why | Palomino Road | Jive | 37 ☺ |
| 7 | Get back | Steve Wariner | Cha Cha Cha | 30 |
| 8 | I like it, I love it | Tim McGraw | Cha Cha Cha | 31 |
| 10 | Standing on the edge of goodbye | John Berry | Cha Cha Cha | 30 |
| 12 | To be loved by you | Wynonna | Rumba | 23 |
| 17 | I'd love you to love me | Emilio | Cha Cha Cha | 31 |

CD 8 (1990-1999)

| | | | | |
|----|--------------------------------|-------------|-------------|------|
| 10 | Honky tonk habits | Emilio | Jive | 33 |
| 14 | One way ticket (because I can) | Leann Rimes | Cha Cha Cha | 30 |
| 16 | Just to see you smile | Tim McGraw | Quickstep | 47 |
| 17 | If I never stop loving you | David Kersh | Rumba | 27 ☺ |

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Interview

Personal information



Name: Christina Wagemakers (f)

Age: 25

General

1. Are you a fanatic dancer?

Yes

2. How many times do you dance in a week?

Once

3. Do you visit dance evenings?

Yes

4. Do you dance at parties?

Yes

Dance history

5. For how long have you been dancing?

2 years

6. Why did you start ballroom dancing?

My sister in law persuaded me and I thought that I would like it.

7. Which dances did you learn?

Slow waltz, Tango, Slow foxtrot, Quickstep, Cha Cha Cha, Rumba, Samba and Jive.

The dance school

8. What do you think of the tempo of the lessons?

Much too slow.

9. Do you have enough opportunity to practise?

Yes, at the dance evenings.

10. Do you find the lessons companionable?

Yes

Ballroom dancing

11. Many people say that dancing is just for girls. What do you think of that?

For ballroom dancing you need a boy and a girl.

12. They also say that ballroom dancing is not a sport. What is your opinion about this?

I think it is a sport, because you have to achieve more and more.

13. Do you think that the media is spending enough attention on ballroom dancing?

Ne

The dances

14. What is your favourite dance?

Cha Cha Cha

15. Which dances do you like the most, Standard or Latin?

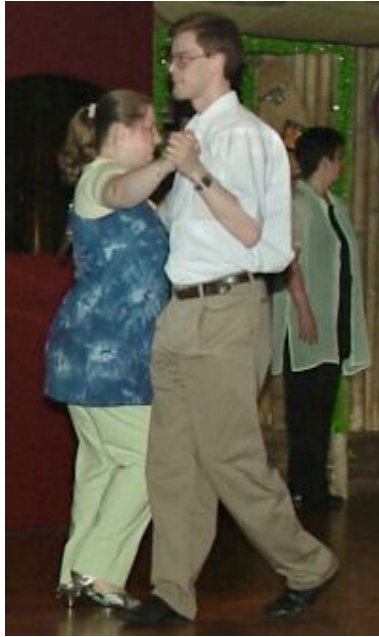
Latin dances, because I like that music.

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16. Which dance do you like less?
Slow foxtrot, because we have learned too few figures of that dance.

Dance music

17. Which music do you like to dance to the most, real dance music or popular music?
To popular music.



18. What do you think of the music that they play at the dance school?
Good

19. Can you ask for a song during a dance evening?
Yes

20. Can you name some of your favourite dance music?
*Played-a-live - Safri Duo - Cha Cha Cha
Let's get loud - Jennifer Lopez - Cha Cha Cha*

Dance clothes

21. Are you allowed to wear jeans at the dance school?
Yes

22. Do you think that dance schools should allow you to wear jeans?
Why not

23. What is your favourite clothing for dancing?
Easy clothing

24. Do you think that women should wear a skirt or a dress?
Only at competitions.

25. Do you think that men should wear a tie?
No

26. Do you have real dance shoes?
Yes, for 1 year

Leading / following

27. Have you ever danced with someone from another dance school?
No

28. Don't you think it's a pity that as a woman you always have to follow?
Yes, but it is good that only one has to lead.

Competitions

29. Have you ever danced a competition?
No

30. Do you visit dance competitions?
No

31. Do you watch dance competitions on tv.
Yes

32. Do you think that ballroom dancing should be a part of the Olympic Games.
Yes

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DANCING WITH YOUR COMPUTER



This column is about my dance software DansCAD. You can download this software for free at <http://move.to/stijldansen>.

Add your own figures

If you download DansCAD, there are already more than 80 figures included. Of course it is also very nice to add your own figures. In this column I want to explain how to do that. I'm not going to explain all possibilities, but let's start with a simple Cha Cha Cha basic figure.

Start DansCAD for example by double clicking on the file Dc.exe with the Windows Explorer. Now we can begin to add our new figure. Left in the status bar we see "Step 1 of 1". This means that step 1 is the current step and that we have programmed a total of 1 step. Right in the status bar we see "Time 1" which is the time factor of the current step. Step 1 is always the start position i.e. how we stand before dancing the figure. We are going to program a Cha Cha Cha, so the positions of the feet are perfect. We are standing in opposite to each other. We can now insert the next step. Click on Next in the screen menu. We see the following:

Command: nextstep
Insert new step? <N>:

We see the question "Insert a new step?", because the current step is already the last step. We want to insert a new step, so we type Y followed by <Enter>. In the status bar we see "Step 2 of 2", because step 2 is now the current step and there are 2 steps. We also see that the man's right foot and the lady's left foot are coloured. A coloured foot is taking the step. With the command CHANGE we can change this. We don't have to change this, because with the Cha Cha Cha we are dancing a preparation step on count 1. We see that the feet are closed, but we both have to take a step to the side, the man with his right foot and the lady with her left foot. Click now on the man's rf and the lady's lf. The selected feet are displayed dashed. Press 2 times on the arrow right key while holding the Shift key. We have moved the selected feet to the right. Press Esc to unselect the feet. If we don't hold the Shift key while moving then the feet are moving with small steps. There are a lot of methods to move the feet, but this method is very handy. We continue with step 3. Insert this step again by clicking on Next in the screen menu and typing Y followed by <Enter>. We see that the other feet are coloured automatically. DansCAD thinks with us. If you want something different with the feet you can change it.

Select the coloured feet. Hold the Shift key and press 2 times on the arrow right key and 4 times on the arrow up key. So the man takes a step forward with his lf and the lady takes a step back with her rf. Now insert step 4 by using the same method as described before. We don't have to change this step and also insert step 5. Select the coloured feet. Hold the Shift key and press 4 times on the arrow down key and 2 times on the arrow left key. This is the start of the "Cha Cha Cha" part which has the rhythm Quick Quick Slow. Until now we have used a time factor of 1 which is a Slow for a Cha Cha Cha. Now we have to insert a Quick, so we have to use a time factor of 1/2. Click on - in the screen menu under TIME until you see 1/2 in the status bar. Insert step 6 and select the coloured feet. Hold the Shift key and press 2

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times on the arrow left key. The time factor is still $\frac{1}{2}$ and we want to insert a Quick, so we don't have to change that. Insert step 7 and select the coloured feet. Hold the Shift key and press 2 times on the arrow left key. Now we have to insert a Slow. Click on the + in the screen menu until under TIME until the time factor is 1. We have done a lot of work already, so it is time to save our figure. Choose File and then Save from the pulldown menu. Type TEST followed by <Enter>. The figure will be written to TEST.FIG.

We have programmed a half basic. I think you will be able to finish it by yourself. Let's play the figure. After all, that's what it's all about. Press the Space bar. This will execute the PLAY command.

Command: play
All/From/Block <A>:

We want to play the whole figure, so we press <Enter>. You can adjust the speed by clicking on + or - in the screen menu under TEMPO. During playing you can adjust the speed by pressing + or - on your keyboard.

We can also add a discription to the figure. Choose Modify and then Title from the pulldown menu. Type for example "This is a test" followed by <Enter>. You will also see this description in the file list while when you want to open a figure. We can also insert a text for each step for the man and the lady. If the feet of the man are white then we see the man's text which we can change. We can switch between man and lady by Choosing View and then "Man / Lady" from the pulldown menu. You can edit the text of the current step by choosing Modify and then Text from the pulldown menu. It is easier to change all text by choosing Modify and then "All text" from the pulldown menu.

There is a lot more to explain, but you can also find them out by yourself. For this example figure we didn't have to rotate a foot. You can rotate selected feet by holding the Ctrl key and pressing the arrow left key or the arrow right key.

Keep reading the dance magazine for more information about DansCAD. Of course you can always mail to fgbh@xs4all.nl for questions. I like that!

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Becoming a teacher...

By: Miranda

In January 2001 the student department Ibn Battuta asked me to help them out and give dancing lessons for one afternoon. It all started as a joke, because at the new year reception I was too enthusiastic about the fact that they were having ballroom dancing lessons in their Lustrum-week. I said that I thought it was fun to give dancing lessons once and they remembered that! Ibn is a student department at the Faculty of Spatial Sciences, the faculty I work for. They celebrated their 40th anniversary and they planned the ballroom dancing on Tuesday afternoon. Because I was so enthusiastic at the new years reception and because of the fact that I could dance, they asked me to give the dancing lessons that day. On the condition that my partner Joris would agree, I said yes. I asked Joris and he also liked the idea a lot.

We started preparing for this lessons pretty soon: Which dances? Which music? What will be our goal? Together with Ibn we decided to teach the students the cha cha cha and the quickstep. Joris and I found some slow and quick music and we made a cd from it. We decided we would split up the group in two. The first group would learn the basics from the quickstep and the cha cha cha, after that the second group would learn the basics of both dances. After that the first group came in again and we taught them more steps in both dances. We did the same with the second group. This gave people who did not like it the opportunity to stop. We decided we would give a short demonstration from our quickstep and cha cha cha, before we would teach the students the basics.

Another part of the preparation was writing an article for the lustrum-newsletter. Ibn asked me to write something about Tuesday afternoon. I wrote that we would try to throw away some clichés like “Ballroom dancing is oldfasion” and “I cannot dance”. Because I wrote this, this was also our job to do...

On 8 May things became serious. We would give lessons from 14.00 till 16.30 hours. We would have two groups of 40 persons each. Luckily the number of men was almost the same as the number of women, so most dancingcouples were boy-girl.

We started at 14.00 hours with our first group. Like I mentioned before, we started with a demonstration of our quickstep and we even got applause! After that we showed the basics of the quickstep, and that was not too hard to follow for the students. They all knew the basics within seconds. We had a lot of students who had never danced before, but we also had students who did the basic course. Because everyone knew the basics very quickly, we decided to learn the turn in the quickstep. This did not go to well, but after some practice and individual attention for some couples, this went pretty well after a while.

After that we gave a short demonstration of our cha cha cha and we taught the group the basics. This went pretty smooth as well, so we also learned them the turn for the lady. We also showed some technique aspects, because we still had some time left before the next group would arrive. When we showed how you should move your hips, the students started talking to each other immediately. “That must hurt.” “I am not that smooth in my hips.” and “Wow, look at the effect of it.” were sounds that we could hear. When we told them how you could move your hips like that, the whole group started practising, which gave some nice moments of laughter.

After the first group, we did the same program with the second group. These students where also very enthusiastic, but the first group was a little faster in learning the steps.

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After the first session we told the students they did not have to come to the second session if they did not like it. Of course we also explained what we would do during the second part. When the time came that the first group would learn more steps, only 6 people did not come. The dancers that were present during this second session were all very enthusiastic and they wanted to start and learn immediately. We taught them the lock-step in the quickstep, but most students preferred to learn more in the cha cha cha. Because most students preferred the cha cha cha, we taught them a lot of steps in the cha cha cha. We did the same for the second group, because they also preferred the cha cha cha.

To get rid of a cliché like “ballroom dancing is oldfashion and boring” we had the task to find the right music. Modern and swinging music from the top 40, like Doe Maar and the A-teens. Almost every student said the same: “can we do ballroom dancing on this music?” When I counted the music out loud, they all discovered that you could dance to modern music. A lot of dancers were very enthusiastic about this, it turned out that dancing was not oldfashion at all. Some couples told us that the reason why they did not take dancing lessons anymore was because of the music. Their dancing teacher only played boring music, for the dancers among us: real classic dance music.

At 16.30 the program of dancing ended, but some couples really had dancing in their legs and they wanted to try some other dances. So we also did a jive, slow waltz and a tango. We taught the students the basic of these dances. Some couples came to us and asked if we could explain a certain step to them. They had learned it once during their dancing lessons, but they did not remember how it was suppose to go exactly.

Luckily, the students were all very enthusiastic about this dancing afternoon. You can see this because of the fact that Ibn is considering to introduce dancing drinking hours, in which the attention goes to ballroom dancing. The enthusiasm was also shown by the fact that many students said they would go to dancing classes again. We were happy that this afternoon turned out to be a success. We accomplished our goal....

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DAMIEN HALL'S AND LOUISE COLLEY'S BALLROOM DANCING WEB SITE



DanceSport Queensland, Brisbane, Australia



Dear Fred,

I don't know if you remember me but I visited your web site a while ago and commented in your guest book which you were kind enough to e-mail me about.

You also visited my web site and adding your comments to my guest book as well.

I recently discovered your dance magazine and I noticed that you list music that you can dance to. I thought I would offer a list of music that they are using in competitive competitions in Australia, so you have of an idea on what they are dancing to in other countries. Some of it is Chart (popular) music and some are slightly older tracks. I hope you like them and it helps your magazine.

Cheers

Damien Hall

Damien Hall & Louise Colley's Ballroom Dancing Web Site
<http://members.optusnet.com.au/~damien70/>

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Rumba

| | | |
|--|---|-----------------|
| Baby Don't You Break My Heart Slow | - | Vonda Shepard |
| Be There With You | - | Human Nature |
| Gotham City (Batman Soundtrack) | - | R. Kelly |
| I'll Be There | - | Escape Club |
| You'll Be In My Heart (Tarzan Soundtrack) | - | Phil Collins |
| My Heart Will Go On | - | Celine Dion |
| Shine | - | Vanessa Amorosi |
| Chains | - | Tina Arena |
| No Matter What | - | Boyzone |
| I Love The Way You Love Me | - | Boyzone |
| Will You Still Love Me | - | Neil Diamond |

Foxtrot

| | | |
|-----------------------------------|---|-------------------|
| Beyond The Sea | - | George Benson |
| Let There Be Love | - | Nat King Cole |
| More | - | Nat King Cole |
| Let's Call The Whole Thing Off | - | Harry Connick Jnr |
| I Won't Dance (Fast) | - | Frank Sinatra |
| Too Marvellous For Words | - | Frank Sinatra |
| What Now My Love? | - | Frank Sinatra |
| The Best Is Yet To Come | - | James Darren |
| I've Got You Under My Skin (Fast) | - | James Darren |

Jive

| | | |
|---|---|----------------------|
| Let It Swing | - | Bobbysocks |
| When Will I Be Loved | - | Linda Ronstandt |
| Ain't Goin' Down Til The Sun Comes Up | - | Garth Brooks |
| Great Gosh 'O' Mighty (Down & Out In Beverly Hills Soundtrack) | - | Little Richard |
| Runaround Sue | - | Eddie & The Cruisers |
| On The Dark Side | - | Eddie & The Cruisers |
| Rockin' Robin | - | The Jacksons |
| Reet Petite | - | Jackie Wilson |

Samba

| | | |
|--------------------------|---|----------------|
| Bomba Un Movimiento Sexy | - | King Africa |
| Me, Myself and I | - | Scandal' us |
| Freedom (Slow) | - | George Michael |
| Shake Up The Party | - | Joy Enriquez |

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Cha Cha

| | | |
|--|---|---|
| Combo Cha Cha Cha | - | Jon Ozila |
| Lady Marmalade | - | All Saints |
| Lady Marmalade (Moulin Rouge Soundtrack) | - | Christina Aguilera, Lil Kim, Pink, Mya |
| Dance With Me | - | Deborah Morgan |
| I Like It Like That | - | |
| (I Like It Like That Soundtrack) | - | Blackout All Stars |
| Gentleman | - | Lou Bega |
| I'm Outta Love | - | Anastacia |

Waltz

| | | |
|-------------------------------------|---|-----------------|
| Fascination | - | Nat King Cole |
| My Colouring Book | - | Andy Williams |
| Let's Take All Night | - | Barry Manilow |
| Years From Now | - | Don Williams |
| I See It Now | - | Tracy Lawrence |
| Only One Heart | - | Jimmy Nail |
| With Pen In Hand | - | Vicki Carr |
| It Must Be You | - | Michael Johnson |
| The Moon Is Still Over Her Shoulder | - | Michael Johnson |

Quickstep

| | | |
|--|---|---------------|
| Something's Got To Give | - | Frank Sinatra |
| When You're Smiling | - | Andy Williams |
| Billy The Dick (For The Boys Soundtrack) | - | Bette Midler |

**Of course there are many tracks that we use for our social classes that I have not listed.
If you would like a list of some of those tracks, let me know.**

The Dance Magazine

The Dutch Top 40

By: Fred Bolder

Every month I make a list with music titles from the Dutch Top 40 which are suitable for ballroom dancing. There are not much songs in the Top 40 that are suitable, but I'll do my very best. The number after each dance indicates the tempo in bars per minute.



| | | | |
|------------------------|-------------------------|------------------|----|
| Ain't it funny..... | Jennifer Lopez | Samba | 50 |
| Another chance..... | Roger Sanchez | Cha Cha Cha..... | 32 |
| Butterfly..... | Crazytown..... | Quickstep..... | 52 |
| Few like you | Birgit..... | Cha Cha Cha..... | 29 |
| I'm like a bird..... | Nelly Furtado | Quickstep..... | 46 |
| It's raining men | Geri Halliwell | Cha Cha Cha..... | 34 |
| It wasn't me..... | Shaggy | Quickstep..... | 47 |
| Miss California..... | Dante Thomas..... | Samba | 50 |
| O-ayo..... | Lauren..... | Cha Cha Cha..... | 34 |
| Out of reach..... | Gabrielle | Rumba..... | 23 |
| Ride with me | Nelly | Quickstep..... | 51 |
| Ritmo..... | Georgina ft. Janet..... | Cha Cha Cha..... | 34 |
| Samb-adagio..... | Safri Duo..... | Cha Cha Cha..... | 34 |
| Whole again..... | Atomic Kitten | Quickstep..... | 47 |

Radio

| | | |
|-----------|----------|--------------------------|
| Radio 538 | Friday | 14:00 - 18:00 |
| Radio 538 | Saturday | 15:00 - 18:00 (non-stop) |

Television

| | | |
|-----|-----------|--------------------------|
| TMF | Sunday | 15:00 - 18:00 |
| TMF | Wednesday | 14:00 - 17:00 (repeated) |

Links

<http://www.wanadootop40.nl>
<http://www.cdnw.com>

The Dance Magazine

Nice links

Tanzpartner

<http://www.tanzpartner.de/>

Searching for a dance partner

Dance Plus

<http://www.danceplus.com/>

Dance CD's

The 10 Dances of Ballroom

<http://www.lwhs.org/~jkherson/>

Download the video clips!

DanceLead

<http://www.dancelead.com/>

My dance links

Google Web Directory

http://directory.google.com/Top/Arts/Performing_Arts/Dance/

Links to dance sites

Ballroom MIDI

<http://utenti.tripod.it/Gregory2/midi/liscio.htm>

<http://www.labambolina.it/latino/latino.htm>

<http://www.nuova-edizione.it/download.htm>

Dance Pictures

<http://www.red-castle.com/ballroom/ballroom.htm>

<http://www.dancesport.uk.com/photos/>

How A Dance Competition Is Judged

<http://users.aol.com/ballroomds/judge.html>

Judging

SA DanceSport

<http://www.sadancesport.co.za/>

Nice ballroom dance site!