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The Dance Magazine

Monthly magazine for ballroom-dancers



This Dance-magazine is a monthly magazine made for and made by ballroom-dancers. Every month you can read about different subjects all concerning ballroom-dancing. We also give you the opportunity to put your add or messages in it. You can send them to me by e-mail.

The Dance-magazine is an edition from Fred Bolder's Ballroom Site

Url: <http://www.xs4all.nl/~fghb/ballroom.htm> or
<http://move.to/stijldansen>

e-mail: fghb@xs4all.nl

You can download this magazine as a Word-file for free.

The Dance Magazine also has its own domain.

url: <http://www.dansblad.nl>

Editors: Fred Bolder & Miranda Jager

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News

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Latin Grammy

On September 18th, Celia Cruz, queen of Salsa has won a Grammy Award with her album "La Negra Tiene Tumbao" in the category "Best Salsa album".

http://grammy.aol.com/awards/latin_grammy/winners_2002.html

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An interview with the VIDA Latin Formation Team

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By: Miranda

The VIDA Latin Formation Team (www.vidalatin.nl) is a formation team which always gets high scores in the Netherlands. Time for an interview...

Pepijn Tammeling is my contact person of the formation team and he gave me the answers to my questions.

1. How long does the formation team already exists? And how long does it exists in the current positions?

The team has a history of 25 years and about the present positions of the dancers: well, that is hard to say, because every season something changes with the couples.

2. Why the name VIDA Latin Formation Team?

VIDA means "Vieberink Dansscholen" of which sir Hennie Vieberink was the owner. Nowadays, one generation further, the dancing school is managed by this grandson and daughter: Ronald and Suzanna Straatman.

3. What is the best part of formation dancing?



The result you receive as a team and after you have a good result, you can party together with the team and if the result is not so good, you will all feel the pain.

4. Is formation dancing more fun than ballroom dancing with a partner?

We believe so, because you come together with the group to train very often and you have a lot of contact with other people and also a lot of fun, during practice, but also after that.

5. Is it hard to get a formation together? Especially with the lady/men-combination?

It is very hard to find people, because everybody must have the same goal. You have to fit in the group and you have to spend a lot of time training. In couple-dancing this is also an issue, but this is much more difficult concerning formation dancing, because you have to deal with a group in which people have different opinions on how things go best.

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6. Do you have a regular formation or do you also dance shifts?

We have a lot of couples that dance with the formation all the time and we do not shift very often. Now and then couples change position in the formation.

7. How much dancing experience do the dancers in the formation team have (in an overall look)?

From gold the most talented couples can start, but usually they start from the other team.

8. How much formation dances do you know by now?

We learn a complete different choreography almost every year.

9. Do you have some dances that return or do you think of new dances every time?

During the dancing season the choreography and the dancing steps change.

10. Who figures out the dances?

The steps are made by our trainers Ronald and Suzanne.

11. Do you have a choreographer that makes sure the lines are good and everything is danced synchronic?

Ronald en Suzanne look to that.

12. How often do you train?

Mostly two or three times a week. For big competitions, like the Dutch Championship, European Championship or World Championship we train more often.

13. What is your strongest point?

That we carry the name VIDA, which stands for team spirit, result and party!

14. Which prizes did you win?

The past years we were Dutch Champions. Last season we became champion of Belgium - the Netherlands and Luxembourg.

15. You have a big change of winning the Dutch Championships formation dances 2002. Are you going to win?

We will certainly go for it. It would be the expectation that we would win, because we won 2 out of 3 grandprix's in the Netherlands. Nevertheless, every competition has to be danced and we have to give a good presentation.

16. When do you start training for the Dutch Championships?

Starting in the summer holidays we will start training seriously for the Dutch Championships.

17. Who figures out the clothing you wear?

Our trainers do that, but we can also give our opinion on that. Most of the time they consider our opinion as well.

18. Do you have a sponsor?

We have a lot of sponsors.

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19. Would you like to add something?

We would love it if a lot of people come look at us at the Dutch Championships so we can give our very best and we can start with a good presentation for the next season. It would be a lovely start for the World Championships in Litouwen in December, for which we qualified. Besides that, we also think that more media-attention would be good for the dancing, so we hope that will happen and the NADB will support that.



The NK Formationdansen (Ballroom and Latin) is on Saturday 2th November at the in 's Hertogenbosch. Information concerning time and location can be found at www.formatiedansen.nl.

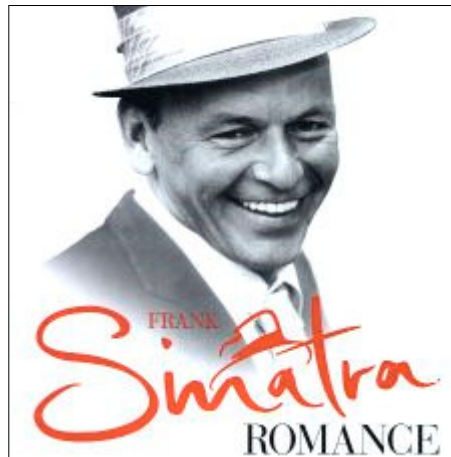
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Frank Sinatra

By: Fred Bolder

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GREAT!! This is very nice ballroom dance music, especially if you like the slowfox.



Frank Sinatra Romance

Dances: Slowfox, Quickstep en Rumba

Price: 14,99 euro

CD 1

1 Strangers In The Night.....	Rumba23
2 Somethin' Stupid (with Nancy Sinatra).....	Rumba26
3 Let's Fall In Love	--
4 I've Got A Crush On You.....	--
5 Something.....	--
6 Night And Day.....	--
7 The Way You Look Tonight.....	Slowfox33
8 I Get A Kick Out Of You.....	Quickstep.....	44
9 Moon River.....	--
10 Come Fly With Me (Live).....	Quickstep.....	40
11 Come Rain Or Come Shine.....	--
12 Love's Been Good To Me	Rumba27
13 Misty.....	--
14 More (Theme From Mondo Cane).....	Slowfox32 ☺
15 You And The Night And The Music	Slowfox32
16 September Song.....	--
17 Cycles	--
18 The Best Is Yet To Come.....	--
19 East Of The Sun (And West Of The Moon)	--
20 You'd Be So Easy To Love	Slowfox32
21 When Somebody Loves You	--
22 I Love You.....	Slowfox32
23 Gentle On My Mind.....	Quickstep.....	46
24 It Had To Be You	--
25 Let's Face The Music And Dance.....	Quickstep.....	42

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CD 2

1 A Fine Romance	-	-
2 I've Got You Under My Skin	Slowfox	34
3 Have You Met Miss Jones?	Slowfox	30 ☺
4 Fly Me To The Moon (In Other Words).....	Slowfox	30 ☺
5 My Funny Valentine	-	-
6 What Is This Thing Called Love?.....	-	-
7 Bewitched	-	-
8 Call Me Irresponsible.....	-	-
9 I'm Beginning To See The Light	Slowfox	29
10 The Very Thought Of You.....	-	-
11 Summer Wind.....	-	-
12 Like Someone In Love.....	-	-
13 Quiet Nights Of Quiet Stars (Corcovado).....	Rumba	27
14 Desafinado	-	-
15 Wave	-	-
16 Watch What Happens	-	-
17 I Have Dreamed	-	-
18 I Only Have Eyes For You.....	-	-
19 Love Walked In	Slowfox	30
20 It's Always You	-	-
21 They Can't Take That Away From Me.....	Slowfox	31 ☺
22 The Look Of Love	Slowfox	35
23 Call Me	-	-
24 It Was A Very Good Year	-	-
25 All The Way (with Celine Dion).....	-	-

<http://www.franksinatra.com/>

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Make your own ballroom dance cd

By: Fred Bolder



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If you have a cd writer then you can make a nice ballroom dance cd. Below every song you can see the link where you can download the mp3 file. All the mp3 files are from <http://www.audiogalaxy.com> so it is legal. Of course most of the songs are not famous, but they are very nice.

- 1 House on the Corner Bobby Wynne Slow waltz 31
http://www.audiogalaxy.com/list/artistInfo.php?&band_id=39838
- 2 Bob Wills Is Still The King Bobby Wynne Quickstep 46
http://www.audiogalaxy.com/list/artistInfo.php?&band_id=39838
- 3 And Now I'll Wait To Hear It Ring Again Bobby Wynne Slowfox 28
http://www.audiogalaxy.com/list/artistInfo.php?&band_id=39838
- 4 Quisiera Saber Carmen Jimenez Salsa 47
<http://www.audiogalaxy.com/list/artistInfo.php?&r=345334>
- 5 Mi Gran Secreto Kokay Cha Cha Cha 31
<http://www.audiogalaxy.com/list/artistInfo.php?&r=123494>
- 6 Crazy Little Thing Called Love Dominic Halpin & the Suspects Jive 40
<http://www.audiogalaxy.com/list/artistInfo.php?&r=234361>
<http://www.audiogalaxy.com/bands/suspects/>
- 7 Out Of The Blue Dominic Halpin & the Suspects Rumba 25
<http://www.audiogalaxy.com/list/artistInfo.php?&r=234361>
- 8 California Moon The Bel-Airs Slowfox 31
<http://www.audiogalaxy.com/list/artistInfo.php?&r=514248>
- 9 Cayo Coco Dave Pike Salsa 56
<http://www.audiogalaxy.com/list/artistInfo.php?&r=22265>
- 10 ... Last Good Day Of The Year Cousteau Rumba 24
<http://www.audiogalaxy.com/list/artistInfo.php?&r=764061>
- 11 ... Empty Chairs Patrick Phelan Bolero 19
http://www.audiogalaxy.com/pages/review.php?band_id=110241
- 12 ... John Law Burned Down The Liquor Sto' Chris Thomas King Quickstep 48
http://www.audiogalaxy.com/pages/review.php?band_id=110238
- 13 ... Mi Amante Amigo Carmen Jimenez Salsa 47
<http://www.audiogalaxy.com/list/artistInfo.php?&r=345334>
- 14 ... Malo Cantidad Carlos Manuel Salsa 50
<http://www.audiogalaxy.com/list/artistInfo.php?&r=631469>
- 15 ... Curly and Sue King Curly Rumba 24
<http://www.audiogalaxy.com/list/artistInfo.php?&r=203252>

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Interview with Jolanda

Personal	
Name:	Jolanda van Velthoven
Sex:	woman
Age:	19
Dance partner(s):	Jelle Hanse
Dance history	
For how long have you been dancing?	7 years
Why did you start ballroom dancing?	Some of my classmates started taking dance lessons and I thought I might also like it. I think it's important, everybody should learn how to dance.
Wich dances did you learn?	Quickstep, Slow waltz, Viennese waltz, Tango, Slowfox, Cha Cha Cha, Rumba, Jive, Mambo, Salsa, Paso Doble, Samba
General	
At which level do you dance?	Topklasse 3
Are you a fanatic dancer?	Yes!!
How many times do you dance in a week?	4 times a week including streetdance and dance evenings.
Do you dance at parties?	Always, if there is an opportunity to dance.
The dance school	
What is the name of the dance school where you dance?	Kramer Dancemasters in Zierikzee

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What do you think of the tempo of the lessons?	For me a bit slow, because I learn the steps very fast. But now I can pay more attention on my technique.
What do you think of the music?	Great!
Do you have enough opportunity to practise?	Yes, but for someone like me it's never enough.
Are there regular dance evenings?	Yes, but unfortunately not in the summer.
If yes, do you visit them?	Almost always. If my dance partner is there, I will be there too.
Ballroom dancing	
Many people say that dancing is just for girls. What do you think of that?	Nonsense, you dance together, a boy and a girl.
They also say that ballroom dancing is not a sport. What is your opinion about this?	Also nonsense. If you dance good, it is very heavy, just like other sports. I don't see any differences.
Do you think that the media is spending enough attention on ballroom dancing?	No, I would like to hear more about it.
The music	
Which music do you like to dance to the most, real dance music or popular music?	For me, that depends from the moment. At competitions I prefer real dance music, but on a dance evening I like to hear popular music.
Do you buy real ballroom CD's?	No, but I have won a CD once and I play that CD regularly.
Can you name some of your favourite dance music?	That is a difficult question. For some dances like the Paso Doble I prefer the real dance music. I don't like it when they use other music for this dance. For the Jive I like fast music. A slow jive is nice for practising a figure, but otherwise it's terrible. I like to dance the Quickstep to popular music, but which song depends on the moment. Also for this dance I don't like slow music.
The Dances	
What is your favourite dance?	Jive
Which dance do you like less?	Slowfox
Which dances do you like the most, Standard or Latin?	It used to be the Latin dances. Now I find it harder to say, because I am better in Ballroom.
Dance clothes	
Are you allowed to wear jeans at the dance school?	Yes, but only neat jeans and not at dance exams or competitions. You are not allowed to wear sport jackets. Not even at the normal lessons.
Do you think that dance schools should allow you to wear jeans?	I think they should not allow jeans at dance exams or competitions. For the lessons I don't care.

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What is your favourite clothing for dancing?	I love clothing, so I always want to look nice. I also find it important that you can move well in your clothes.
Do you think that women should wear a skirt or a dress?	I think they have to at dance exams and competitions, but not during the lessons.
Do you think that men should wear a tie?	Also only at dance exams and competitions
Do you have real dance shoes?	Yes
Competition dancing	
Have you ever danced a competition?	Yes, I dance about 6 competitions a year.
Do you visit dance competitions to watch?	Not yet, but I want to.
Do you watch dance competitions on tv?	Almost always.
Do you think that ballroom dancing should be a part of the Olympic Games?	I think so, because then the olympics become also interesting for me.
Why did you start competition dancing?	It is just great to dance competitions. In the first place I want to say that we have a very nice group at the competitions. It is very companionable. It is also very good to improve your dancing. My dancing is a lot improved since I dance competitions. Of course it is also nice to win a price.
At which level do you dance competitions?	Selection
Which competitions do you dance?	The competitions on Sunday of zuid-west Nederland. These competitions are also often on Monday evening, but then my dance partner can not.
Many competition dancers dance a program? Isn't this boring? In that case leading and following is less important. What do you do if a couple is dancing very near to you? Tell me more.	I don't think it's wrong to dance a program. It gives you more security. It is not boring. Leading and following is still important, because the boy can always change the program to avoid a collision.
How is the atmosphere on the dance floor?	Good.
Don't you get nervous when 6 jury members are watching you?	I am never very nervous during dancing. Of course I am a little nervous, but that is normal. For me it's important that people watch who can tell me what I do wrong. With the results I am nervous.
Do you always agree with the results?	I often agree, but of course not always. A jury always looks for a short moment and that can be a bad or a good moment. That makes it exciting.
What do you think of the music that they use for competitions?	Mostly good, but sometimes it can be better.
Leading / following	
Have you ever danced with someone from another dance school?	I almost never dance with somebody from another dance school. Not that I don't want to. Sometimes I dance with people who quit dancing a long time ago. Older people often have a strange way of dancing.

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What do you think of the fact that you always have to follow?	No problem. In our dance school there are too few boys, so I help at the lower lessons and dance as a boy. I don't care if I have to lead or follow. I like both.
Rhythm	
Do you find it hard to hear the first beat of a measure?	No
Do you find it difficult to dance to music without drums and percussion?	No, except for the Rumba
Do you play a musical instrument?	No
Can you have a little chat with your partner while dancing?	Yes, no problem. Sometimes at the dance lesson I see the teacher look at us, because we are talking too much. I find talking less easy when I want to dance very good. It's a pity to give in, but most of the time my teacher is right.
Thanks !	
Thank you very much for answering the questions. Below you can write something.	
I liked it very much to do this interview. It is handy to pay attention to how I think about these things. Normally you don't even think about some things.	
Greetings Jolanda	

Send a mail to fghb@xs4all.nl if you want me to interview you.

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The first count

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By: Fred Bolder

There you are, on the dance floor during a dance evening. The music is already playing, but you and your partner are still not moving. More and more couples past you, you feel you are getting in the way and you start to become nervous. You have no idea when to start. Yes, on the first count, but where is it? During the lessons, your teacher always counts and then everything is going fine. This is a familiar problem with a lot of dancers and especially with the men, because they have to start. If you are lucky, the lady will follow without any



problem. Dancers who are playing a musical instrument, just like me, usually hear the first count immediately. It does not matter if you can hear drums in the music. Singing only is enough to find the first count. This is fun for musical dancers, but this is a problem for inexperienced dancers.

If you ask your teacher where you can find the first count, you usually get a very vague answer. They don't know how to explain, but they do hear it themselves. If you ask a musician, you will get a story with a musical theory you will probably not understand. This story tells us that people that can hear the first count, mostly cannot explain how they hear it. But if nobody can explain it to you, how can you learn? Don't panic, is it all very simple. Compare it to speaking. If you are just born, you do not understand what people are saying to you. Because everybody starts talking to you, you are going to develop a logic which makes you talk yourself. It is pretty amazing, but the human mind is great. To learn to find the first count, you should listen to music a lot. Now that is what I call nice homework! You should not just listen to the music in a relax way, but you should try to understand the music. Music is just like dancing and talking a language. For example, listen to all quickstep music. Every song sounds different, but you can also hear the same thing coming back. Then listen to tango music. If you do so, you will learn how to recognize what to dance to which music. During the dance lessons you should listen to the counting of your teacher very carefully in combination with the music. You will also find the logic in that. Do this every dance and one day you will also hear the first count. Musicians are just a step ahead, because they are already very much involved in music. Doing so is the perfect way to learn. So musicians have an advantage when they want to learn how to dance? A little bit, yes, but they also have a disadvantage. A dance teacher does not talk the way musicians do. This can be very confusing. Most dance teachers say thing which are musically incorrect, but the 'normal' dancer will immediately understand what he means.

In some sort of music, like the Salsa, non-musical dancers will have less problems with dancing to the music. Musicians hear the strange melodies and this confuses them. I myself experience this as well. I am happy if I hear a cowbell at count 1 and 3.

For the ladies it is also important that they know how to find the first count (ha, you thought you could bail out of it). Otherwise the lady will not be prepared when the man starts dancing and this could lead to very strange things.

Ofcourse I will also tell you some musical theory. On count 1 you usually find an accent. After a drum fill there mostly is count 1. At the start of count 1 there is often a chord change. Good luck!

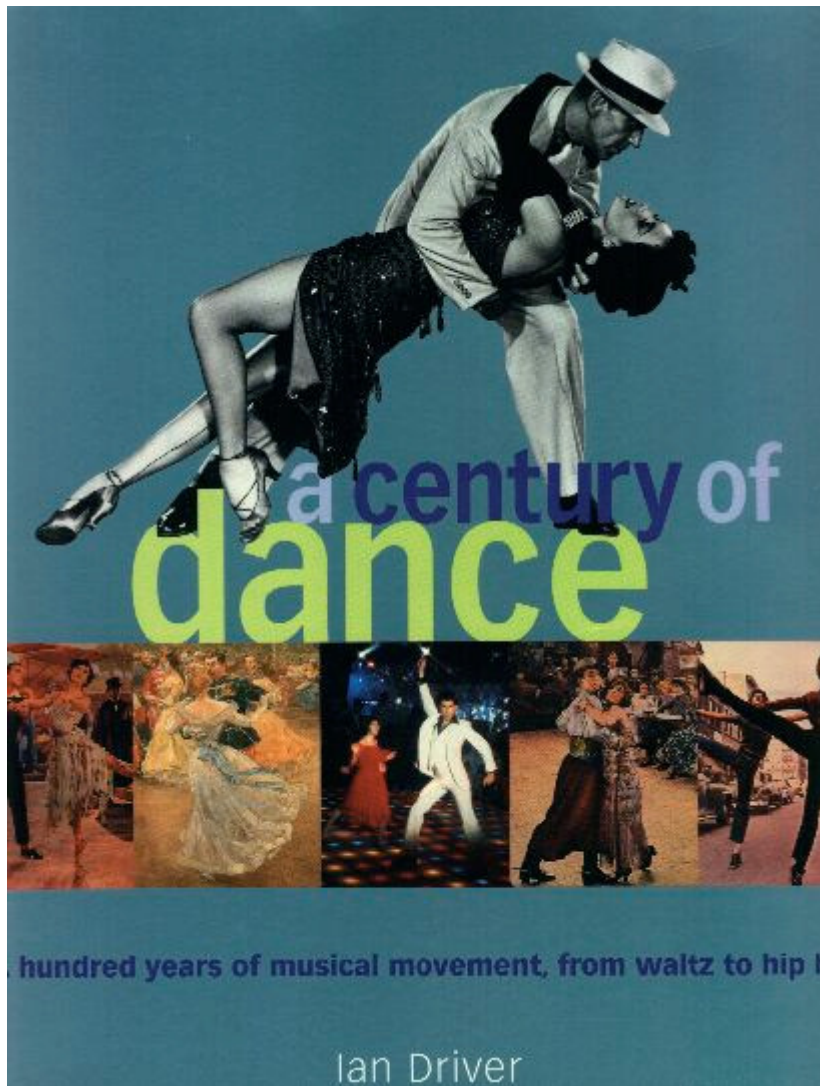
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Boek - a century of dance

By: *Fred Bolder*

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At the book-shop Donner in Rotterdam I saw the book “a century of dance”. In this book there are a lot of stories about the dancing of the past hundred years. There are a lot of photographs included. The book is expensive, so you should better look first if you like it.



a century of dance

A hundred years of musical movement, from waltz to hip hop

Ian Driver

Price: € 44,80

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Hiphop

By: *Miranda*

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Because the newspaper published an article on hiphop, I decided it would be nice to write something about that. Hiphop is a commercial music style. In the old days hiphoppers were very glad they could make a record, but nowadays they go for fame. Another difference with the old days is that every artist had his own style, and nowadays you have a lot of 'clones'. The text is usually about things that interest the young people, for example HIV or violence. Hiphop is a music style and where a music style is, there is a dance style...

I searched on the internet, but I did not find concrete information on what hiphop as a dance style really is. However, I did find out that hiphop is a way of living, that is going with wide clothes, pets and graffiti.

On a website I found the following text:

"Hip-hop is very animated and visual. It is hard to visualise a b-boy move when some one is trying to describe what the move looks like."

When I read this, I decided not to go look any further, because this text is saying that you can not describe hiphop.

Some links about hiphop:

<http://www.hiphop-elements.com/>

<http://www.hiphop.com/> (here you can download hiphop-ringtones)

<http://www.hiphop-directory.com/> (here you can read online hiphop-magazines)

<http://www.hiphopsite.com/>

<http://www.planet-hiphop.com/>

<http://www.hiphop-network.com/>

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Nice links

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Salsa video clips!

http://www.salsaville.com/cool_moves_II_video.htm

http://www.salsaville.com/hmsa/hmsa_video_clips.htm

<http://www.worldsalsafederation.com/photo4.html>

<http://www.clubmayan.com/>

http://www.salsaville.com/video_clips/salc_demo.htm

http://www.how2salsa.com/index_fw.htm

<http://www.latindancepros.com/photos.htm>

De Danspartner Database

<http://www.danspartner.nl/>

Searching for a dance partner

Dansen in Zeeland

<http://people.zeelandnet.nl/beusekom/dans.htm>

Dance evenings etc.

The River Dance

http://www.angelfire.com/ut/EireLibra/the_river_dance.html

Animation

Tanzsportlinks

<http://www.tsz-salzgitter.de/tanz/links.htm>

Dance links

Online dance steps

<http://www.martinvogler.de/tanzschritte.html>

<http://www.fh-furtwangen.de/~tanzref/standard.html>

<http://www.partydirectory.com/dance/>