

September 2002

Number **38**

The Dance Magazine

Monthly magazine for ballroom-dancers



This Dance-magazine is a monthly magazine made for and made by ballroom-dancers. Every month you can read about different subjects all concerning ballroom-dancing. We also give you the opportunity to put your add or messages in it. You can send them to me by e-mail.

The Dance-magazine is an edition from Fred Bolder's Ballroom Site

Url: <http://www.xs4all.nl/~fghb/ballroom.htm> or
<http://move.to/stijldansen>

e-mail: fghb@xs4all.nl

You can download this magazine as a Word-file for free.

The Dance Magazine also has its own domain.

url: <http://www.dansblad.nl>

Editors: Fred Bolder & Miranda Jager

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The SIVO dance festival

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By: *Miranda*

From July 31st till August 4th the 18th international folkloristic dancing festival was held in Odoorn (SIVO-dancefestival), The Netherlands. Besides all the dance performances, there was also a folkloristic market with Dutch and foreign articles. Every year a lot of people visit this event.

Buryatia, Germany, England, Georgia, Italy, Joegoslavia, South-Korea, Litouwen, Mexico, Moldavia, Ukraine, Austria, Peru, Poland, Senegal, Slovakia, Baskenland, Taiwan, Turkey and The Netherlands were present at this festival. The only continent that was not present was Australia. Unfortunately some other countries that were invited could not come either because of visa-problems. This becomes a bigger problem every year, especially for dance groups from Africa.

Around 600 dancers and musicians from different countries will stay at foster homes. Odoorn, a small town in Drenthe, is totally focussed on the SIVO-dancefestival during these days; every house has a SIVO-flag and almost every family has foreign guests.

The festival is financed by the money visitors pay (during the day: 5 Euro), the people who provide free accommodation and sponsoring.

When I was little, we visited the SIVO-dancefestival every year. After that this became every several year, including this year. The pictures we took can be seen at the website of Fred. Unfortunately the weather was not very nice, because they gave us rain. The normal program was changed into a 'rainprogram', in which all countries had the opportunity to dance.

We saw the groups from Georgia, Joegoslavia, England, Turkey, Baskenland, South-Korea and Taiwan. I liked South-Korea and Taiwan most, because their costumes are very colourful and their way of dancing is very different from our tradition. South-Korea showed a lovely dance, the best dance I saw this afternoon. Taiwan showed the sword-fighting in a modern way, very lovely as well. The feet of the people of Turkey were very impressive, so very quickly.

Source: Dagblad van het Noorden, the SIVO-program

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Make your own ballroom dance cd

By: Fred Bolder



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If you have a cd writer then you can make a nice ballroom dance cd. Below every song you can see the link where you can download the mp3 file. All the mp3 files are from <http://www.mp3.com> so it is legal. Of course most of the songs are not famous, but they are very nice.

- 1 Stay The Night..... One World / L.A. Mambo Cha Cha Cha 31
http://artists.mp3s.com/artists/219/one_worldlamambo.html
- 2 Guajirichacha..... Chi-Aman Cha Cha Cha 32
<http://artists.mp3s.com/artists/410/chi-aman.html>
- 3 Quiereme Como Yo Te Quiero..... Mambo City All-Stars Rumba..... 24
http://artists.mp3s.com/artists/387/mambo_city_all-stars.html
- 4 Porque Piensas Rafi Valdes Rumba..... 26
http://artists.mp3s.com/artists/46/por_ti_por_mi.html
- 5 Julia One World / L.A. Mambo Rumba..... 27
http://artists.mp3s.com/artists/219/one_worldlamambo.html
- 6 Amor De Temporada..... The Mambo Boys Salsa..... 46
http://artists.mp3s.com/artists/350/the_mambo_boys.html
- 7 My Lady Carlos Cervantes..... Salsa..... 47
http://artists.mp3s.com/artists/21/carlos_cervantes.html
- 8 Amorcito..... Alex Torres..... Merengue 75
http://artists.mp3s.com/artists/80/alex_torres_and_the_latin_.html
- 9 Sing! Sing! Sing! The D's 3 Quickstep..... 53
http://artists.mp3s.com/artists/148/the_ds_3.html
- 10 ... Act Naturally Jerry Hill..... Quickstep..... 50
http://artists.mp3s.com/artists/448/jerry_hill.html
- 11 ... Cowboy Attitude Rich Ryland..... Jive..... 31
http://artists.mp3s.com/artists/323/rich_ryland.html
- 12 ... Count Me Out Tracey K. Houston..... Slowfox..... 29
http://artists.mp3s.com/artists/90/stardust_records_intl.html
- 13 ... Waltz Of The Wind Rusty Evans Slow waltz 32
http://artists.mp3s.com/artists/95/western_heart.html
- 14 ... Laugh To Keep From Crying Dave Nevling..... Jive..... 39
http://artists.mp3s.com/artists/310/dave_nevling.html
- 15 ... Great Balls of Fire Paul Cavin Jive..... 43
http://artists.mp3s.com/artists/151/paul_cavin.html

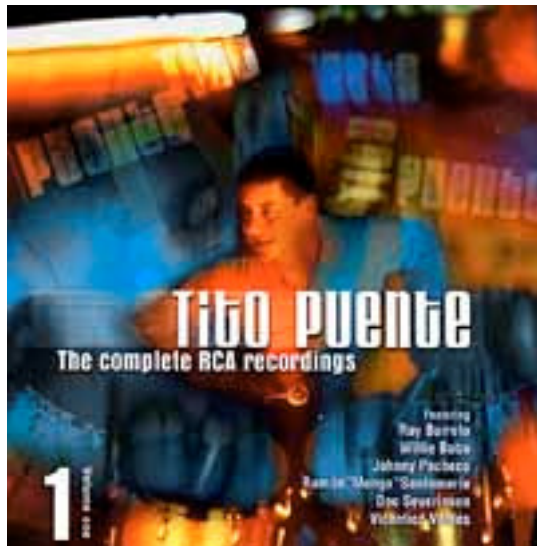
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Tito Puente

By: Fred Bolder

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Tito Puente has made a lot of good Latin music and he is the example for many musicians. Many of his music is suitable for dancing, but there are some strange difficult pieces.



Tito Puente

The Complete RCA recordings – Volume 1
(6 CD's)

Dances: Salsa, Mambo, Cha Cha Cha, Bolero and Rumba

CD 1

1 Ran Kan Kan.....	Mambo / Salsa 49
2 Guayaba	Cha Cha Cha.....	28
3 Chang.....	Mambo / Salsa 50
4 Lagrimas Negras	Rumba 29
5 Arinañara	Mambo / Salsa 60
6 Tuxedo Junction.....	Cha Cha Cha.....	35
7 Lare Lare.....	Mambo / Salsa 60
8 Swinging The Mambo	Mambo / Salsa 44
9 Donde Estabas Tu.....	Cha Cha Cha.....	34
10 Take The A Train.....	Mambo / Salsa 42
11 Picadillo	Mambo / Salsa 48
12 Mi Chiquita Quiere Guarachar.....	Cha Cha Cha.....	29
13 Cuando Suenan Los Tambores	Mambo / Salsa 57
14 Cao Cao Mani Picao	Mambo / Salsa 45
15 El Baile Del Pinguino	Mambo / Salsa 54
16 Candido.....	Cha Cha Cha.....	32
17 Para Que Sufran Los Pollos	Mambo / Salsa 49
18 Tu No Eres Nadie	Mambo / Salsa 49

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CD 2

1Cuban Nightmare.....	Mambo / Salsa.....	53
2Por Tu Amor.....	Rumba.....	25
3Mambozooka.....	Mambo / Salsa.....	54
4Mama Inez.....	Cha Cha Cha.....	30
5Elegua Chango.....	-.....	-
6Cual Es La Idea.....	Mambo / Salsa.....	54
7Pa' Los Rumberos.....	-.....	-
8Guanco Margarito.....	Mambo / Salsa.....	51
9Yambeque.....	Mambo / Salsa.....	62
10Havana After Dark.....	-.....	-
11Flying Down To Rio.....	Samba.....	55
12Lotus Land.....	-.....	-
13Lucky Dog.....	-.....	-
14Tito In.....	-.....	-
15Sin Amor.....	Bolero / Rumba.....	23
16No Me Obligues.....	Bolero / Rumba.....	23
17Cubarama.....	Cha Cha Cha.....	33
18Asi Es Como Era.....	Mambo / Salsa.....	42

CD 3

1Cha Charugua.....	Cha Cha Cha.....	30
2Guaririambo.....	Cha Cha Cha.....	30
3Calypso Blues.....	-.....	-
4Cubana Bay.....	Cha Cha Cha.....	32
5Minor Moods.....	-.....	-
6The Floozie.....	-.....	-
7Mambo Beat.....	Mambo / Salsa.....	51
8Night Ritual.....	-.....	-
9Duerme.....	Bolero / Rumba.....	24
10Lullabye Of The Leaves.....	Bolero.....	21
11Noche De Ronda.....	Cha Cha Cha.....	28
12Son De La Loma.....	Mambo / Salsa.....	46
13Ecstasy.....	-.....	-
14La Ola Marina.....	-.....	-
15What A Difference A Day Makes.....	Bolero.....	19
16Eleguara.....	-.....	-
17Mon Ti.....	Mambo / Salsa.....	58
18Ti Mon Bo.....	Cha Cha Cha.....	33

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CD 4

1 Camellia	Rumba	25 ☺
2 Happy Land Of Hunza	-	-
3 Mambo Gozon	Mambo / Salsa	53
4 Llego Mijan	Cha Cha Cha.....	34
5 Hong Kong Mambo	Mambo / Salsa	44 ☺
6 Mi Chiquita Quiere Bembe	Cha Cha Cha.....	35
7 Cuando Te Vea	Mambo / Salsa	46
8 Cha Kee Ta	Mambo / Salsa	47
9 Cute Chick	-	-
10 Black Pearl.....	Rumba	25 ☺
11 Brazil	Samba	52
12 Yucatan	Mambo / Salsa	49
13 Miramar	Mambo / Salsa	50
14 Acapulco	-	-
15 Yours	Rumba	28
16 Port Au Pleasure	Cha Cha Cha.....	28
17 Dancing Under Latin Skies.....	Cha Cha Cha.....	28
18 Cuban Pete	Cha Cha Cha.....	28

CD 5

1 Campanitas De Cristal	Cha Cha Cha.....	32 ☺
2 El Bajo	Cha Cha Cha.....	32
3 El Palo.....	Cha Cha Cha.....	32
4 Cha Cha Son	Cha Cha Cha.....	32
5 Cha-Cha-Gua	Cha Cha Cha.....	25
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7 Delisse.....	Cha Cha Cha.....	29
8 Suave Asi.....	Cha Cha Cha.....	27
9 Guataca	-	-
10 The Jazz Theme	-	-
11 That Old Devil Moon.....	Cha Cha Cha.....	29
12 Tito's Theme.....	Mambo / Salsa	61
13 Grossinger's Cha Cha Cha.....	Cha Cha Cha.....	29
14 I Love Paris.....	Cha Cha Cha.....	27
15 Miami Beach Cha Cha Cha.....	Cha Cha Cha.....	31
16 How High Is The Moon.....	Cha Cha Cha.....	34
17 Puente At Grossinger's	Cha Cha Cha.....	32
18 Philadelphia Mambo	Mambo / Salsa	50

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CD 6

1Cuero Pelao.....	-	-
2Son Montuno	Cha Cha Cha.....	34
3Dance Of The Headhunters.....	-	-
4Voodoo Dance At Midnight.....	-	-
5Witch Doctor's Nightmare.....	-	-
6Jungle Holiday.....	-	-
7Dance Mania.....	-	-
8Una Mujer.....	Bolero	19
9A Gozar Timbero	Cha Cha Cha.....	36
10Cua Cua	Mambo / Salsa	50
11Separala Tambien	Mambo / Salsa	43
12Baila Como Es	-	-
13Baia.....	-	-
14La Virgin De La Macarena	-	-
15Temptation.....	-	-
16Autumn Leaves.....	-	-
17Kiss Of Fire.....	Cha Cha Cha.....	33 ☺
18The Continental.....	-	-

☺ = Personal favourite

Links

<http://www.titopuenteonline.com/>

<http://music.barnesandnoble.com/search/product.asp?ean=743217891121>

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Dancing on the Internet

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By: Fred Bolder

In almost every magazine store you can buy web guides like for example the i-gids (<http://www.igids.nl>). In these handy little books you can find a lot of internet addresses. Unfortunately there are only a few dance links included. It thought it would be nice to place a special dance web guide in this magazine, so here it is!

Information

Ballroomdancers

<http://www.ballroomdancers.com/>

Ballroomdancing 


<http://www.ballroomdancing.nl/>

BRADO & Dance 

<http://bradodansen.tripod.com/>

Dance Me Tonight

<http://www.dancemetonight.com/>

Dutch Dance Events 


<http://www.dutchdanceevents.com/>

Fred Bolder's Ballroom Site 

<http://www.xs4all.nl/~fghb/ballroom.htm>

Rond de dans 

<http://members.home.nl/jyluttje/>

Stijldans.Net 

<http://www.stijldans.net/>

The Dutch Ballroom Server 

<http://www.tdbs.is.nl/>

The World Dance Plaza 

<http://www.danceplaza.com/>

Victor Eijkhout

<http://www.eijkhout.net/dance.html>

Ziggy's places to dance

<http://www.ssmg.net/>

Dance schools

Ballroom and Latin Dance studios in UK


<http://www.dancesport.uk.com/studios/>

Dance Masters 

<http://www.dancemasters.nl>

Dansscholen 

<http://www.dansscholen.nl/>

Dansscholen links pagina 

<http://dansscholen.coolbegin.com/>

Dansscholen Pagina 

<http://dansscholen.pagina.nl/>

Dansscholen Quickstart-webgids 

<http://www.quickstart-webgids.nl/dansscholen/>

Swinging World Dansscholen 

<http://www.swingingworld.nl/>

Tanzschule

<http://www.tanzschule.de/>

Formation dancing

Formatiedansen 

<http://www.formatiedansen.nl/>

Formationstanzsport in Deutschland

<http://www.formationen.de/>

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Wheelchair dancing

Adaptive Dancing


<http://www.adaptivedancing.com/>

Rolstoeldansen 

<http://www.rolstoeldansen.nl/>

Rolstoelsport Startkabel 

<http://www.startkabel.nl/k/rolstoelsport/>

Stichting Rolstoeldansen Ago Quod Ago 

<http://www.ago-quod-ago.nl/>

Stichting Rolstoeldansen Nederland 

<http://www.srn-site.nl/>

CDs

Casa musica

<http://www.casa-musica.de/>

Dance And Listen

<http://www.danceandlisten.co.uk/>

Dancelife 

<http://www.dancelife.nl/>

Superior Dancing Music

<http://www.superiordancingmusic.com/>

Telemark Records

<http://www.telemarkmusic.com/>

WRD Worldwide Music

<http://www.wrdmusic.com/>

Orchestras / Bands

Ambros Seelos

<http://www.susi.de/ambros-seelos/orchester.html>

Blue Sound 

http://www.bossa.nl/blue_sound/

Dansorkest Balans 

<http://home.wxs.nl/~lith0000/>

Falu Storband

<http://www.falustorband.com/>

Gooisch Dans Orkest 

<http://www.dansorkest.nl/>

Manhattan Dance Orchestra

<http://manhattandanceorchestra.com/>

Mata Hari 

<http://members.tripod.com/~osev/>

Medium Big Band Dülmen

<http://www.medium-big-band.de/>

New Metronome Bigband 

<http://www.newmetronomebigband.nl/>

Performance 

<http://home.wanadoo.nl/perform/>

Reinhardt Reissner Big band


<http://tanz.reissner-band.de/>

SwingTime Big Band 

<http://home.planet.nl/~swingtime.bigband/>

The Syd Lawrence Orchestra

<http://www.syd-lawrence-orchestra.com/>

Tricity 

<http://www.tricity.nl/>

Twelldians Big Band 

<http://www.twelldians.nl/>

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MIDI

Fred Bolder's Ballroom Site 
<http://www.xs4all.nl/~fghb/0502.htm>

La Bambolina
<http://www.labambolina.it/latino/latino.htm>

LATINO MIDIS
<http://www.swissbyteshop.ch/heinz/midis.html>

Latinoss
<http://www.latinoss.com/midi.htm>

MIDI For Ballroom Dancing
http://midistudio.com/midi/BR_AZES.htm

Vietnamese Midi Files
<http://www.geocities.com/SunsetStrip/Towers/3552/vietmidi.htm>

Music titles

de Muziek en Dans Pagina's 
<http://venus.spaceports.com/~joost/>

Fred Bolder's Ballroom Site 
<http://www.xs4all.nl/~fghb/0501.htm>

55+ dansclub Maassluis 
http://home.kabelfoon.nl/~eckhardt/CD_Lijst_Algemeen/CD_lijst.html

Tanzmusik Online
<http://www.tanzmusik-online.de/>

Universal Ballroom Music by Dance
<http://dolphin.upenn.edu/~ballroom/music/dances.html>

Dance steps

Ballroom Dancers
<http://www.ballroomdancers.com/>

Ballroom Dance Step Archive
<http://www.umich.edu/~umbdc/haagr/>

Bustamove
<http://www.bustamove.com/>

Dance – the dance patterns database
<http://www.Markus-Bader.de/dancee.htm>

Dance steps - Ballroom Dance on CD-ROM
<http://www.qklink.com/dancesteps/>

Dance Student
<http://www.dancestudent.com/>

DanceSeattle
<http://www.danceseattle.com/>

Dancetv
<http://www.dancetv.com/>

Dans software DansCAD 
<http://www.xs4all.nl/~fghb/07.htm>

Duane's On_Line Dance Lessons!
<http://www.charm.net/~dadamia/DDL.html>

Erik Summers
<http://www.eriksummers.com/>

Gotta Dance
<http://web.singnet.com.sg/~telemati/dance/steps/index.html>

LatinDance
<http://www.latindance.com/>

Salsa Dance Patterns
http://www.geocities.com/Broadway/Orchestra/3202/salsa_patterns.htm

The Virtual Amateur Dancing School
<http://www.anidance.de/>

WebSurfers Guide to Ballroom Dance
<http://www.sit.wisc.edu/~acjeong/home.htm>

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Clothing

Ballroom Dresses Shop
<http://www.ballroomdresses-shop.com/>

Box Step
<http://www.boxstep.com/>

Chrisanne
<http://www.chrisanne.co.uk/>

Crystal's Creations
<http://www.crystalscreations.com/>

Dance Discovery 
<http://www.dancediscovery.nl/>

Dance Universe
<http://www.danceuniverse.co.kr/>

DancePants
<http://www.dancepants.com/>

DanceSport Ballgowns
<http://www.dancesportballgowns.com/>

Dance shoes

Dance Happy
<http://www.dancehappy.com/>

Dance Shoes Online
<http://www.danceshoesonline.com/>

Dancesport Shoes
<http://www.dancesportshoes.com/>

Diamant Dance Shoes
<http://www.diamant-dance-shoes.com/>

Magic Feet
<http://www.magicfeet.fr/>

Dance floors

American Portable Dance Floors
<http://www.dance-2000.com/>

Dancer Designs
<http://www.dancerdesigns.net/>

eDressMe
<http://www.edressme.com/>

Farida Wong
<http://www.faridawong.com/>

Ina Dancewear
<http://www.inadancewear.com/>

Making a gown
<http://www.lagassa.com/gowns/stepbystep.html>


Ready to Dance 
<http://www.readytodance.nl/>

Topkapi Designs
<http://www.ballroomdesigns.com/>

Shoebox 
<http://www.shoe-box.nl/>

Showtime Dance Shoes
<http://www.showtimedanceshoes.com/>

Supadance
<http://www.supadance.com/>

Swingin' Shoes 
<http://www.swingin-shoes.nl/>

Stagestep
<http://www.stagestep.com/>

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Magazines

Dance Beat

<http://www.dancebeat.com/>

Dance Today!

<http://www.dancing-times.co.uk/dancetoday.html>

Dancemotion 

<http://www.dancemotion.nl/>

DanceSport Magazine

<http://www.dancesportmagazine.com/>

Dancing USA

<http://www.dancingusa.com/>

Het Dansblad 

<http://www.dansblad.nl/>

Tanz mit uns

<http://www.tnw.de/tmu/>

Photography

Boogie-Foto

<http://www.boogie-foto.de/>

Hilary Shedel

<http://www.hilaryshedel.com/>

Mikiphoto

<http://www.mikiphoto.com/>

Photo-Flair

<http://www.photo-flair.com/>

Thom Hekelaar Dansfotografie 

<http://www.fotograaf.myweb.nl/>

Wetherbie

<http://www.wetherbie.com/>

Clipart

Dance ClipArt

<http://www.angelfire.com/oh2/johngray/DanceArt.html>

Free Dance Clip Art

<http://www.lanset.com/lfuller/Clipart.htm>

DanceAway

<http://www.danceaway.com/clipart.htm>

Ultradanse

<http://www.ultradanse.com/galerie/cliparts.htm>

Fred Bolder's Ballroom Site 

<http://www.xs4all.nl/~fghb/clipart.htm>

Discussion

Ballroomdancing 

<http://www.ballroomdancing.nl>

Dancetalk

<http://www.dancetalk.com/>

Dancescape

<http://www.dancescape.com/mydancefriends/>

rec.arts.dance

<http://groups.google.com/groups?hl=nl&lr=&ie=UTF-8&group=rec.arts.dance>

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History

De geschiedenis van stijldansen

http://www.waterhofkens.yucom.be/historie_stijldansen.htm

History of Dance

<http://www.centralhome.com/ballroomcountry/history.htm>

De geschiedenis van de standaard dansen 

<http://www.ballroomdancing.nl/histballr.html>


History of Modern Ballroom Dancing

<http://www-staff.mcs.uts.edu.au/~don/pubs/modern.html>

De geschiedenis van de latin dansen 

<http://www.ballroomdancing.nl/histlat.html>

Dance partners

Do you want to dance? 

<http://www.tbce.org/dance/>

Search By Zip Code

http://www.ballroomdancers.com/Classifieds/Partners/search_zip.asp

Downunder Dance Partners

<http://www.dancepartners.com.au/>

The Dutch Ballroom Server 

<http://www.tdbs.is.nl/>

Links

Dancebot

<http://www.dances.net/>

Dans Startplaza 

<http://dans.startplaza.nl/>

Dancing on the Net

<http://www.geocities.com/SiliconValley/4750/dance.html>

Go Tango World Wide 

<http://www.xs4all.nl/~disegno/tango/>

Dans links pagina 

<http://dansen.coolbegin.com/>

Henry Neeman's Ballroom Dance Hotlist

http://scarecrow.caps.ou.edu/~hneeman/dance_hotlist.html

Dans Pagina 

<http://dans.pagina.nl/>

Ronald82 

<http://www.ronald82.com/sport/pages/links.html>

Dans Start in Belgie

<http://dans.startinbelgie.com/>

Directories

Google

http://directory.google.com/Top/Arts/Performing_Arts/Dance/

Yahoo!

http://dir.yahoo.com/Arts/Performing_Arts/Dance/

HotBot

http://dir.hotbot.lycos.com/Arts/Performing_Arts/Dance/

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Dance pages of www.pagina.nl 

Argentijnse Tango Pagina
<http://argentijnse-tango.pagina.nl/>

Ballet Pagina
<http://ballet.pagina.nl/>

Breakdance Pagina
<http://breakdance.pagina.nl/>

Buikdans Pagina
<http://buikdans.pagina.nl/>

Country Pagina
<http://country.pagina.nl/>

Dans Pagina
<http://dans.pagina.nl/>

Dansscholen Pagina
<http://dansscholen.pagina.nl/>

Flamenco Pagina
<http://flamenco.pagina.nl/>

Rock'n'Roll Pagina
<http://rock-n-roll.pagina.nl/>

Salsa Pagina
<http://salsa.pagina.nl/>

Samba Pagina
<http://samba.pagina.nl/>

Volksdans Pagina
<http://volksdans.pagina.nl/>

Books

Arts-Books
<http://www.arts-books.com/>

Books about dancing
http://www.eijkhout.net/rad/dance_offnet/books.html

Books on Ballroom Dancing
http://www.ee.princeton.edu/~aria/dance_books.html

Much Ado About Ballroom Dancing
<http://www.outdancing.com/>

Salsa

Let's Dance Salsa
<http://www.letsdancesalsa.com/>

Planet Salsa
<http://www.planetsalsa.com/>

Salsa Pagina 
<http://salsa.pagina.nl/>

Salsaweb
<http://www.salsaweb.com/>

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Movies / Musicals

Billy Elliot

<http://www.billyelliot.com>

Billy Elliot

<http://www.billyelliot.net>

Burn the Floor

<http://www.burnthefloor.com/>

Dance with Me

<http://www.sonypictures.com/movies/dancewithme/>

Grease

<http://www.greasemovie.com/>

Lord of the Dance

<http://www.lordofthedance.com>

Riverdance

<http://www.riverdance.com>

Saturday Night Fever 

<http://www.saturday-night-fever.nl/>

Saturday Night Fever

<http://www.feverontour.com/>

Save the Last Dance

<http://www.savethelastdance.com>

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Dancing in the Middle Ages – workshop

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By: *Miranda*

During our holiday, a LARP-event titled ‘Dans der Dageraad’, I did a workshop in which I learned the basic steps of some dances of the Middle Ages.

The dances we learned were pretty simple. This is logic ofcourse, because the dances should be accessible for everyone and besides that you were also dancing them with a group. If the steps are to complicated, this would only lead to confusion. Besides that, we only learned the basics and you can always expand that.

The etiquette in dancing was very important in the Middle Ages. During the workshop we also paid attention to that. The dances all had French names, but unfortunately I do not remember them.

I will write down the steps of one of the dances we learned.

Step	Count	Foot	Description
			You are standing in a circle holding hands. Your left hand is in the hand of the next person. Your right hand is holding the hand of the person next to you
1	1	L	Side (Look to the left while dancing the steps 1 - 4)
2	2	R	Close
3	3	L	Side
4	4	R	Close, but don't replace weight
5	1	R	Side (Look to the right while dancing the steps 5 - 8)
6	2	L	Close
7	3	R	Side
8	4	L	Close, but don't replace weight
9 - 16			Repeat the steps 1 - 8
17	1	L	Side
18	2	R	Close, but don't replace weight
19	3	R	Side
20	4	L	Close, but don't replace weight
21	1 (2)	L + R	Men jump in place
22	3 (4)	L + R	Women jump in place
23	1	L	Side (The steps 23 - 26 are only danced by the men. They dance very close to the lady on their left, tempt)
24	2	R	Close
25	3	L	Side
26	4	R	Close
27	1 (2)	L + R	Men jump in place
28	3 (4)	L + R	Women jump in place
29	1	L	Forward (The steps 29 – 32 are only danced by the women, they make a left turn in front of the man left from them and end with that same man on their right)
30	2	R	Side
31	3	L	Side
32	4	R	Close
			Repeat from the start

The Dance Magazine

Heard at the dansschool

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By: Fred Bolder

In this new article you can see which music is popular at the moment at a dance school. Send a list of the dance school where you dance to fgbh@xs4all.nl

Dansschool Peter de Vries in Zwijndrecht

<http://www.dansschool.com/>

Blessed	Elton John	Rumba.....	26
Hope	Shaggy	Samba.....	50
Escape.....	Enrique Iglesias	Cha Cha Cha	32
Moving on	Dancelife.....	Slow waltz.....	29
Sam.....	Dancelife.....	Slow waltz.....	29
Somethin' stupid	Robbie Williams	Rumba.....	27
Whenever wherever.....	Shakira	Samba.....	54
Tender heart.....	Lionel Richie	Rumba.....	24

The Dance Magazine

Helmut Lotti

By: Fred Bolder

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Perhaps you can remember that I wrote about the Latin CDs of Helmut Lotti in de numbers 28 and 30. Now he has made a nice Elvis CD. If you take a look at the CD cover you can find a little picture of a dance couple. That's a good sign! The music on this CD is less suitable for dancing compared to his Latin CDs. The Jive songs are great, but unfortunately many songs are too slow for dancing. The rhythm of "Kiss Me Quick" is more like a Rumba, but because of the tempo you can better dance a Cha Cha Cha to it. You can also try a Tango. Sometimes the rhythm looks a bit like a Tango and the tempo is perfect.



Helmut Lotti My Tribute To The King



Enlarged picture of the dance couple

1.....	Suspicious Minds.....	-	-
2.....	One Night with You.....	-	-
3.....	You've Lost that Loving Feeling.....	Bolero.....	20
4.....	Return to Sender.....	Jive.....	34
5.....	Crying in the Chapel.....	-	-
6.....	Are You Lonesome Tonight.....	Slow waltz.....	25 (slow)
7.....	Good Luck Charm.....	Jive.....	33
8.....	Thank You.....	-	-
9.....	Such a Night.....	Jive.....	43 ☺
10.....	I Just Can't Help Believing.....	-	-
11.....	Heartbreak Hotel.....	-	-
12.....	In the Ghetto.....	-	-
13.....	If You Were Mine.....	Cha Cha Cha.....	28 (slow)
14.....	What Now My Love.....	Tango.....	28 (slow)
15.....	Kiss Me Quick.....	Cha Cha Cha.....	33
16.....	Love Me Tender.....	-	-

<http://www.helmutlotti.be/>
<http://www.helmut-lotti.nl/>

The Dance Magazine

Interview Naomi Kolijn

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By: *Miranda*

Sunday 10th March I visited Naomi Kolijn. She is a very talented dancer and dancing is her work and her life... Naomi is only 27 years old, but she has achieved a lot in the dancing world already, time for an interview...

Her dancing partner Marcel and Naomi are sponsored by Dance Discovery. Naomi makes a design of her dress and Dance Discovery really makes the dress.

History of dancing

When did you start taking dancing classes and why?

It started when I was very young. My parents used to dance competitions and I always joined them. I really loved it and as a child I already wanted to become a dancing teacher. When I turned 11 years old, I finally started taking dancing lessons. Before the lesson started I did not feel like it very much, because everybody looked so big and so old. Nevertheless, after the first lesson I was very enthusiastic.

At the end of the second course (silver), I started my first dancing competition and that is how it all started.

I skipped the gold-star level, because I started dancing with a partner who danced a level higher.

When I was 15 years old, I started latin 3 at the NADB.

In 1999, 3 years ago, I became professional.

What did you like best about dancing?

This is a difficult question, I like everything. You can put a lot of emotions and energy in it and I like moving on the music and the variability very much. I also love the 'glitter & glamour' around it.

Do you prefer ballroom or latin?

At the moment, my partner and I are training for latin, but maybe we will start ballroom once. I would love to do all the 10 dances. At the moment I like latin very much, but I think you start to appreciate ballroom more when you become older.

Which dance do you like best and why?

I like the rumba in latin, because you can totally go for it in this dance, it is the dance of love. The biggest advantage of this dance is that it is not too fast, so you can finish all your movements.

In the ballroom, I like the tango and the slow waltz. The tango because of the staccato-movements and the slow waltz because of the music.

Which dances do you not like that much?

I do not like the quickstep very much.

The most difficult dance is the paso doble. The technique of this dance, first the foot then the movement of the weight, is very difficult.

Is dancing part of your bloodstream?

Absolutely and I will never lose it again. Once you get infected with the dancing virus...

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Which part of your life is dancing?

It is my work, my whole life...

If you had to stop dancing because of health reasons, how would you deal with that?

I think that is very difficult. I have an injury myself and in the old days I used to keep going, but now I learned to listen to my body. If I really could not dance anymore, I would find something that has to do with dancing, but I would still find it very hard to just look and not dance myself.

Competitions

Why did you start dancing competitions?

As a child I was already present at dancing competitions of my parents. I used to look around for glitter on the floor, so it started when I was very young....

I always liked to dance competitions and I wanted to grow in the dancing world. Every competition is a challenge for yourself to have a good feeling about the dancing together.

Besides that it is also a challenge to get the highest rates possible for you.



Which level do you dance at the moment?

At the moment, my new partner, Marcel, and I are training. We will start next season, in September, dancing competitions with the professionals.

When did you start dancing as a professional?

I used to dance with the amateurs, until I passed my exam on 'dancing sport trainer, coach & jury-member'. If I stayed with the amateurs, I was not allowed to teach, so I became professional.

Are you going abroad to dance competitions?

If you have the change, you should really do that. I have been in several countries myself.

Are you nervous when you step on the floor?

At every competition there is some healthy tension in my body, but at my first competition with the professionals I was very nervous.

At the pros you know more where you stand, because all the pros dance together, because there are no different classes.

How do you prepare for a competition?

I do a personal warming-up and after that together with my partner. I try to be focussed when I step on the floor.

How do you deal with the jury? Do you play with them or don't they really exist for you?

If I dance, I am busy with my partner and not with the jury. I do try to play with the audience, but my partner and I are focussed on each other.

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How important is the 'look' of a dancing couple according to your opinion?

The 'look' is very important, because that makes you interesting to look at. A good 'look' is not being beautiful, but looking good with hair, clothing and make-up altogether.

I do not give them better scores if I am the jury, because you judge them for there dancing, but your attention is drawn to a couple with a good 'look' much sooner.

Training

How often do you train?

We train four times a week, from which we have one private training from Peter or Rachel at dancing school Welkom in Lisse. Usually we train in Lisse, but sometimes in Amsterdam.

This summer we will train in Amsterdam more, because you have a lot of couples around you from whom you can learn a lot and I like to dance together with motivated people.

Do you come up with new steps yourself?

I like experiments in dancing steps. A program is put together in co-operation with your trainers, so it is not only from the dancers but also not only from the trainers.

Do you always dance the steps in the same order or are you able to improvise?

Usually we dance the same program, but this program is so large, the audience does not have to look at the same part twice. Our programs are at least 1 ½ minutes. If something goes wrong, you have to be able to improvise and because I follow very well, this is not a problem at all.

How many partners did you dance with? If you quit, what is the reason?

Starting the NADB-competitions, I had five partners. The reason we stopped was once because he did not want to because prof, but also because he wanted to quit or it just did not work out.

Teaching

Which study did you do?

I did 'danssporttraining, coach & jury-member NADB/FDO'. You had to have latin 2 or A-level. At that moment I danced latin I, but I did ballroom in the D-class. I should have to do an extra exam to get the A-status. During this exam I had to prove that I was able to dance on A-level. I trained two months with a boy and I passed the test!

I also did a study for visagist, which is also very handy.

Maybe I want to do the FDO-dancing teacher once in the future.

How many lessons do you teach?

I teach from Monday till Friday at dancing school Welkom in Lisse. If there is a dancing evening on Saturday, I also work. Besides that, I also teach the competition dancers at dancing school Postma in Emmen twice a month, the dancing school where I started.

Which lessons do you teach?

I give grouplessons in ballroom dancing, streetdance, showdance, kid-swing, tango of Argentine and salsa. Besides that I also give private training.

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Being the jury

From the moment Naomi passed her jury-exam, she is asked as a jury-member a lot.

Does the choice of jury-members have anything to do with the chances of a dancing couple?
Since I am a jury-member myself, I know these two things have nothing to do with each other. A jury-member usually does not really see the faces of a dancing couple.

Do you like being a jury-member?

Yes definitely, although I do not like the fact that jury-members are not allowed to talk to each other during competitions. That would give the dancers the idea they discuss the dancing of the couples, which they obviously do not. You are standing all day and at the end of the day you are very tired because of the long standing and focussing on the couples.

Is being a jury-member a hard job?

Being a jury-member at the 'debutanten' is hard, because the groups are really big, but there are always some couples dancing better than others.

Music

Which music do you prefer to dance at?

I like typical dancing music. I also like Cuban music to dance on.

Do you have dance-CDs at home?

Yes, a lot. Part of my collection is at the dancing school by the way.

Can you dance 'dry' or do you need music?

We prefer dancing on music, but if we practise new steps, we pitch down the music.

Does the music influence your dancing?

You dance differently on every number that is based on a feeling. Although it is not good to dance with your feeling to much. For example, if you have a cha cha, which you do not like, that shows in the way you dance to that music. You should dance just as good on bad music as on lovely music.

Extra

Is dancing topsport?

Definitely.

Should dancing be part of the Olympics?

Yes and no. It might become too commercial. It depends on the way they put it and the persons they invite for dancing.

By the way, I heard that in 2004, dancing will become an official demonstration sport at the Olympics in Germany.

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Do you think dancing is promoted enough by the media?

No, there is paid to little attention to it. Papers write about dancing once in a while, which is very positive ofcourse. The reason why we do not see too much dancing on tv is because it is too expensive. The Dutch tv wants to have too much money to broadcast and there are too little sponsors.

A group of students visits dancing school Welkom once a year for an introduction. That is how they get in touch with dancing. I think it would be fun if more dancing schools did this.



Naomi & Marcel