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The Dance Magazine

Monthly magazine for ballroom-dancers



This Dance-magazine is a monthly magazine made for and made by ballroom-dancers. Every month you can read about different subjects all concerning ballroom-dancing. We also give you the opportunity to put your add or messages in it. You can send them to me by e-mail.

The Dance-magazine is an edition from Fred Bolder's Ballroom Site

Url: <http://www.xs4all.nl/~fghb/ballroom.htm> or
<http://move.to/stijldansen>

e-mail: fghb@xs4all.nl

You can download this magazine as a Word-file for free.

The Dance Magazine also has its own domain.

url: <http://www.dansblad.nl>

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Latinstars

By: *Miranda*

The most famous latin stars at the moment were all mentioned in the Veronica-guide. The most famous latin start of 2000 were:

- The Cuban *Gloria Estefan* was born as Gloria Maria Fajardo in Havana. When she was two, she moved to Miami with her family. Her singing career started when she was 18; Gloria started singing songs with a local band. Emilio Estefan was impressed by her performance and he did not only ask her to join the band, but also to become his wife. Emilio writes songs for Gloria, but also for Ricky Martin and Jon Secada.
- *Luis Miguel*, in Europe better known as the boyfriend of Mariah Carey, but in (Latin) America he is super hot. This Mexican is the only singer in the US who has Spanish albums that became gold.
- *Jon Secada* is, just like Gloria, born in Cuba, but left the island when he was young. He studied at the University of Miami in jazz music. He started in the band of Gloria Estefan, but he wanted to go solo. At the age of 37 he started to do so and nowadays he is making albums, but also writing songs for Ricky Martin and Jennifer Lopez.
- *Jennifer Lopez* is the hottest Latin babe at the moment. She was born in New York and started her career as Fly Girl (dancer) in the popular American comedy Living Color. At that moment she can ask more than one million dollar per movie. Movies in which she played were: Money Train, Selena, Anaconda, Blood & Wine, U-Turn, Out of Sight and Jack., The Wedding Planner, The Cell.
- *Marc Anthony* is, just like Jennifer, Puerto Rican and was raised in New York. They also sing a duet together on Marc his cd. Marc is the best selling salsa singer in history and the very first salsa artist that had a full Madison Square Garden (sold out!). Though he is very good in acting, he likes singing better.
- *Julio Iglesias jr* is the oldest son of Julio sr. Just like his father, his roots are in Spain. He moved to Miami when he was just a little boy. He lived with his dad in the US and visited his mother in Spain. He studied communication science in San Francisco. He also did modelling work for Gianni Versace and was host for a tv-show. Julio is the hottest son of the Iglesias-family, but not the most famous, because his brother Enrique sold more CD's than Julio did.
- *Enrique Iglesias* is 1.83 metre tall. He started his professional singing career when he was 20, but he became popular one year after that. Enrique had albums in Spanish, English, Italian and Portuguese. He likes sushi, wind surfing in the Caribbean, hamburgers, fries, tv bloopers and working. Enrique his first love was Marilyn Monroe. Never say the following words to Ricky:
 - Es agricola = you are rude
 - Irrumator = bastard
 - Leno = pimp
 - Impudens es leno! = you son of a bitch!

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- Orcae Ita! = hell yeah!
- Perite = fuck off
- Spucatum tauri = bull shit

Source: Veronica-guide, July 2000

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The Jennifer Lopez quiz

By: Miranda

Jennifer Lopez was born in 1970. When she reached the age of 5 she started dancing and singing lessons. After highschool showbizz became very important for her. Because her mother did not want Jennifer to become famous, Jennifer run away from home when she was 18 years old. The career of Jennifer started with the movie 'Selena'. Today she has played in 23 movies or tv-series and in the music business she is doing pretty fine as well. She has one negative point in her character: she likes to be negative about her fellow-actrices. Salma Hayek is, for example, a victim of Jennifer. Some years ago Jennifer only was a sex symbol, today she showed us what she can. She sings, dances and is also a very successful actrice. Her love life is not what it has to be...

... so if you are interested in Jennifer and you would like to know if you have a change, do this test. For the ladies: you can do this test to find out how much you know about Jennifer Lopez...

1. Jennifer is sitting in a pub. You can't think of anything better than to ask the bartender to give her a drink. To show her you have taste, you give her:
 - a. champagne
 - b. a soda, because the lady doesn't drink
 - c. white wine
 - d. a cosmopolitan; her favourite cocktail

2. There are a lot of rumours about Jennifer her love life. She says she only had a relation with:
 - a. Sony boss and Mariah Carey-ex Tommy Mottola
 - b. Ojani Noa, model and former employee of Gloria Estefans Cuban restaurant Larios in Miami Beach
 - c. Latin Lover Marc Anthony
 - d. Matthem McConaughey, who she met during filming The Wedding Planner

3. Something Jenny does not appreciate at all is/are:
 - a. pistols by the dashboardlight
 - b. in bed with Madonna
 - c. suggestions about her green Versace-dress, which she wore at the Grammy Awards last year
 - d. calling her 'La Guitar'; her nickname, because she has a body just like a guitar.

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4. A day you may never forget:
 - a. 17 February
 - b. 15 June
 - c. 24 July
 - d. 12 August

5. Because:
 - a. then her new single has its debut
 - b. Puerto Rico celebrates her independence
 - c. The Wedding Planner has its premiere
 - d. it's her birthday

6. If you would bake a cake with the colours of the flag of Puerto Rico to celebrate the independence of her birthday, how many stars do you have to put on it?
 - a. none
 - b. one
 - c. two
 - d. three

7. Ok, she likes you. "Estas tan guapo que quisiera comerte", she says. What do you respond?
 - a. I would like a cheese sandwich as well
 - b. in about ten minutes
 - c. please, have a piece of my heart
 - d. o yes, I love guapo's

8. What would Jennifer never have said?
 - a. "I would be interested in a threesome with my future husband. But only with a woman, so my husband can enjoy it"
 - b. "A woman in Hollywood can not go on the street without gas"
 - c. "Men have a lot of ugly habits. Scratching themselves for example. Disgusting."
 - d. "Salma Hayek says I am not a real Latino, because I do not have an accent. I am a Lationa, as well as my but is"

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ANSWERS

1 a

2 b

3 a, b, c en d

4 c

5 d

6 b

7 c

8 d

RESULT

0 or 1 mistake:

Congratulations, Jennifer will fall in love with you. There is nothing that will stop you from going directly to her heart.

More than 1 mistake:

Sorry, but we have to disappoint you. Your knowledge of La Lopez is not enough to make her fall in love with you.

Source: Veronica-guide, March 2001 (test)

Troscompas, March 2001 (information)

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My first dancing lesson

By: Fred Bolder

It has been more than 3 years, but I can remember everything of my first dancing lesson. My parents once told me to go dancing, because I was always busy with everything about music. I also played music on parties once in a while. Most people liked my music, but they felt sorry they could not dance to it. I did not know how to make 'danceable' music that days. By taking dancing lessons, I could figure out how 'danceable' music was made. It was a big step for me.



One of my colleagues told me about ballroom dancing and as soon as she found out I liked what she told me, she started telling me more and more. I had a totally false image of ballroom dancing. By listening to her stories, I actually wanted to take lessons.

Another reason was to be together with more people. Because I had a lot of hobbies I was usually alone at home, but I started to realise it is good to go out. In the newspaper I read the add of dancing school 'Peter de Vries'. The

add said you could also come to an introduction lesson without a partner. I liked the idea, but I asked more information first. I went to the dancing school and asked a lot of questions. I thought you had to wear a sued and a tie, but the opposite seemed to be true; I could wear whatever I liked. Only on special evenings, you had to wear special clothes. Peter told me he did not like wearing a tie as well. I was also concerned about finding a partner. This would not be a problem, Peter assured me. I had to come to the introduction lessons, so I would meet someone to be my partner. The first lesson was a little strange. We were all standing in a circle around the floor. The teacher told us they start with the knowledge that nobody of the beginners can dance. Dancing is a lot like walking. If you can learn to walk, you can also learn to dance. The teacher put on some music and taped with his foot on the ground to the rhythm of the music. We had to do this together and this did not seem to be a problem for anyone. After that we had to get a practice hold and do side-close in the circle. One moment we started the quickstep. The man dances forward-forward-side-close-back-back-side-close. We danced in opposite to the wall all the time. We never heard of slow and quick, so we danced everything slow. We started in the simple form, because it was hard enough already. If you had to step forward, you were afraid of stepping on the foot of your partner. The teacher also noticed that most couples were taking small steps because they were afraid to hurt the other. But you should not start dancing if you cannot handle that. We learned our steps on the song 'American Patrol'. I will never forget this song. The music was very slow and the teacher also turned pitch control down, but that was still fast enough for us. If I see the beginners lessons now, I feel like they are sleepwalking. Very funny! Although nobody laughs about the beginners during the dancing evenings. Everyone started that way. During my first dancing lesson we also learned the basics of the cha cha cha. At first our teacher started to tell us about the hip-movements. This gave some hilarious moments. It looks a lot like the story Miranda told in the dance magazine of September. It was kind of hard doing the hip movements while you are moving your weight to the other feet, although it had to go by itself. On the fast music this is extra hard. During the breaks it was also a little scary, because you are sitting beside a girl you have never seen before. I was not used to this, because I was

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very much 'home alone'. Fortunately my partner noticed that. She danced in a higher group. It was not that exciting for her. She made me feel comfortable and she said I could just be myself. By dancing you learn how to deal with people. I am not that shy like I used to be anymore. During the beginners lessons we also had to switch partners. This is good, because you have to learn to dance with everyone. Besides, everyone dances with a different style. I have never regret the day I started with my dancing lessons. I love it after a day of computer work. Most of the time I am very tired when I go to dancing evenings, but I come home feeling much better. I can recommend everyone to start taking dancing lessons. If you like it, do not let anyone stop you by telling you it is stupid or oldfashion. You can only judge about that if you did it yourself. You can also start your lessons without a partner. My experience it that they will always try to find a solution. People from the higher groups also like dancing with beginners. I like this myself as well.

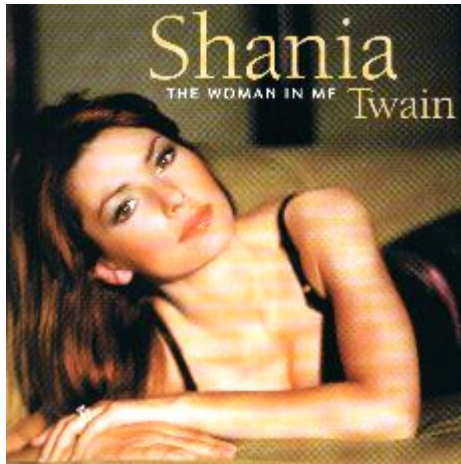
If you like writing about your first dancing lesson, send me and email at fghb@xs4all.nl.

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Shania Twain

By: Fred Bolder

On most CDs of Shania Twain there are some songs that are suitable for dancing, but on this CD I found seven of them! There is also a video clip included that you can play with your computer.



Shania Twain

The woman in me

Dances: Jive, Slow Waltz, Cha Cha Cha

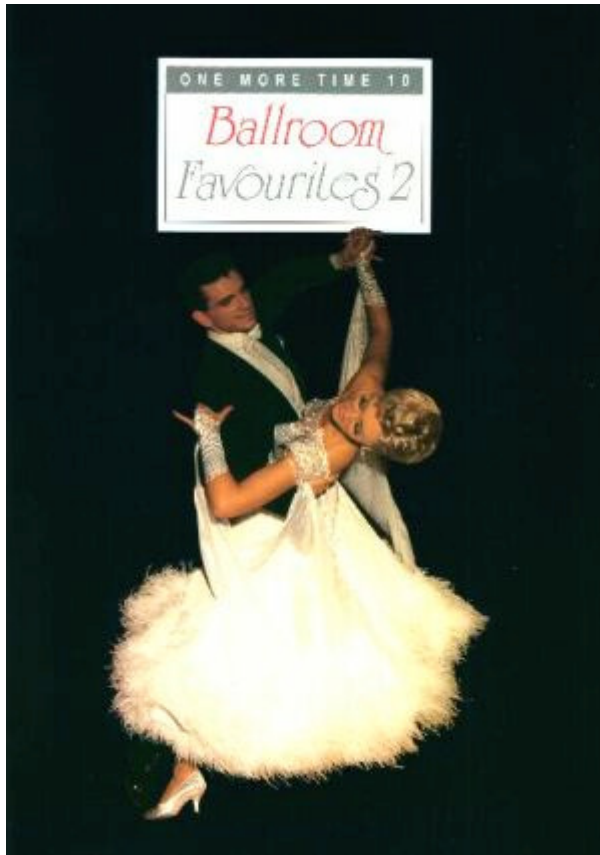
1.....Home ain't where his heart is (anymore).....	-	-
2.....Any man of mine	-	-
3.....Whose bed have your boots been under?.....	Jive.....	33
4.....(If you're not in it for love) I'm outta here!.....	Cha Cha Cha	30
5.....The woman in me (needs the man in you).....	-	-
6.....Is there life after love?	Slow Waltz.....	32
7.....If it don't take two	Jive.....	28 (slow)
8.....You win my love.....	Cha Cha Cha	32
9.....Raining on our love.....	-	-
10.....Leaving is the only way out.....	Slow Waltz.....	28
11.....No one needs to know	Jive.....	34
12.....God bless the child.....	-	-

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Sheet-music - Ballroom Favourites 2

By: Fred Bolder

In number 23 I have written about the first book in this series. Now you can also buy "Ballroom Favourites 2". The book contains 17 medleys. The music is written for keyboard and guitar. There are chords included.



Ballroom Favourites 2

Dances: Quickstep, Slow waltz, Slowfox, Viennese waltz, Tango, Cha Cha Cha en Samba

Price: 36,75 DFL

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Comic



FOOTLIGHTS by Larry Fuller and Dan Bulanadi

"The forms of Tango are like stages of a marriage. The American Tango is like the beginning of a love affair, when you're both very romantic and on your best behaviour. The Argentine Tango is when you're in the heat of things and all kinds of emotions are flying: passion, anger, humor. The International Tango is like the end of the marriage, when you're staying together for the sake of the children."

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The Dutch Top 40

By: Fred Bolder

Every month I make a list with music titles from the Dutch Top 40 which are suitable for ballroom dancing. There are not much songs in the Top 40 that are suitable, but I'll do my very best. The number after each dance indicates the tempo in bars per minute.



Ain't it funny.....	Jennifer Lopez	Samba	50
Another chance.....	Roger Sanchez	Cha Cha Cha.....	32
Butterfly.....	Crazytown.....	Quickstep.....	52
Family affair.....	Mary J Blige	Quickstep.....	47
It's raining men	Geri Halliwell	Cha Cha Cha.....	34
It wasn't me.....	Shaggy	Quickstep.....	47
Little L.....	Jamiroquai	Cha Cha Cha.....	31
O-ayo.....	Lauren.....	Cha Cha Cha.....	34
Oops..! (hit em up style).....	Blu Cantrell.....	Quickstep.....	45
Out of reach.....	Gabrielle	Rumba.....	23
Ride with me	Nelly	Quickstep.....	51
Ritmo.....	Georgina ft. Janet.....	Cha Cha Cha.....	34
Starlight	The Supermen Lovers.....	Cha Cha Cha.....	32
The real life	Raven Maize	Cha Cha Cha.....	32

Radio

Radio 538	Friday	14:00 - 18:00
Radio 538	Saturday	15:00 - 18:00 (non-stop)

Television

TMF	Sunday	15:00 - 18:00
TMF	Wednesday	14:00 - 17:00 (repeated)

Links

<http://www.wanadootop40.nl>
<http://www.cdnw.com>

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Music of Latinstars

By: Fred Bolder

Because Miranda has written about Latinstars, I thought it would be nice to make a list of music that is suitable for dancing.



Gloria Estefan
<http://www.gloriafan.com/>

Bad Boy.....Quickstep
Mi Buen AmorRumba



Luis Miguel
<http://www.luismiguel.org/>

Mucho CorazonRumba
Manana De Carnaval.....Rumba



Jon Secada
<http://www.jon-secada.com/>

Just Another Day.....Rumba
Stop.....Samba



Jennifer Lopez
<http://www.JenniferLopez.com/>

Ain't It FunnySamba
Let's Get LoudCha Cha Cha



Marc Anthony
<http://www.marc-anthony.com/>

I Need To KnowCha Cha Cha
No Me Conoces.....Rumba



Enrique Iglesias
<http://www.enriqueiglesias.com/>

Bailamos.....Samba
Rhythm DivineSamba

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Nice links

University of Saskatchewan Ballroom Dancing Club

<http://duke.usask.ca/uofsbdc/music/>

Dance music titles

Frequently Asked Questions about Lead and Follow

http://www.eijkhout.net/lead_follow/

A lot of information about leading and following

Feel the Beat

<http://www.eijkhout.net/ftb/index.html>

Music theory for dancers

Photo Album

<http://www.menet.umn.edu/~uk/photos/photos.html>

Beautiful dance pictures

Free Dance Clip Art

<http://www.lanset.com/lfuller/Clipart.htm>

Nice clip art

UltraDance

<http://www.ultradance.com/>

Nice site!

Ballroom MIDI

<http://www.novalis.it/eng/download.htm>

<http://www.ultradance.com/musique/midi.htm>

<http://home.thirdage.com/Community/richie10/midi.html>

Salsa! Free Online Dance Lessons

<http://www.bluewillowpages.com/salsa/index.html>

Online Salsa lessons!

Select your dance

http://www-personal.umich.edu/~haagr/dance_select.htm

Dance figures

Ballroom Fun

<http://sport.clubs.nl/ballroomfun>

<http://www.clubs.nl/community/default.asp?club=Ballroom+Fun>

Online ballroom dance club