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# The Dance Magazine

Magazine for ballroom dancers



Day of Dance 2003 in Rotterdam

Photo: Fred Bolder

The Dance Magazine is a free magazine made for and made by ballroom dancers. You can read about different subjects all concerning ballroom dancing. We also give you the opportunity to put your add or messages in it. You can send them to me by e-mail.

**The Dance Magazine is an edition from Fred Bolder's Ballroom Site**

Url: <http://www.xs4all.nl/~fghb/ballroom.htm> or  
<http://move.to/stijldansen>

e-mail: [fghb@xs4all.nl](mailto:fghb@xs4all.nl)

You can download this magazine as a Word-file for free.

The Dance Magazine also has its own domain.

url: <http://www.dansblad.nl>

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# The Dance Magazine

## Index

Index.....	1
Ancient dances .....	2
The Samba.....	3
Nice Quotes about dancing .....	4
Make your own ballroom dance cd .....	6
Jim Reeves - part 2 .....	7
Your favourite dance music .....	10
Nice links.....	11

# The Dance Magazine

## Ancient dances

*By: Miranda*

Ancient dances are dances which are not well known anymore nowadays, but which were danced very often in the old days. The 'Valetta', polka (German Polka, Crosspolka) and different waltzes (St. Berhardswals, Frülingsboten) are examples of those dances. The foxtrot is also called an ancient dance, although it is not. The foxtrot is almost the same as the quickstep, they just changed the name and they speeded it up a little.

Nowadays people do dance polka's, but not very often anymore and if someone dances them, it is probably the older generation.

Clip-dancing is also an old dance, and a new one at the same time. Clip-dancing started when they started making videoclips. Usually these dances are popular for a short period of time and therefor forgotten very quickly. Because these dances are popular for just a short time, you could call them 'old' dances. Most dancing schools choose one clipdance every year to teach their students. These dances are not done as a couple, but in a group. The macarena and the ketchupsong are very good examples.

The polonaise is also an example of an old dance from 1700, which is still danced by the way. In the old days, this was a triumphdance for the soldiers returning home or the farmers, but nowadays this dance is performed at weddings and parties. The nice thing of this dance is that everybody can do it. You make a large chain of people who are jumping and slowly moving forward.

# The Dance Magazine

## Samba

By: Fred Bolder

The Samba finds its origin in Africa, but was discovered and made popular in Brazil. This dance is all about carnival and happiness. The Samba as we know in Europe is one of the many variations. We use, just like with the ballroom dances, the whole dance floor. We actually portray a parade. During the carnival in Rio de Janeiro there are enormous parades with dancers. The ladies show their best hip moves. They keep their head still during this to



prevent the feather-head from falling off. In Brazil there is also a Samba as a dance for couples. This slower version is called Pagode. The international Samba is danced to music in 2/4 with a tempo of about 50 bars per minute. Some instruments that are used for real Samba-music are the Surdo, Agogo, Tamborim, Pandeiro and the Ganzá Shaker. The most important instrument is the Surdo. This is a Brazilian bass drum with a very low tone, that you almost don't hear. Surdo means deaf in Portuguese. The Surdo Rhythm is the heartbeat of the Samba. A common used Surdo pattern is '1 a2 a', which has the beat values 3/4 1/4 3/4 1/4. On the count of two the Surdo is played open, which makes it sound louder. The Agogo is a double bell that makes the melodic sound.

Nowadays most people use normal drums for playing the Samba music. They often add some percussion to make it sound more exotic. Examples

are 'Ain't it funny' from Jennifer Lopez and 'Bailamos' from Enrique Iglesias.

We usually dance the basic rhythm '1 a2', but also variations like '1 2' and '1 a2 a' are very common. A thing that shows the Samba is the bounce. This movement is pretty hard to learn. My dance teacher once explained the basic forward and back as a jump, which makes it a lot easier. A good dance teacher is half of the work.

Links to Samba sites

<http://samba.pagina.nl/>

Samba Glossary

[http://www.angelfire.com/music4/estrada\\_real/glossary.html](http://www.angelfire.com/music4/estrada_real/glossary.html)

Samba music titles

<http://www.tanzmusik-online.de/search.php?Tanz=S>

Carnaval in Rio

<http://www.xs4all.nl/~peenuts/stutters/seingever/rio.htm>

# The Dance Magazine

## Nice Quotes about dancing

By: *Silvia Jager*

"Dancing is letting your body talk!!!!!!!!!"

Contributed by: Onno

"Je bent een rund als je geen Cha Cha kunt."

Contributed by: Eelke Spaak

"Dansen is een verticale uiting van een horizontaal verlangen!"

Contributed by: Dennis

"Dancers Shouldn't worry if they can't get the steps right, it's not life or death, it's far more serious than that!"

Contributed by: Robert

"Love is a lot like dancing, just surrender to the music."

Contributed by: Anoniem

"Watch your thoughts; they become words. Watch your words; they become actions. Watch your actions; they become habits. Watch your habits; they become character. Watch your character; it becomes your destiny. Think Dancing..."

Contributed by: Ferry

"Set the night to music and dance."

Contributed by: Anoniem

"Enough talk. Let's dance!"

Contributed by: Anoniem

"Hey! We are only dancing...we are not on a date!"

Contributed by: Anoniem

"Dancing is Sole Food."

Contributed by: Anoniem

"Dancers never have to look at their feet...they are always at the end of their legs."

Contributed by: Anoniem

"Don't dance for a week, and you can tell. Don't dance for two weeks, and everyone can tell."

Contributed by: Anoniem

"Work like you don't need the money, Love like you've never been hurt, Dance like nobody's watching"

Contributed by: Anoniem

# The Dance Magazine

"All the ills of mankind, all the tragic misfortunes that fill the history books, all the political blunders, all the failures of the great leaders, have arisen merely from a lack of skill at dancing - Moliere"

Contributed by: Anoniem

"A passionate dancer is a poet in action"

Contributed by: Anoniem

"If u wanna dance, then do it right! If u can't do it right, don't do it..."

Contributed by: Anoniem

"Beter één danser op de vloer dan tien aan de kant"

Contributed by: Ferry

"To dance, above all, is to enter into the motions of life. It is an action, a movement, a process. The dance of life is not so much a metaphor as a fact; to dance is to know oneself alone and to celebrate it."

Contributed by: Anoniem

"Dancing is a sweat job... When you're experimenting you have to try so many things before you choose what you want, and you may go days getting nothing but exhaustion. It takes time to get a dance right, to create something memorable."

Contributed by: Anoniem

"The forms of tango are like stages of a marriage.

The American tango is like the beginning of a love affair, when you're both very romantic and on your best behavior.

The Argentine tango is when you're in the heat of things and all kinds of emotions are flying: passion, anger, humor.

The International tango is like the end of the marriage, when you're staying together for the sake of the children."

Contributed by: Anoniem

"I would like to spend my days sitting under a tree drinking wine and watching people dance."

Contributed by: Anoniem

"Any problem in the world can be solved by dancing."

Contributed by: Anoniem

Found at "The Dutch Ballroom Server"

<http://www.tdbs.is.nl/>

# The Dance Magazine

## Make your own ballroom dance cd

By: Fred Bolder



If you have a cd writer then you can make a nice ballroom dance cd. Below every song you can see the link where you can download the mp3 file. All the mp3 files are from <http://www.mp3.com> so it is legal. Of course most of the songs are not famous, but they are very nice.

1	..... Gato .....	Gert Olie .....	Rumba.....	27
	<a href="http://artists.mp3s.com/artists/580/gert_olie.html">http://artists.mp3s.com/artists/580/gert_olie.html</a>			
2	..... Cancion De Despedida .....	Bocaza .....	Samba .....	52
	<a href="http://artists.mp3s.com/artists/568/bocaza.html">http://artists.mp3s.com/artists/568/bocaza.html</a>			
3	..... Jambolaya .....	Channelcats.....	Quickstep.....	50
	<a href="http://artists.mp3s.com/artists/296/channelcats.html">http://artists.mp3s.com/artists/296/channelcats.html</a>			
4	..... Oye Como Va .....	Soulounge.....	Cha Cha Cha.....	30
	<a href="http://nl.artists.mp3s.com/artists/507/soulounge.html">http://nl.artists.mp3s.com/artists/507/soulounge.html</a>			
5	..... Fields of gold.....	Mike Lasalle .....	Rumba.....	26
	<a href="http://nl.artists.mp3s.com/artists/154/mike_lasalle.html">http://nl.artists.mp3s.com/artists/154/mike_lasalle.html</a>			
6	..... Something Stupid .....	Carolien .....	Rumba.....	26
	<a href="http://nl.artists.mp3s.com/artists/398/carolien.html">http://nl.artists.mp3s.com/artists/398/carolien.html</a>			
7	..... El Rajaito .....	El Angel Rosario .....	Merengue.....	80
	<a href="http://artists.mp3s.com/artists/106/el_angel_rosario.html">http://artists.mp3s.com/artists/106/el_angel_rosario.html</a>			
8	..... Bright Side of the Road .....	Contraband .....	Quickstep.....	43
	<a href="http://nl.artists.mp3s.com/artists/404/contraband1.html">http://nl.artists.mp3s.com/artists/404/contraband1.html</a>			
9	..... Time after time .....	Claire Knox .....	Quickstep.....	45
	<a href="http://artists.mp3s.com/artists/542/claire_knox.html">http://artists.mp3s.com/artists/542/claire_knox.html</a>			
10	... Mamey Colora'o .....	The Mambo Boys .....	Cha Cha Cha.....	31
	<a href="http://nl.artists.mp3s.com/artists/350/the_mambo_boys.html">http://nl.artists.mp3s.com/artists/350/the_mambo_boys.html</a>			
11	... Givin' Old Memories Away .....	Erin Hay .....	Slow waltz .....	31
	<a href="http://artists.mp3s.com/artists/387/nashville_showcase.html">http://artists.mp3s.com/artists/387/nashville_showcase.html</a>			
12	... Sweet Home Chicago .....	Contraband .....	Jive.....	32
	<a href="http://nl.artists.mp3s.com/artists/404/contraband1.html">http://nl.artists.mp3s.com/artists/404/contraband1.html</a>			
13	... Pieces.....	Duane Drake .....	Jive.....	34
	<a href="http://nl.artists.mp3s.com/artists/542/duane_drake.html">http://nl.artists.mp3s.com/artists/542/duane_drake.html</a>			
14	... She .....	The Mambo Boys .....	Salsa.....	43
	<a href="http://nl.artists.mp3s.com/artists/350/the_mambo_boys.html">http://nl.artists.mp3s.com/artists/350/the_mambo_boys.html</a>			
15	... Pa' Colombia.....	Samecumba.....	Salsa.....	50
	<a href="http://artists.mp3s.com/artists/310/samecumba.html">http://artists.mp3s.com/artists/310/samecumba.html</a>			

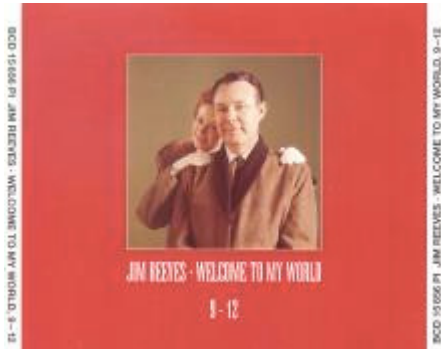


# The Dance Magazine

## Jim Reeves - part 2

By: Fred Bolder

In number 45 of the dance magazine I have written about the first part of this huge collection. Here is the last part.



### Jim Reeves

#### Welcome To My World

16 cd's with a lot of music for dancing

<b>CD 9</b>			
5	Be Honest With Me	Slowfox	28
12	Adios Amigo	Slow waltz	27
17	Where We'll Never Grow Old	Slow waltz	31
18	I'd Rather Have Jesus	Slow waltz	27
19	Have Thine Own Way, Lord	Slow waltz	28
20	The Night Watch	Slow waltz	31
21	Across The Bridge	Quickstep	43
23	Take My Hand Precious Lord	Slow waltz	32
27	Where Do I Go To Throw A Picture Away	Slow waltz	31
28	A Letter To My Heart	Slowfox	28

<b>CD 10</b>			
7	Bolandse Nooient Jie	Slow waltz	29
8	Ek Verlang Na Jou	Slow waltz	29
10	I Love You Because	Slowfox	28
14	Stand In	Slowfox	28
17	I'd Fight The World	Slowfox	27
18	Waltzing On Top Of The World	Slow waltz	32
23	Silent Night	Slow waltz	27
27	Jingle Bells	Quickstep	48
28	The Merry Christmas Polka	Paso Doble	64

<b>CD 11</b>			
1	Daar Doer In Die Bosveld	Viennese waltz	49
4	Die Blonde Matroos	Viennese waltz	55
5	Jy Is My Liefeling	Slow waltz	32
6	In Die Skadu Van Ou Tafelberg	Slow waltz	27
8	Geboortepiasie	Slowfox	29

# The Dance Magazine

9	Net `N Stille Uurt Jie	Slow waltz	27
15	Missing Angel	Rumba	29
17	Heartbreak In Silhouette	Rumba	25
20	Blue Canadian Rockies	Slow waltz	29
26	I'm Crying Again	Slow waltz	29
28	You Are My Love	Slow waltz	32

## CD 12

1	Lonely Music	Jive	32
4	The Talking Walls	Slowfox	28
6	Little Ole Dime	Jive	32
12	Silver Bells	Slow waltz	27
13	Born To Be Lucky	Quickstep	50
21	Roving Gambler	Quickstep	47
23	A Nickel Piece Of Candy	Slowfox	28
24	Love Is No Excuse	Slowfox	31
25	Look Who's Talking	Slowfox	28



## CD 13

1	Mexicali Rose	Rumba	29
2	Carolina Moon	Slow waltz	28
3	Moon River	Slow waltz	28
4	When I Lost You	Slow waltz	29
5	It's Only A Papermoon	Slowfox	28
8	One Dozen Roses	Quickstep	40
9	Moonlight And Roses	Slowfox	31
11	Rosa Rio	Viennese waltz	53
16	I Won't Come In While He's There	Slow waltz	27

## CD 14

2	Blue Side Of Lonesome	Slow waltz	31
4	Trying To Forget	Slow waltz	29
7	When Two Worlds Collide	Slow waltz	27
17	Little Ole Dime	Jive	33
18	You're The Only Good Thing	Slow waltz	27
20	Oh, How I Miss You Tonight	Slow waltz	27

# The Dance Magazine

<b>CD 15</b>			
5	God Be With You	Slowfox	32
7	Wagonload Of Love	Quickstep	42
13	I Could Cry	Slowfox	28
15	Wagonload Of Love	Quickstep	46
17	I'll Tell The World I Love You	Quickstep	44
22	Near The Cross	Slow waltz	33

<b>CD 16</b>			
3	Trying To Forget	Slow waltz	28
9	Right Words	Slowfox	27
10	You Darling You	Slow waltz	29
11	One Little Rose	Slow waltz	30
12	I'd Rather Not Know	Slow waltz	33
17	I Let The World Pass Me By	Slowfox	28
19	My Hands Are Clean	Jive	33
21	Deep Dark Water	Slowfox	27

# **The Dance Magazine**

## **Your favourite dance music**

We would love to hear about your favourite dance music. Please mail some titles including what you dance to it and why you like it to Miranda [miertjej@hotmail.com](mailto:miertjej@hotmail.com)

We hope to receive many replies so that we can write something about it.

# The Dance Magazine

## Nice links

*By: Fred Bolder*

### Dance clipart

<http://php.indiana.edu/~rdowney/swing/imagesCLIP.html>

### Belly Dance Stuff

<http://www.bellydancestuff.com/clipart.html>

Belly dance clipart

### Dance video clips

<http://www.ballroomeast.com/Videos/Videos.htm>

<http://www.dancinfeelin.com/video-clips.htm>

### Tango Times

<http://www.tangotimes.us/clips.htm>

Argentine Tango video clips

### Dance History Archives

<http://www.streetswing.com/histmain/z1a.htm>

History of many dances

### Boogie Woogie Video Clips

[http://dans.uib.no/www/bilder/2002/11-09\\_NM/filmer/](http://dans.uib.no/www/bilder/2002/11-09_NM/filmer/)

### Animation & Dance

<http://www.anidance.de/>

Dance animations in mp4 format

### Modena Fashions

<http://modenafashions.com>

Dance clothes

### Rummos

<http://www.rummos.com>

Dance shoes

### Day of Dance

<http://www.dayofdance.com/rotterdam1.htm>

<http://www.xs4all.nl/~fghb/photo/0305171.htm>

<http://www.geocities.com/dansschoolvandevijver/dof/dof.html>

### The Shoe Brush With Style

<http://www.ballroomshoebrush.com>