April 2003 Number **45** 



## Magazine for ballroom dancers



The Dance Magazine is a free magazine made for and made by ballroom dancers. You can read about different subjects all concerning ballroom dancing. We also give you the opportunity to put your add or messages in it. You can send them to me by e-mail.

#### The Dance Magazine is an edition from Fred Bolder's Ballroom Site

- Url: <u>http://www.xs4all.nl/~fghb/ballroom.htm</u> or <u>http://move.to/stijldansen</u>
- e-mail: <u>fghb@xs4all.nl</u>

You can download this magazine as a Word-file for free.

The Dance Magazine also has its own domain. url: <u>http://www.dansblad.nl</u>

Editors: Fred Bolder & Miranda Jager

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### The first count

By: Fred Bolder

A little while ago someone in the newsgroup rec.arts.dance responded to my article of 'the first count' in Dance Magazine 39. In this article I wrote about dancers who found it hard to hear the first count of the music. He said he liked reading the article, but he said there was not enough information in it. The message of my story was that if you spend a lot of time on music like with dancing or singing, you will learn. One person learns it easier than another. Because this does not work for all people he thought I also should have told about the repetitive patterns. At first I did not quit understand this, but he is absolutely right. I always hear very quickly where the first count is, but to explain how I hear it is very hard. After some study I now know how I hear it. Music contains a lot of repetitive patterns. These patterns are often not exactly the same, but they really look alike. Your brains can recognize the patterns, which helps you finding the right counts. The more you are working with music, the more trained your brains will be. You become more musical every day. The things that play a part in this recognition are volume, time and pitch. Although most people think volume is the most important one, I believe the pitch is much more important. As a test I made a MIDI-file (sound fragment) with all quarter notes and the same volume. You can download this file at http://www.dansblad.nl/test.htm.

Try to find out what you can dance to this. If you can recognize the dance, you will immediately understand that you can also dance to vocals only. Repetitive patterns can be in several forms. This is why it is hard to explain to someone how you hear the first count. If you hear three notes with the same pitch and after that three notes with a higher pitch, then you can call it a repetitive pattern. If all the notes are of the same length, it probably is in 3/4 time. By listening to several instruments, you will become more assure about the rhythm. I know that for some people this is easier said than done. For some people it even is difficult to recognize pitch differences. If you find this hard, it is best to try to clap with easy music, like real ballroom music or house. If even this does not work, ballroom dancing is probably not a good hobby for you. If your dance teacher counts with you in the beginning and you can dance the rest of the song without help, there is hope. Dancers who never have problems with the music, should test their musical talent by dancing to my selfmade number 'A Waltz or not a Waltz'. You can download this number at <a href="http://www.xs4all.nl/~fghb/0503.htm">http://www.xs4all.nl/~fghb/0503.htm</a> Don't worry if you can't dance to this music. I even saw the best dancers do really strange things to this number. Good luck!

### Make your own ballroom dance cd

By: Fred Bolder



If you have a cd writer then you can make a nice ballroom dance cd. Below every song you can see the link where you can download the mp3 file. All the mp3 files are from <a href="http://www.mp3.com">http://www.mp3.com</a> so it is legal. Of course most of the songs are not famous, but they are very nice.

| 1 Forever On My Mind Anne Kristin   |
|---|
| 2 Dance All Night   |
| 3 Snowbird  |
| 4 Hello Darlin'   |
| 5 I'm Really Not Over You Yet   |
| 6 Whiskey Song  |
| 7 Learning To Cry   |
| 8 Ease My Aching Heart  |
| 9 Tequila Sunrise   |
| 10 Fallin' In Love Louisa   |
| 11 Tip The Bottle Benny Barnes Cha Cha Cha 33<br>http://nl.artists.mp3s.com/artists/220/benny_barnes.html |
| 12 Nothing Good   |
| 13 How Do You Love Me   |
| 14 Guess Who's Back In Town Mindy Miller  |
| 15 Legends Of The West  |

### Jim Reeves - part 1

By: Fred Bolder

Country music is very suitable for ballroom dancing. You can dance to almost every song of Jime Reeves.



**Jim Reeves** Welcome To My World

16 cd's with a lot of music for dancing

| <b>CD 1</b> |                                |           |    |
|-------------|--------------------------------|-----------|----|
| 5           | What Were You Doing Last Night | Slowfox   | 27 |
| 6           | Wagonload Of Love              | Quickstep | 46 |
| 7           | I Could Cry                    | Slowfox   | 29 |
| 9           | Butterfly Love                 | Quickstep | 49 |
| 18          | My Rambling Heart              | Quickstep | 52 |

| <b>CD 2</b> |                       |           |    |
|-------------|-----------------------|-----------|----|
| 2           | Penny Candy           | Quickstep | 45 |
| 9           | Give Me One More Kiss | Quickstep | 48 |
| 11          | How Many              | Slowfox   | 29 |
| 18          | Each Beat Of My Heart | Slowfox   | 28 |
| 19          | Heart Breaking Baby   | Slowfox   | 32 |

| <b>CD 3</b> |  |                |    |
|-------------|--|----------------|----|
| 2           | I'm Hurtin' Inside                     | Slowfox        | 28 |
| 3           | If You Were Mine                       | Quickstep      | 49 |
| 4           | That's A Sad Affair                    | Quickstep      | 46 |
| 6           | Jimbo Jenkins                          | Quickstep      | 49 |
| 7           | I've Lived A Lot In My Time            | Slowfox        | 29 |
| 11          | Waltzing On Top Of The World           | Viennese waltz | 53 |
| 12          | Beyond A Shadow Of A Doubt             | Slowfox        | 33 |
| 13          | Love Me A Little Bit More              | Quickstep      | 43 |
| 14          | According To My Heart                  | Jive           | 31 |
| 15          | Each Time You Leave                    | Slowfox        | 31 |
| 20          | Have I Told You Lately That I Love You | Slowfox        | 31 |
| 21          | Oklahoma Hills                         | Quickstep      | 49 |
| 24          | I've Got Just The Thing For You        | Quickstep      | 53 |
| 27          | According To My Heart                  | Jive           | 33 |

| 28 | Don't Tell Me   | Slowfox | 33 |
|----|-----------------|---------|----|
| 29 | I Can't Fly     | Slowfox | 31 |
| 32 | Look Behind You | Slowfox | 27 |

| CD 4 |                            |            |    |
|------|----------------------------|------------|----|
| 1    | Four Walls                 | Slow waltz | 32 |
| 11   | Two Shadows In Your Window | Slow waltz | 28 |
| 25   | Anna Marie                 | Slow waltz | 32 |
| 26   | Seabreeze                  | Slowfox    | 31 |
| 30   | Wishful Thinking           | Quickstep  | 49 |



| CD 5 | ;                                  |            |    |
|------|------------------------------------|------------|----|
| 1    | Charmaine                          | Slowfox    | 32 |
| 2    | Mona Lisa                          | Slowfox    | 32 |
| 3    | Marie                              | Slow waltz | 27 |
| 4    | Goodnight Irene                    | Slow waltz | 31 |
| 6    | Maria Elena                        | Slow waltz | 27 |
| 7    | My Mary                            | Slowfox    | 33 |
| 9    | Margie                             | Quickstep  | 49 |
| 11   | Sweet Sue, Just You                | Quickstep  | 53 |
| 12   | Overnight                          | Quickstep  | 48 |
| 14   | How Long Has It Been               | Slow waltz | 28 |
| 17   | The Padre Of Old San Antone        | Slow waltz | 32 |
| 21   | A Beautiful Life                   | Slowfox    | 30 |
| 22   | In The Garden                      | Slow waltz | 32 |
| 24   | Whispering Hope                    | Slow waltz | 32 |
| 25   | The Flowers, The Sunset, The Trees | Slow waltz | 31 |

| CD 6 | 6                             |                |    |
|------|-------------------------------|----------------|----|
| 6    | Just Call Me Lonesome         | Slowfox        | 29 |
| 9    | Dear Hearts And Gentle People | Quickstep      | 48 |
| 11   | Satan Can't Hold Me           | Slow waltz     | 31 |
| 14   | Home                          | Quickstep      | 44 |
| 17   | He'll Have To Go              | Slow waltz     | 28 |
| 18   | In A Mansion Stands My Love   | Jive           | 37 |
| 20   | Snowflake                     | Quickstep      | 41 |
| 21   | But You Love Me Daddy         | Viennese waltz | 50 |
| 25   | What Would You Do?            | Slowfox        | 31 |

| CD 7 | 7                                |            |    |
|------|----------------------------------|------------|----|
| 2    | You're Free To Go                | Slow waltz | 27 |
| 3    | You're The Only Good Thing       | Slow waltz | 27 |
| 5    | Oh, How I Miss You Tonight       | Slow waltz | 27 |
| 13   | I Missed Me                      | Slow waltz | 29 |
| 14   | I Know One                       | Slowfox    | 28 |
| 18   | The Wreck Of The Number Nine     | Quickstep  | 49 |
| 28   | It Hurts So Much (To See You Go) | Slow waltz | 27 |

| CD 8 |  |            |    |
|------|--|------------|----|
| 13   | What Would You Do?                       | Slowfox    | 28 |
| 16   | Missing Angel                            | Rumba      | 27 |
| 17   | (Write On Paper) What I Feel In My Heart | Jive       | 33 |
| 19   | Losing Your Love                         | Slow waltz | 29 |
| 20   | A Railroad Bum                           | Quickstep  | 52 |
| 21   | When Two Worlds Collide                  | Slow waltz | 27 |
| 24   | Blue Side Of Lonesome                    | Slow waltz | 32 |
| 25   | I Won't Forget You                       | Slow waltz | 28 |

### Dancing with your computer

By: Fred Bolder

Some time ago I was making a new Slow waltz figure in DansCAD. You can download this software for free at my site: <u>http://www.xs4all.nl/~fghb/07e.htm</u> A part of this figure was already in an existing figure, so it would be handy if I could copy it. Unfortunately it is not possible to copy a part from one figure to another figure. Time for a new version of DansCAD!



From version 2.08 you can use the BLOCK command to write or read steps. Here is an example.

Open the figure from which you want to copy a part and use the GOTOSTEP command to go to the first step of that part. Set the start of the block as shown below.

Command: **b** BLOCK End/Move/Read/Start/Write <S>: **s** 

Go to the last step of the part that you want to copy and set the end of the block.

Command: **b** BLOCK End/Move/Read/Start/Write <S>: **e** 

Write the block to a file.

Command: **b** BLOCK End/Move/Read/Start/Write <S>: **w** Filename <TEMP>: (press Enter to write to the file TEMP.FIG)

Of course you can also write to another file. If the file already exists, the following question appears.

File exists. Overwrite? <N>:

Type Y to overwrite the file or N to cancel the command.

If you like you can open the file with the OPEN command to verify the part that you want to copy.

Open the figure in which you want to use the written steps. Read the block.

```
Command: b
BLOCK
End/Move/Read/Start/Write <S>: r
Filename <TEMP>: (press Enter to read the file TEMP.FIG)
```

The new steps will always be inserted after the existing steps. The inserted steps will be selected as a block. With the option Move of the BLOCK command you can move the copied part to another position. After moving the part, the block selection will change with the part, so that you can quickly do more operations on the same block.

```
Command: b
BLOCK
End/Move/Read/Start/Write <S>: m
Number of steps (negative=backwards) <0>:
```

Below you can see a block movement of two steps to the left. Before moving the steps 11..16 are in the block.

| 1 | 2 | 3 | 4 | 5   | 6          | 7   | 8 | 9  | 10 | 11 | 12 | 13 | 14 | 15 | 16 |
|---|---|---|---|-----|------------|-----|---|----|----|----|----|----|----|----|----|
|   | - | - | - | г _ | Г <u>-</u> | г _ |   |    |    |    |    |    |    |    |    |
| 1 | 2 | 3 | 4 | 5   | 6          | 7   | 8 | 11 | 12 | 13 | 14 | 15 | 16 | 9  | 10 |
| r |   |   |   |     | 1          | 1   |   |    |    |    |    |    |    |    |    |
| 1 | 2 | 3 | 4 | 5   | 6          | 7   | 8 | 9  | 10 | 11 | 12 | 13 | 14 | 15 | 16 |

#### Nice texts for bumperstickers

By: Silvia Jager

"I don't smoke, I dance!" Contributed by: Anoniem

"No wonder women are so angry...they even have to dance backwards." Contributed by: Anoniem

"I can't sing, but I can dance!!!" Contributed by: Maartje

"Wanna dance? Watch out for my shoes!!" Contributed by: crazy hakje

"Dancing is Life, everything else is just details" Contributed by: Anoniem

"Dance to Live, or Live to Dance?" Contributed by: Anoniem

"If you think dancers aren't athletes, Think Again" Contributed by: Anoniem

"Dancer With An Attitude" Contributed by: Anoniem

"Life is Simple. Eat, Sleep, Dance" Contributed by: Anoniem

"I brake for dancers" Contributed by: Anoniem

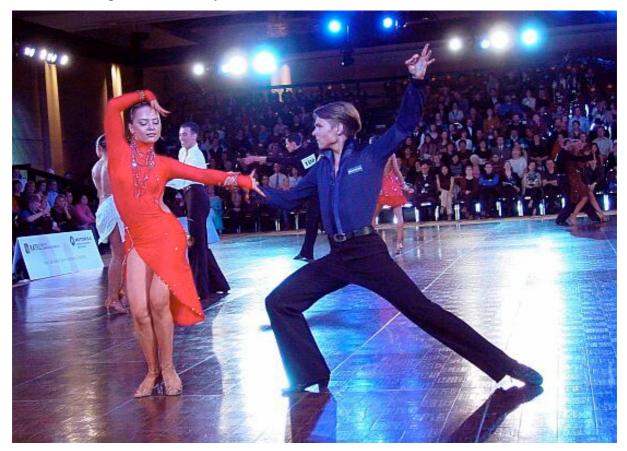
"Once a Dancer, Always a Dancer." Contributed by: Anoniem

Found at "The Dutch Ballroom Server" <u>http://www.tdbs.is.nl/</u>

### World Ballroom Dance Championship "Snowball 2003"

By: Fred Bolder

I received a mail from Anna Filippova about the world ballroom dance championship in Vancouver. I live in The Netherlands, so I don't visit Vancouver very often <sup>(2)</sup> She has made some beautiful pictures. Below you can read the article of Boris Garbuzov.



On 21-23 February World 10 dance championship took place in Hyatt Regency Hotel located in downtown Vancouver. 29 couples partook in the event. The title of champions reconfirmed Moscow residents Marat Gimaev and Alina Bassiouk. Second place was taken by couple from Slovenia – Misa Cigoj and Anastasia Novojilova.

In Snowball Classic Latin category was won by Latin world champions Franco Formica and Oksana Nikiforova competing for Germany. Winners in Standard - Brian Eriksen and Marianne Eihilt. Misa and Nastia were second in both categories. There is local prize of best British Columbia couple. In Adult Latin category it was given to Dmitry Ilyushenov and Katerina Virshilas, in Adult Standard – to Joel Marasigan and Clara Shih, in both Youth programs – to Vadim Garbuzov and Nadiya Dyatlova. On the concluding show of nine best Standard best couples with mixed partnership Misa Cegoj again excited the public by somewhat challenging dance with partner of Ukrainian participant Dmitro Vlokh. Brian Eriksen tried to smooth the confusion on the fly. Jim Fraser, chairman of Canadian Dance Federation, congratulated everybody with vote in favor of winter Olympics in Vancouver and expressed the hope of final inclusion of Dance Sport into summer Olympics in 2008. Boris Garbuzov, 26 February 2003.





Detailed results could be found at <a href="http://www.snowballclassic.com/sb/event/results.html">http://www.snowballclassic.com/sb/event/results.html</a>

Anna Filippova, there were some problems with your e-mail address, so I hope you read this.

Thank you very much for the beautiful pictures that you have made and for the article.

Fred

Nice links

By: Fred Bolder

#### **Russian-American society of social dance**

http://www.socialdance.ru/video\_eng.html Dance video clips of ballroom, latin, country, belly and more.

#### Dansesport

http://www.dansesport.com/index.php?id=21 Dance video clips

Nancy's Dance Fashion http://www.nancysdancefashion.nl/ Dance clothes

Victoria's Dance Fashion http://www.victoriasdancefashion.nl/ Dance clothes

Sport Dancer http://www.sportdancer.net/ A lot of ballroom dance photographs

#### Dancemotion

http://www.dancemotion.nl/ A lot of ballroom dance photographs

#### **Dancelife International**

http://www.dancelifeinternational.com.au/ Listen to the newest ballroom dance CDs

Ballroom dance music titles http://wwwstd.enmu.edu/bdc/music.htm http://dolphin.upenn.edu/~ballroom/music/dances.html

Dance movies http://www.discoswingworld.ch/other/movies.html

**Jo's Danceworld - Eastern** <u>http://64.38.119.228/mdjeast.htm</u> Belly Dance clipart