

February 2003

Number **43**

# The Dance Magazine

Magazine for ballroom dancers



Ian Waite & Daisy Croes in Wijchen

Photo: Fred Bolder

The Dance Magazine is a free magazine made for and made by ballroom dancers. You can read about different subjects all concerning ballroom dancing. We also give you the opportunity to put your add or messages in it. You can send them to me by e-mail.

**The Dance Magazine is an edition from Fred Bolder's Ballroom Site**

Url: <http://www.xs4all.nl/~fghb/ballroom.htm> or  
<http://move.to/stijldansen>

e-mail: [fghb@xs4all.nl](mailto:fghb@xs4all.nl)

You can download this magazine as a Word-file for free.

The Dance Magazine also has its own domain.

url: <http://www.dansblad.nl>

**Editors:** Fred Bolder & Miranda Jager

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Because of illness, this magazine will appear once in two months instead of every month

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## Interview with Susanna

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By: *Miranda*

At the 'Dans der Dageraad', a LARP-event in the Netherlands, I did the workshop 'ancient dancing' from Susanna. After this workshop I asked her if she would be willing to cooperate with an interview and she did...

*1. Did you like to dance when you were a child?*

My mum says that I already started to move very hardly when I heard any music during the time she was pregnant.

*2. Which education did you do?*

I started dancing at the age of 4 with classical ballet and in grammar-school I also joined the jazz-dance group. With the age of 10 I started with various kinds of martial arts. I also played in several theatre groups since I was 6 years old. At the age of 16 I started training oriental and historical dance.

*3. Which dances do you teach?*

Mostly I teach historical dances from antique times over late-medieval to early baroque-era.

*4. Where do you teach?*

I am a regular teacher of a public school near Cologne in Germany, but I also get hired by re-enactment and dance groups in Germany, Belgium, the Netherlands, Austria and Switzerland.

*5. Have you always been a teacher since you graduated or have you also done something else with dancing?*

No I started as a performer and I guess I always will be one. I started teaching at the age of 21. I am teaching for more than 5 years now.

*6. When did your interest in ancient dances start?*

It was always there, but I decided to look more deeper into that stuff when I noticed that too many people suddenly started to do so-called "medieval music and dance". Sadly the most of this stuff today is not proven historical at all. In Germany medieval times and fantasy get mixed to often. I love fantasy-role-playing no doubt about that, but as I work for a museum for example I try to do my job as serious reconstructed as possible.

*7. What do you like so much about the ancient dances?*

It has a lot to do with energy-flowing, feelings and religion. Most of the dances have to do with sacrifices or legends.

*8. Do you have a favourite dance? If yes: which one and why that one?*

I simply do not dance anything that I do not like, because I do not fell any energy-field around me then.

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*9. Which ancient dances do you dance? And from which period are they?*

The dances are from Egypt, Greece and Rome, because there we have the most pictures, statues and texts that are giving us a proper idea how the dances were and by whom and when they were danced. To reconstruct any Celtic or Germanic dances of the iron-age period is sadly not possible, because we are facing a big lack of finds and no written texts. Only some Greek and Roman authors wrote one or two lines about it and we have about 20 images of dancers which is not enough to receive a proper choreography.

*10. Do you only like ancient dances or other dances as well? If others: which one?*

The renaissance era dances from Italy are very impressive to me.

*11. You make a living with dancing. Is dancing also your biggest hobby or is it just work?*

I am also a university student of archaeology and history, so the jobs go together very well. Beside that I own a music-label together with a band and we produced several bands with historical, fantasy and folk music. Lately we started to work out several musicarchaeology projects.

*12. Do you only like the ancient dances or the music as well?*

I build ancient instruments from original finds as well and play them of course.

*13. Which music do you like best for the ancient dances (title of CD/singer)?*

The most authentic ancient music comes from:

“Atrium musicae de Madrid, title: Musique de la Grèce antique”.

For a fantasy point of view:

“Omnia, title: Sine Missione” (available at [www.emmuty.com](http://www.emmuty.com))

*14. How important is music for the ancient dances?*

One cannot be performed without the other.

A lot of instruments were played while the musician also danced.

*15. Do you want to add something more?*

Thank you a lot for the interview!

For more information, you should take a look at: [www.tanzmeisterin.de](http://www.tanzmeisterin.de)

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## Sending Dutch dancing couples abroad

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By: *Miranda*

A lot of people from outside the top of the dancing world are not familiar with the rules of which couples are sent to international competitions. To make this a little bit clearer, I will try to explain how they do this in The Netherlands. Right after the Dutch Championships or at the end of the dancing season, the 'list' is made according to the position of the dancing couples at the Dutch Championships and at the rankinglist.

The number 1 of the Dutch Championships is placed first, the number 1 of the ranking is placed second, the number 2 of the Dutch Championship is placed third and the number two of the ranking as number 4, etc. If a couple is on both lists, the name on the ranking list will be deleted. If two couples have the same ranking number, the one on the list of the Dutch Championship is always before the one on the ranking list. The finalists and runners-up finalists at the Dutch Championships and the first twelve places of the ranking will be on the 'list'.

This list is made for ballroom, as well as for latin and 10-dance. There are also some rules concerning the 'list', which are:

- Number one of the 'list' will go to the European Championship and the World Championship, and if possible also number two, but this is up to the board to decide (except for the 10-dance where only one couple may go);
- Only the number 2 and 3 of the 'list' will be sent to the IDSF-Cup competitions. If the number 2 is sent to the European or World Championship, this changes into the numbers 3 and 4;
- If number 2 and 3 (3 and 4) are not available for the IDSF-Cup competitions, then the higher placed couples in the ranking will be asked. If also these couples are busy, the board will decide whether they place other couples lower on the ranking list or not;
- The number 2 of the 10-dance will go to the IDSF-Cup competitions. If this couple is busy, the number 1 may go. If this couple is also busy, the board will decide whether they place other couples lower on the ranking list or not;
- Invitations for participating competitions abroad who are in the name of the organisation, will be given to the dancing couple who is invited;
- Invitations for participating competitions abroad who are not sent by name, are given to the couples on the 'list' by the board, and ofcourse in a fair play;

If a couple is sent to the European or World Championship, the trainer/coach from the first couple will be invited to accompany the dancing couple. If he/she is busy, the trainer/coach of the second couple will be invited. Both under financial condition, which will be made later.

The Board has the right to change this rules, based on financial, dancetechnical reasons, well motivated of course.

Source: NADB Bondsblad nr 4, May 2001

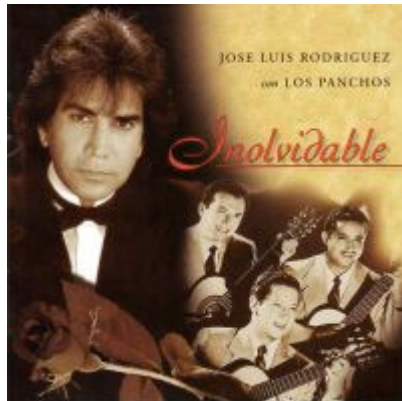
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## Jose Luis Rodriguez

By: Fred Bolder

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By the name of the artist and title of the cd, you can figure out the sort of music that you can expect. This is a cd with very nice Bolero music. Bolero music that is not too slow is very suitable for dancing international Rumba. They often use Bolero music at dance competitions.



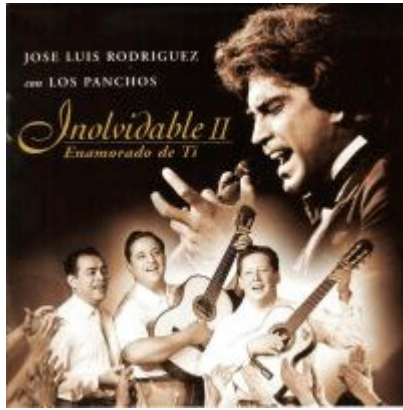
### Jose Luis Rodriguez con Los Panchos Inolvidable

1.....Poquita Fe .....	Rumba.....	24
2.....Perdón .....	Rumba.....	25
3.....La Hiedra .....	- .....	-
4.....Esta Cobardía.....	Rumba.....	25
5.....Amorcito Corazón.....	Rumba.....	26
6.....Sin Un Amor.....	Rumba.....	25
7.....Toda Una Vida.....	Rumba.....	25
8.....Mar y Cielo .....	Rumba.....	25
9.....No Me Quieras Tanto .....	- .....	-
10.....Camino Verde .....	Rumba.....	24
11.....Caminemos .....	Rumba.....	24
12.....Un Siglo de Ausencia .....	Rumba.....	25
13.....Rayito De Luna .....	Rumba.....	28
14.....Si Tú Me Dices Ven.....	Rumba.....	24
15.....Contigo.....	Rumba.....	25

Look at the next page for more!

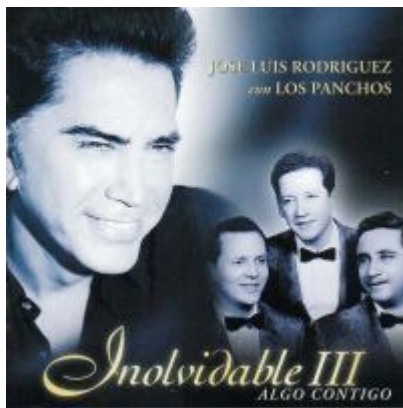


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**Jose Luis Rodriguez con Los Panchos**  
Inolvidable II

1.....Celoso .....	Rumba.....	25
2.....Capullito De Aleli .....	- .....	-
3.....Obsesión.....	Rumba.....	26
4.....Flor De Azalea .....	Rumba.....	25
5.....Somos.....	Rumba.....	23
6.....Enamorado De Ti.....	- .....	-
7.....Triunfamos.....	Rumba.....	26
8.....Moliendo Café .....	- .....	-
9.....Pa' Todo El Año.....	- .....	-
10.....Hasta Siempre Amor.....	Rumba.....	25
11.....Noche De Paz.....	Rumba.....	23
12.....El Adios .....	- .....	-



**Jose Luis Rodriguez con Los Panchos**  
Inolvidable III

1.....Algo Contigo.....	Rumba.....	24
2.....Un Poco Más.....	Rumba.....	25
3.....Perdoname Mi Vida .....	Rumba.....	25
4.....Diariamente.....	Rumba.....	26
5.....Sabrás Que Te Quiero.....	- .....	-
6.....Espinita .....	- .....	-
7.....Somos Diferentes .....	Rumba.....	25
8.....Quiereme Mucho .....	- .....	-
9.....Muy Tarde.....	Rumba.....	27
10.....La Corriente .....	Rumba.....	25
11.....Aunque Me Cueste La Vida.....	Rumba.....	25
12.....Ansiedad .....	- .....	-



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## Tips for clothing

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By: *Fred Bolder*

Step – back – cha – cha – cha !@#&% Not again, my shirt is out of my trousers again!! You might also have this problem, that is why I decided to write something about it. For most problems there is a solution. I thought of a solution for some problems myself and for some issues someone told me the solution and I also got a lot of information from the internet. To make sure your shirt will not get out of your trousers, you should use some safety-pins to attach your shirt to your underwear. Herewith you have to make sure you can still move your arms upwards; it should not be too tight. It always comes in handy to have some safety-pins with you, in case your clothing is will be scoured. You should also bring your sewing-things to a competition, in case something happens to your beautiful dress.

A lot of dancers also have troubles with slippery floors or shoes. On some sites you will find that you have to walk through Cola (!), but this is something you should definitely not do. Fluid is very bad for your dancing shoes. Do not walk over the street as well, because this is not where your dancing shoes are made for. Always be sure you have a brush with you so you can remove the dirt from the bottom of the shoes. You can put a panty over this brush to make sure the dirt does not come stay into it. Even if your shoes are completely clean, the floor can be pretty slippery. You can always ask your dancing teacher to put some paraffin on the floor. You can also buy this in the store; put something on the floor and walk through it with your shoes. This is pretty expensive stuff, but you can use it for a long time as well. Nevertheless, you should not start with this stuff too soon. A good dancer can also dance on slippery floors. To be sure your feet do not hurt too much, you have to make sure your dancing shoes fit properly. The shoes should be tighter than normal walking shoes, because your feet should not slip in it. Men can use thicker socks, but use black ones, because your shoes and pants are also dark, otherwise it looks so funny. Make sure you always put a double knot in your shoelaces. For ladies it is more difficult to buy dancing shoes that fit perfectly. You should bring your panty with you when you want to buy dancing shoes.

If you do competition dancing, it is very nice when the man and lady wear the 'same' clothes. The man can for example wear a knot in the same color as the skirt from the lady. Always wear clothes in which you feel comfortable. Short tight skirt or dresses are not very comfortable.

Some plaster in your purse always come in handy, in case you get a little accident. This will make sure you and your partner will not get blood on the clothes.

If you have some more handy tips for clothing, send an e-mail to [fgbh@xs4all.nl](mailto:fgbh@xs4all.nl).

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## Make your own ballroom dance cd

By: Fred Bolder



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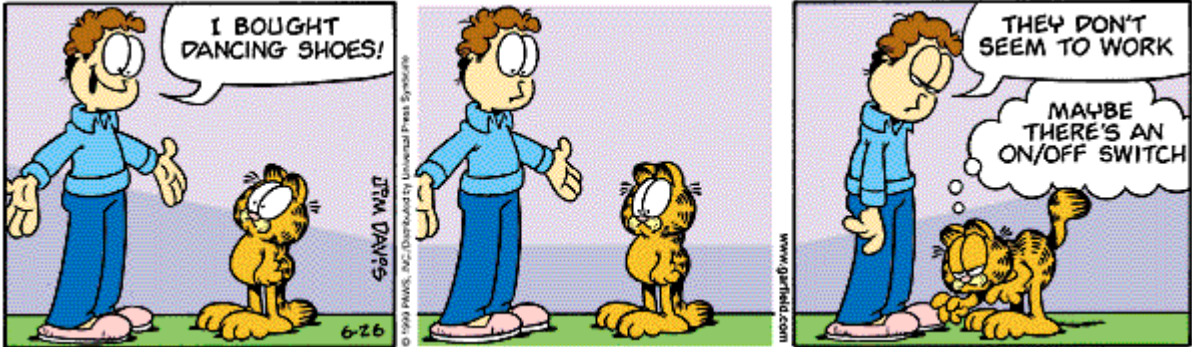
If you have a cd writer then you can make a nice ballroom dance cd. Below every song you can see the link where you can download the mp3 file. All the mp3 files are from <http://www.mp3.com> so it is legal. Of course most of the songs are not famous, but they are very nice.

- 1 ..... En mi viejo San Juan ..... Jose Luis ..... Rumba..... 28  
[http://nl.artists.mp3s.com/artists/489/jose\\_luis.html](http://nl.artists.mp3s.com/artists/489/jose_luis.html)
- 2 ..... We Can't Tell Them..... Shirley Frederickson..... Slow waltz ..... 30  
[http://artists.mp3s.com/artists/51/shirley\\_frederickson.html](http://artists.mp3s.com/artists/51/shirley_frederickson.html)
- 3 ..... La Veta Pass ..... Will\_Dudley ..... Quickstep..... 52  
[http://nl.artists.mp3s.com/artists/106/will\\_dudley.html](http://nl.artists.mp3s.com/artists/106/will_dudley.html)
- 4 ..... Shaker Song..... Patrick J. Murphy ..... Samba ..... 48  
[http://artists.mp3s.com/artists/201/patrick\\_j\\_murphy.html](http://artists.mp3s.com/artists/201/patrick_j_murphy.html)
- 5 ..... Indian Summer ..... Patrick J. Murphy ..... Slowfox..... 29  
[http://artists.mp3s.com/artists/201/patrick\\_j\\_murphy.html](http://artists.mp3s.com/artists/201/patrick_j_murphy.html)
- 6 ..... Petite Fleur..... Patrick J. Murphy ..... Slowfox..... 29  
[http://artists.mp3s.com/artists/201/patrick\\_j\\_murphy.html](http://artists.mp3s.com/artists/201/patrick_j_murphy.html)
- 7 ..... Nadie Como Tu ..... Alex Torres..... Salsa..... 51  
[http://nl.artists.mp3s.com/artists/80/alex\\_torres\\_and\\_the\\_latin\\_.html](http://nl.artists.mp3s.com/artists/80/alex_torres_and_the_latin_.html)
- 8 ..... La Tracionera..... Alex Torres..... Merengue ..... 75  
[http://nl.artists.mp3s.com/artists/80/alex\\_torres\\_and\\_the\\_latin\\_.html](http://nl.artists.mp3s.com/artists/80/alex_torres_and_the_latin_.html)
- 9 ..... A One Night Stand ..... Alex Torres..... Cha Cha Cha ..... 34  
[http://nl.artists.mp3s.com/artists/80/alex\\_torres\\_and\\_the\\_latin\\_.html](http://nl.artists.mp3s.com/artists/80/alex_torres_and_the_latin_.html)
- 10 ... Romanza De La Noche ..... John Cortese ..... Rumba..... 25  
[http://nl.artists.mp3s.com/artists/495/john\\_cortese.html](http://nl.artists.mp3s.com/artists/495/john_cortese.html)
- 11 ... Michelle ..... John Cortese ..... Slowfox..... 30  
[http://nl.artists.mp3s.com/artists/495/john\\_cortese.html](http://nl.artists.mp3s.com/artists/495/john_cortese.html)
- 12 ... El Malibu de Benito Camejo ..... Alfred Gomez ..... Cha Cha Cha ..... 30  
[http://nl.artists.mp3s.com/artists/313/alfred\\_gomez.html](http://nl.artists.mp3s.com/artists/313/alfred_gomez.html)
- 13 ... Magdalena ..... Dejalos Que Hablen..... Samba ..... 51  
[http://nl.artists.mp3s.com/artists/382/dejalos\\_que\\_hablen.html](http://nl.artists.mp3s.com/artists/382/dejalos_que_hablen.html)
- 14 ... Danae Tango..... Jambeau ..... Tango..... 29  
<http://nl.artists.mp3s.com/artists/123/jambeau.html>
- 15 ... More Than You Could Know ..... Front Porch Country Band..... Quickstep ..... 45  
[http://nl.artists.mp3s.com/artists/315/front\\_porch\\_country\\_band.html](http://nl.artists.mp3s.com/artists/315/front_porch_country_band.html)

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## Comic

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## Nice links

By: Fred Bolder

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### Lattari

<http://www.lattari.net/tanssikoulu/videot.htm>

Dance video clips

### Tansmusik

<http://www.tanzschule-philippsen.de/seiten/wissenswertes/tanzmusik.php>

Ballroom dance music titles

### Leeds University Ballroom Dancing

[http://www.leeds.ac.uk/union/socs/ballroom\\_dancing/](http://www.leeds.ac.uk/union/socs/ballroom_dancing/)

Dance steps

### Music To Dance To!

<http://music.dancenantucket.org/music/>

Ballroom dance music titles

### Ballroom Dance Clipart and Images

<http://about-image-company-logos.com/Dance/Clipart/>

Clipart

### Mark's Dance Site

<http://www.mjames.org/video.html>

Dance video clips

### Tanzmusikdatenbank

<http://www.tanzsport.cc/musik.htm>

Ballroom dance music titles

### Dansstudio Swing

<http://www.dansstudioswing.nl>

Information about WSI

### Spirit of the dance

<http://www.spiritofthedance.com/>

Irish dancing