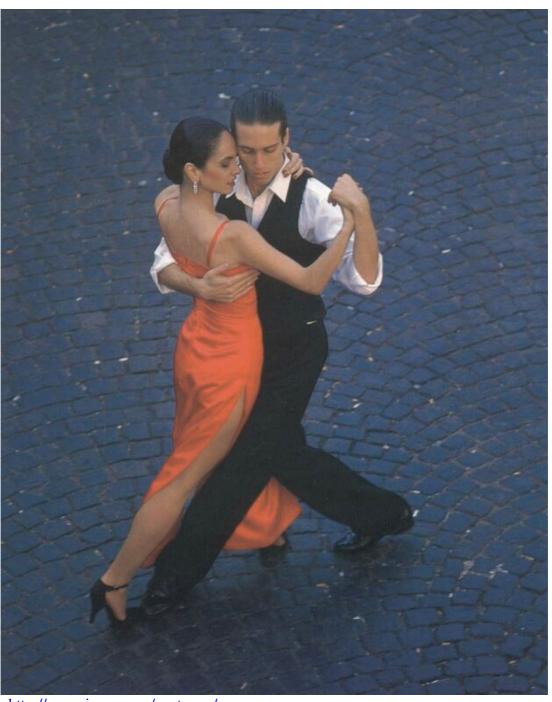
The Dance Magazine Monthly magazine for ballroom-dancers



http://www.iespana.es/syptango/

This Dance-magazine is a monthly magazine made for and made by ballroom-dancers. Every month you can read about different subjects all concerning ballroom-dancing. We also give you the opportunity to put your add or messages in it. You can send them to me by e-mail.

The Dance-magazine is an edition from Fred Bolder's Ballroom Site

Url: http://www.xs4all.nl/~fghb/ballroom.htm or

http://move.to/stijldansen

e-mail: fghb@xs4all.nl

You can download this magazine as a Word-file for free.

The Dance Magazine also has its own domain.

url: http://www.dansblad.nl

Editors: Fred Bolder & Miranda Jager

Copyright

Nothing of this magazine is to be copied or made public, using print, photocopy, microfilm or by any other way, without written approval of the publisher.

Fred Bolder's Ballroom Site is not responsible for the correctness of the information in this magazine as well as for any damage caused by this information.

Index

Index	
Interview with Rob Harmsen	2
N.A.D.B. competition in "De Leuningjes" in Poeldijk	
Mad about Mambo – the movie	
Philippe Robrecht	
Kim Wilde	
Merengue at dance school Peter de Vries	11
Books about dance rhythms	13
Extra Samba rhythms	15
Sole Saver	
Nice links	19



Interview with Rob

Personal	
Name:	Rob Harmsen
Sex:	Male
Age:	21
Dance partner(s):	Femke Hofstede
Dance history	
For how long have you been dancing?	7 years
Why did you start ballroom dancing?	For the sociability
Wich dances did you learn?	All Ballroom and Latin dances
General	
At which level do you dance?	Goudster 1 & Debutanten 2 at competitions
Are you a fanatic dancer?	Yes!!!
How many times do you dance in a week?	About 2 or 3 days
Do you dance at parties?	Sometimes
The dance school	
What is the name of the dance school where	Dansinstituut Voetisch 's-Hertogenbosch
you dance?	
What do you think of the tempo of the	At our dance school very good
lessons?	
What do you think of the music?	Very good and danceable
Do you have enough opportunity to practise?	Yes
Are there regular dance evenings?	Every week
If yes, do you visit them?	Regular

Ballroom dancing	
Many people say that dancing is just for girls.	Dancing is for everybody!!!
What do you think of that?	
They also say that ballroom dancing is not a	Dancing is a sport too, 2 minutes quickstep is
sport. What is your opinion about this?	the same as 500 metres running!
Do you think that the media is spending	No, sometimes it may be a little more.
enough attention on ballroom dancing?	Two, sometimes it may be a nucle more.
The music	
Which music do you like to dance to the	The real ballroom dance music.
most, real dance music or popular music?	The real bull both dance music.
Do you buy real ballroom CD's?	Yes, sometimes
Can you name some of your favourite dance	George Love Orchestra (Quickstep),
music?	Tanguera (Tango), Sensation (Tango)
The Dances	Tanguera (Tango), Sensation (Tango)
	The Tongs
What is your favourite dance?	The Tango
Which dance do you like less?	I like every dance.
Which dances do you like the most, Standard	I like the ballroom dances more, because I
or Latin?	also dance in a standard formation team.
Dance clothes	
Are you allowed to wear jeans at the dance	Yes. Only for special occasions they
school?	appreciate suitable clothing.
Do you think that dance schools should allow	Yes, everybody should wear what he likes.
you to wear jeans?	
What is your favourite clothing for dancing?	Trousers and a blouse.
Do you think that women should wear a skirt	No
or a dress?	
Do you think that men should wear a tie?	No
Do you have real dance shoes?	Yes, for both Ballroom and Latin.
Competition dancing	
Have you ever danced a competition?	Yes, since1996
Do you visit dance competitions to watch?	Yes, in the past.
Do you watch dance competions on tv?	Yes, as often as I can!
Do you think that ballroom dancing should be	Yes, dancing is a sport too and the N.A.D.B is
a part of the Olympic Games?	connected to IOC*NSF
Why did you start competition dancing?	For the sociability.
At which level do you dance competitions?	Debutanten 2
Many competition dancers dance a program?	With the Standard dances I vary, but for the
Isn't this boring? In that case leading and	Latin dances this is often more difficult. If
following is less important. What do you do if	something goes wrong, we stop and start all
a couple is dancing very near to you? Tell me	over again.
more.	
How is the atmosphere on the dance floor?	Very companionable!!
Don't you get nervous when 6 jury members	No, it stimulates me to do more my best.
are watching you?	11, 12 mo to do moto my oos.
Do you always agree with the results?	Yes. I almost never disagree with it.

Olympic sport.

What do you think of the music that they use	At some competitions they use very good						
for competitions?	music, at other competitions they use old						
	fashion music.						
Leading / following							
Have you ever danced with someone from	No, not really. I limit myself to my own						
another dance school?	partner.						
Do you always dance combinations in the	Only for the Latin dances. With the Ballroom						
same order?	dances I vary.						
Do you invent new combinations while	Yes, very often!						
dancing?							
What do you think of the fact that you always	Good, somebody has to do it.						
have to lead?							
Rhythm							
Do you find it hard to hear the first beat of a	No, most of the time that it no problem at all.						
measure?							
Do you find it difficult to dance to music	Sometimes, but mostly I have no problems						
without drums and percussion?	with it.						
Do you play a musical instrument?	No, not anymore.						
Can you have a little chat with your partner	We are very concentrated mostly.						
while dancing?							
Thanks!							
Thank you very much for answering the questions. Below you can write something.							
Dancing is a sport, but that doesn't say that it is just for a selected group of people. Everybody							
can dance!! Young or old, it doesn't matter. Th	nere are even dance school that attendant						
wheelchair dancers. You can start at every age	. I hope that the dance sport will become an						

Send a mail to fghb@xs4all.nl if you want me to interview you.

N.A.D.B. competition in "De Leuningjes" in Poeldijk

By: Fred Bolder

Sunday 27 January at 8:12 I took the train from Zwijndrecht to Maassluis West. There was another N.A.D.B. competition in Poeldijk. I was at a competition in party centre "De Leuningjes" before (see dance magazine 19) and I enjoyed that very much. The last time I took the train to Rijswijk, but the connections from there are not so good. Therefore this time I took the train to Maassluis West. From here you can take the bus (line 126) to the Irenestraat in Poeldijk. From here it is a little walk to the Julianastraat. At about 10.00 I entered the dance hall.



Jeroen & Soraya (Debutanten 2 Latin)

Photo: Fred Bolder

It is a beautiful dance hall, but the dancefloor is much smaller than for example in Wijchen. It's also a bit dark which makes it difficult to make good photographs. Among the dancers there were 5 couples from dance school "Peter de Vries" (I dance at this school too). The competition started with the category 6 t/m12 year Standard. They danced the Slow waltz, Tango and Quickstep. Because there were only six dancers in this category, all couples made it to the finals.

After this category it was time for debutanten 4, 3 and 2. They also danced the Slow waltz, Tango and Quickstep. A "Peter de Vries" couple that competed for the first time in deb 4 had to continue in deb 3 and then in deb 2. That is of course always nice to hear.

The "Peter de Vries" dancers danced very good, especially the Latin dances. They danced the Cha Cha, Rumba and Jive. Jeroen and Soraya (see first photograph) made it to the first place. The other "Peter de Vries" latin dancers made it to the second place in their category. There was also a Latin demonstration. They danced the Cha Cha, Samba and Jive. I



couldn't make a nice picture of them, because they were too fast. In about three seconds they moved from one side of the floor to the other side. They used the whole floor and that is not easy when you're dancing a Cha Cha Cha or Jive. He wanted to say something through the microphone, but he was out of breath after a few dances. The way they dance is more exhausting then the way I dance.

After the Latin-American dances it was time for the higher level Standard dancers. At that moment you can see the beautiful ballroom dresses. Tom and Ciska from

At that moment you can see the beautiful ballroom dresses. Tom and Ciska from our dance school competed in the B-klasse. They have danced in the Hoofdklasse of the NDO and have just started at the N.A.D.B.

I had to leave at 15.00, because in the evening I had a dance lesson. Luckily I could see Tom and Ciska dancing. On the left you can see a picture of them. It is nice to see how the couples watch out for each other.

The last time that I was in Poeldijk they

sold good ballroom dance CD's, so during the break I went to the entrance. And yes, I found some very nice CD's! It was very expensive. For four CD's I paid about 100 euro, but I'm very happy with it.

Mad about Mambo - the movie

By: Miranda



You can learn what the movie is about if you read the story above. You need to know a little bit more to understand what the story really is about.

After Danny heart from a famous football player that you must not just kick the ball, but dance with the ball, he decides to start dance lessons. Despite the fact that all his friends are laughing at him, he goes on with the idea. He tries to learn himself how to dance at home, but this is more difficult than he had imagined, so he takes some dance lessons. His teacher is very enthusiastic about Danny his style, but Danny thinks Lucy, a lovely girl from the dance school, is much more important.

At a football game, Danny accidentally hits Oliver, who breaks his leg. This all happens on a very unhappy moment, because Oliver can not train for the very important dance competition which Lucy and he would dance. Lucy becomes very angry at Danny, because they were determined to win the dance competition. She shows Danny all the corners of the dance floor and leaves him with nothing... Danny keeps his head up and goes after her. Lucy decides to give it a try and Danny and Lucy start to train for the dance competition. Of course Lucy has her doubts, but they continue training. Besides that, Danny his football game is also improving. At one moment, right before the competition, Oliver his leg is better again and he wants to dance the competition with Lucy. Lucy decides it is better to dance it with Danny, but it all did not turn out as planned.... Between Danny and Lucy it also works a little different then planned...

My opinion

I liked this movie very much, because there was a lot of dancing in it. Normally, you could also expect this from a dance movie, but in several, there is more attention paid to the development of the character, then to the dancing. In this movie they give a lot of attention to dancing. The story is a little cliché and predictable, which is a pity.

Danny is a fast student, who learn to dance in no time. I really loved seeing him approve his dancing, but if you look at it with the eyes of a dancer, you can tell he is just a beginner and not a professional. I think this was also the intension of the maker of the movie. At fist, I could hardly imagine what dancing with the ball meant, but as soon as Danny showed it, you could really tell he danced with the ball.

I would advice all dance lovers to rent this movie.

Fall in love...with the beat

Philippe Robrecht

By: Fred Bolder

This CD was for me a real suprise. I found it while searching for songs in Dutch language. It sounds a bit like Clouseau. There are many danceable songs on this CD, but you must have a fine ear for music. You can dance a Jive to the song Emma, but the rhythm is more like a Slowfox. Try it!



Philippe Robrecht Storm

Dances: Quickstep, Slow foxtrot, Cha Cha Cha etc

1De weg	Viennese waltz54
2Emma	
3Als ik thuiskom	
4Bas bij R.E.M	
5Donker	
6Storm	
7Anders	- 1
8De Onschuld	
9Daarom zing ik voor jou	
10Van nu af aan	
11Feest	Tango *29
12De tijd	e

^{*} if you have a little patience

Kim Wilde

By: Fred Bolder

I am a real Kim Wilde fan. I like her oldest songs the most. Unfortunately nowadays her music sounds too modern for me. On the CD below you can hear the real Kim Wilde. You can dance to almost all songs on this CD. If you listen to "The thrill of it" you can even hear a cowbell.



Kim Wilde Another Step

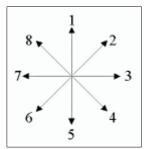
Dances: Cha Cha Cha, Rumba

1You keep me hangin' on	Cha Cha Cha 31
2Hit him	Cha Cha Cha 31
3Another step (closer to you)	Cha Cha Cha 32
4The thrill of it	Cha Cha Cha 32
5I've got so much love	Cha Cha Cha 32
6Victim	Cha Cha Cha 30
7Schoolgirl	
8Say you really want me	
9She hasn't got time for you	Rumba26 ©
10Brothers	Rumba23
11Missing	Rumba23
12How do you want my love	Rumba27
13Don't say nothing's changed	

Merengue at Peter de Vries

By: Fred Bolder

A little while ago, I followed a salsa-course, because I also wanted to learn the Salsa and the Merengue. At the moment, we learn the Merengue as an extra dance during our ballroom dancing lessons. I like this, because you learn a lot of new steps. It is totally different from the salsa-course by the way. As basic-step we learn side-close-close-close. At the salsa-course we learn steps on the place and side-steps. Peter de Vries explains us in how much steps we have to dance a figure. This is not important to know for the Merengue, but it is easy for learning the step. You learn a certain following order for the steps, but you are also told that you can change that order, which is of course more fun. At the salsa-course we learned to stand further away from each other. I used the open dance position as we use at the Samba and Paso Doble. You stand a little further away from each other and because of the position, you can lead the lady very easily. The teacher immediately walked to me and said: this is not a dancing



position! This was pretty funny, because at Peter de Vries we learn to use such a position. Well, who is right? I think it does not really matter. I wrote about the Merengue before in this dance magazine, but I thought it would be nice to explain a step in this article. This step can also be found in my dance software DansCAD. In the table below you can find a number after each step description. This number indicates the direction. The steps 17 till 24 need to be taken very small. During the steps 17 till 20 you will change from normal dance position to a

position in which both hand are kept down. From step 21 till 24, the hands have to be moved up in a circle. For the steps 29 till 36 you dance back to back. After the turn, we return to our normal dancing position.

Step	Rhythm	M	an		Lady				
#	,	•		4	ţ		4		
1	Q	L	Side (normal dance position)	1	R	Side (normal dance position)	5		
2	Q	R	Close	1	L	Close	5		
3	Q	L	Close	1	R	Close	5		
4	Q	R	Close	1	L	Close	5		
5	Q	L	Side	1	R	Side	5		
6	Q	R	Close	1	L	Close	5		
7	Q	L	Close	1	R	Close	5		
8	Q	R	Close	1	L	Close	5		
9	Q	L	Side	1	R	Side	5		
10	Q	R	Close	1	L	Close	5		
11	Q	L	Close	1	R	Close	5		
12	Q	R	Close	1	L	Close	5		
13	Q	L	Back	8	R	Back	6		
14	Q	R	Replace weight	8	L	Replace weight	6		
15	Q	L	Close	1	R	Close	5		
16	Q	R	Close	1	L	Close	5		
17	Q	L	Back	1	R	Back	5		
18	Q	R	Back	1	L	Back	5		
19	Q	L	Back	1	R	Back	5		

20	Q	R	Back (lower both hands)	1	L	Back (lower both hands)	5
21	Q	L	Forward	1	R	Forward	5
22	Q	R	Forward	1	L	Forward	5
23	Q	L	Forward	1	R	Forward	5
24	Q	R	Forward (raise both hands)	1	L	Forward (raise both hands)	5
25	Q	L	Close (lower rh)	8	R	Close (lower lh)	6
26	Q	R	Close (half left turn)	7	L	Close (half right turn)	7
27	Q	L	Close (keep hands firmed)	6	R	Close (keep hands firmed)	8
28	Q	R	Close (both hands low)	5	L	Close (both hands low)	1
29	Q	L	Side (back to back)	5	R	Side (back to back)	1
30	Q	R	Close	5	L	Close	1
31	Q	L	Close	5	R	Close	1
32	Q	R	Close	5	L	Close	1
33	Q	L	Side	5	R	Side	1
34	Q	R	Close	5	L	Close	1
35	Q	L	Close	5	R	Close	1
36	Q	R	Close	5	L	Close	1
37	Q	L	Close (raise rh)	4	R	Close (raise lh)	2
38	Q	R	Close (half left turn)	3	L	Close (half right turn)	3
39	Q	L	Close (keep hands firmed)	2	R	Close (keep hands firmed)	4
40	Q	R	Close (normal dance	1	L	Close (normal dance position)	5
			position)				

Links

http://republicadelmambo.freeservers.com/rdmnl/history/merengue/merengue.htm Nice story about the Merengue

http://www.umich.edu/~umbdc/haagr/PDF's/Merengue.pdf Dance steps

Books about dance rhythms

By: Fred Bolder

In the previous dance magazine I have written about the rhythms of the Latin-American dances. In the next magazine I will write something about the rhythms of the Ballroom dances. To find out all these rhythms I have listened to a lot of ballroom dance music, searched the internet and read many books. In this article you can see the books that I bought and were useful. Dancelife (http://www.dancelife.nl) sells CDs with "Rhythm only" tracks. I have the CD "This is Rhythm" (DCD 028-2/2).



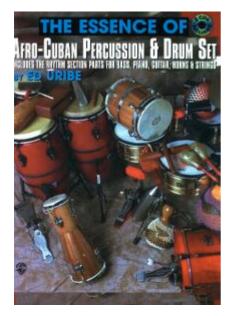
Bass und Drums in der Tanzmusik

Andreas Lonardoni & Garcia Morales

Dance rhythms:

Beguine, Black Bottom, Bossa Nova, Boogie Woogie, Bounce, Calypso, Cha Cha, Charleston, Disco, Foxtrott, Funk, Jive, Langzamer Walzer, Mambo, Marsch, Musette Walzer, Paso Doble, Polka, Quickstep, Reggae, Rock, Rock and Roll, Rumba, Samba, Shuffle, Slow Fox, Slow Rock, Tango, Twist, Wiener Walzer

Price: about 20 euro (cassette tape included)

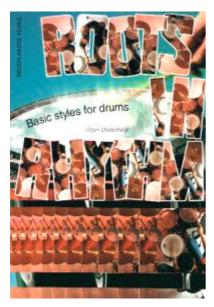


The Essence of Afro-Cuban Percussion & Drum Set Ed Uribe

Dance rhythms:

o.a. Son, Son-Montuno, Cha-Cha, Bolero, Danzón, Mambo, Rumba, Guiro, Songo, Merengue, Bomba, Plena, Calypso

Price: about 62 euro (2 CDs included)

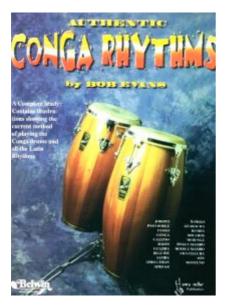


Roots in Rhythm – Basic styles for drums Arjen Oosterhout

Dance rhythms:

o.a. Rock & Roll, Disco, Samba, Bossa Nova, Mambo, Rumba, Cha-Cha, Conga, Songo, Bembe, Beguine, Calypso, Merengue, Salsa, Boogie Woogie, Foxtrot, Slow-fox, Quickstep, Jive, Two-step, Polka, Engelse wals, Weense wals, Paso Doble, Tango

Price: about 12 euro



Authentic Conga Rhythms

Bob Evans

Dance rhythms:

o.a. Paso Doble, Tango, Beguine, Samba, Conga, Calypso, Bolero, Rumba, Merengue, Mambo, Cha Cha, Son

Price: about 16 euro

Extra Samba rhythm

By: Fred Bolder

At the dance competition in Poeldijk, I have bought the cd Cuban Beats. This cd is great! Of course I am very busy with studying the rhythms. Below you can see the Samba rhythm of the song "Bossa peruana". You can also use the Agogo in stead of the Cuica. In the dance magazine 31 there are much more Latin rhythms. I will put the Ballroom rhythms in the next magazine.

24.. SAMBA5 Samba 5

Bar 1		1	2	3	4	5	6	7	8
SHAKER1	P25	110	90	90	90	110	90	90	90
OPN_CUI	P31	100					100		100
MUT_CUI	P32			100					
OPN_SRD	P35					110			
MUT_SRD	P36	110			100				100
TMBORIM	P37			100			100		

Bar 2		1	2	3	4	5	6	7	8
SHAKER1	P25	110	90	90	90	110	90	90	90
OPN_CUI	P31					100		100	
MUT_CUI	P32		100						
OPN_SRD	P35					110			
MUT_SRD	P36	110			100				100
TMBORIM	P37	100			100			100	

Inst list

SHAKER1	Shaker
OPN_CUI	Open Cuica
MUT_CUI	Mute Cuica
OPN_SRD	Open Surdo
MUT_SRD	Mute Surdo
TMBORIM	Tamborim

Cuica

http://www.qub.ac.uk/pas/sa/resources/Samba/PAGE8_cuica.HTML

Agogo

http://www.qub.ac.uk/pas/sa/resources/Samba/PAGE9_agogo.HTML

On the next page you can see the rhythm of "Jingo-la-ba".

25.. SAMBA6Samba 6

Bar 1		1	2	3	4	5	6	7	8
LOW_CG	P14					100			
SLAP_CG	P16				100				
MUTE_CG	P17		70	70			70		70
SHAKER1	P25	110	90	90	90	110	90	90	90
AGOGO1	P29	100					100		100
HIGH_CG	C17	100						100	
AGOGO2	C18			100					

Bar 2		1	2	3	4	5	6	7	8
LOW_CG	P14					100			
SLAP_CG	P16				100				
MUTE_CG	P17		70	70			70		
SHAKER1	P25	110	90	90	90	110	90	90	90
AGOGO1	P29	100					100		100
HIGH_CG	C17	100						100	100
AGOGO2	C18		100		100	100			

Inst list

LOW_CG	Low Conga
SLAP_CG	Slap Conga
MUTE_CG	Mute Conga
SHAKER1	Shaker
AGOGO1	Low Agogo
HIGH_CG	High Conga
AGOGO2	High Agogo

Sole Saver

February 19, 2002

Contact:

Bermar Holdings, LLC 142 Lost Bridge Dr Palm Beach Gardens, Florida 33410 Office 561-622-8560 Fax 561-622-4076

New Pricing for Shoe Brush

Palm Beach Gardens, FL. Bermar Holdings, LLC announces a change in the wholesale and retail pricing of **The Sole Saver** tm shoe brush.

The brush is also now available in tortoise shell and can be purchased on the Internet at www.thesolesaver.com using a credit card, by phone at 561-622-8560 or fax at 561-622-4076 (payment by check) and through dance shoe and dance supplies distributors such as Showtime Shoes, and small shops from California to Florida. For special order information (with studio or event name printed on top) and wholesale orders, contact info@thesolesaver.com or call 561—622-8560.

This new brush offers several advantages over the brush dancers currently use:

- •<u>Safety</u>: Protection from sharp bristles when folded and stored. Can be put into a pocket or purse with complete safety.
- Appearance: Attractive folding designer look.

The **Sole Saver** tm is a great gift for any ballroom dancer.

###

THE "NEW" BALLROOM DANCER'S SHOE BRUSH WHOLESALE PRICE LIST

Black or Tortoise Shell w/ Standard Bristle Brush

PIECES	PRICE/ EACH
Under 100	\$7.00
100-199	\$6.00
200-499	\$5.25

Suggested Retail Price **\$14.95** US
+ Shipping & Handling
Optional Velvet Pouch \$1.00 each
Can be Personalized with a Logo

Special Orders Available for Events

www.thesolesaver.com info@thesolesaver.com 561-622-8560

Nice links

BRADO wedstrijdinformatie

http://www.bradodansen.nl/

Brabantse Danssport Organisatie

BRADO & Dance

http://members.tripodnet.nl/brado_dansen/

Nice site about BRADO competitions and ballroom dancing

Boogie Woogie

http://www.boogie-woogie.nl/

Boogie Woogie site

Rond de Dans

http://members.home.nl/jyluttje/

Information about several dances

Dans 2001

http://www.dans2001.nl/

Information about the event and many photographs

Footloose links page

http://www.footlooserockers.com.au/links.html

Links to Rock 'n' Roll sites

FotoBakker

http://www.fotobakker.nl/

Many dance photographs

Cosmotango

http://www.cosmotango.com/

Listen online to good Argentine Tango music and watch video clips

Claude Blouin

http://www.claudeblouin.ca/

Listen to the mp3 samples

Maverick's midi house vienna austria

http://web.dschungel.com/mcmaver/midi/medley/medley.html

Ballroom & Latin MIDI files