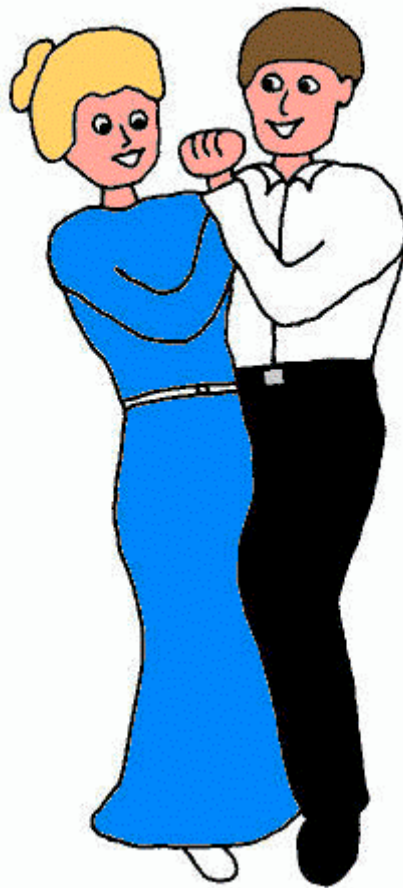


October 2003
Number **51**

The Dance Magazine

Magazine for ballroom dancers



Drawn by Fred Bolder

The Dance Magazine

The Dance Magazine is a free magazine made for and made by ballroom dancers. You can read about different subjects all concerning ballroom dancing. We also give you the opportunity to put your add or messages in it. You can send them to me by e-mail.

The Dance Magazine is an edition from Fred Bolder's Ballroom Site

Url: <http://www.xs4all.nl/~fghb/ballroom.htm> or
<http://move.to/stijldansen>

e-mail: fghb@xs4all.nl

You can download this magazine as a Word-file for free.

The Dance Magazine also has its own domain.

url: <http://www.dansblad.nl>

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The movie Center Stage

By: *Miranda*

“The American National Ballet is not for shy people. Only the most talented and most pretty dancers stand a chance. Unfortunately you need more than just physical strength and an overdose of ambition to get here. Jonathan Reeves, the creative director of the ballet-academy Center Stage, decides which of the group students will enter the big stage. Center Stage is an energetic movie on depression, success, romances and disappointments on the long way to success.”

The movie starts with an audition at the ballet-school. After that we see the moments of students of the balletschool. It is a competition between the dancers, because only three ladies and three men will be permitted to dance in the biggest balletgroup who does the shows. Because there are ten man and twenty ladies in the group, this will become very hard for those who want it so much, but just aren't good enough.

The students have little confidence in the student Jody. Her teacher sees future in her, although her technique is not good at all. Jody does not book enough progress. After a discussion with Jonathan (director also choreographer) and the teacher, Jody does not have any confidence in herself anymore. They tell her that she has to leave if she doesn't approve her dancing now and they also tell her figure is not that of a perfect ballerina.

Jody has two room-mates. Maureen can only say nasty things to Jody, because Maureen thinks she is the best. Eva is the one who is defending herself and she help Jody to get out of her depressions. Eva had a dream of becoming a ballerina, but she gave it up because her character is not that of a prima ballerina at the ABC (American Ballet Academy). They do not appreciate someone who does not exactly what they told her. Eva takes Jody to a salsa-club to relax. The friends that go to the salsa-club are very close and in class they sometimes get themselves into trouble. One day they have to wash all the mirrors in the building because of that.

One day Jody goes to a dancing lesson in modern ballet at the Broadway Dance Studio. Cooper, the choreographer of ABC, looks at her and he is impressed. He promised not to be betray her and they go for a drink. Jody thinks they are dating, but she will find out Cooper thinks differently...

Then the day of the workshop presents itself on the calendar. On this day it is decided which dancers will be dancing in the real ballet group. They play three parts; two with classic ballet and one with classic and modern ballet. The audience is very surprised on the third play and they are very enthusiastic. In this lovestory of choreographer Cooper Jody has the first part. After the show the director announces which dancers will go to the ballet. Jody is called, but instead of waiting what they have to say, she tells them she does not want to know if she may dance in the ballet, but she made the choice to dance in the ballet of Cooper as a starballerina. Cooper has just heard he can start his own dancing school, because he found himself a sponsor.

My opinion

This movie is not only about dancing, but also about friendship. Friends should support each other, no matter what.

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You can also see the problems which dancers have to deal with. Maureen has bohemia, because they expect her to have the thin figure a prima-ballerina must have. Besides that her mother also expects her to become a prima ballerina. Jonathan tells Maureen she is fat and that is why she spits everything she eats out again. At the end of the movie Maureen tells her mother the truth, and she makes a choice which she had to make much sooner.

Of course the readers of this Dance magazine are interested in the dancing aspect of the movie.

As written above, this movie is about ballet, but besides that you also see some salsa. The salsa-aspect is about ten minutes of the total movie. In Center Stage they show classic ballet and modern ballet.

I personally don't like to watch classic ballet myself, because little is happening. I like modern ballet, it looks a lot like jazzballet. I liked the piece they showed at the third show of the workshop a lot. The music of this play was also very nice, swinging on for example music of Michael Jackson.

If you love ballet, you should definitely see this movie. Remember that ballet is the most important of this movie, but besides that it is also about other things, like love and development. I don't like ballet very much, but I liked the movie, so therefore I would also advice people who do not love ballet to watch this movie.

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Ice dancing

By: Fred



Ice dancing is a discipline of ice skating that looks a lot like ballroom dancing. This discipline found its origin in 1949. At ice skating; jumps, pirouettes and lifts are the basics of the program, but the real purpose of ice dancing is showing the character of the dance. At ice dancing acrobatic steps are forbidden. In the Netherlands this sport is not very popular. It is very nice to see that ice dancing also shows the dances you learn at ballroom dancing. At the picture you see a couple dancing the Paso Doble. Ice dancing has three parts: the obligatory dances, The Original Set Pattern Dance (O.S.P.D.) and the free style. At the obligatory dances, the organisation every year selects 4 out of 18 dances and the couples have to dance 2 of these dances on the competitions. Selecting will be done random and everybody has to dance the same dances. The music, steps and program are registered by the International Skating Union. Some of these dances are the

Foxtrot, Rumba, Paso Doble, Quickstep and Tango Argentine.

At the O.S.P.D. the dancers make their own program. This can be another dance than the 18 I mentioned before.

At the free style dancers can decide by themselves which steps and music they wish to use.

Links

Iceskating

<http://www.iceskating.org/nl/ijsdansen.htm>

Ice-dance

<http://www.ice-dance.com/>

International Skating Union (ISU)

<http://www.isu.org>

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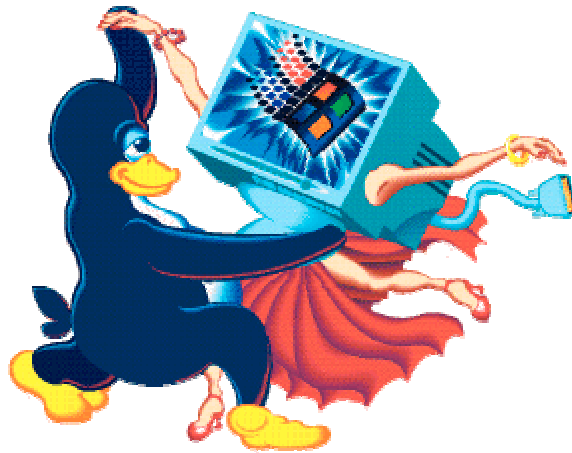
Dancing with your computer

By: Fred

This is a regular returning column about my self-made dance software DansCAD. This is free software which you can download from my site:

<http://www.xs4all.nl/~fghb/07.htm>

All important updates appear in this dance magazine. You can also download a manual from my site.



New system variable ANGINC

With this new system variable ANGINC you can adjust the size of the step of the rotation angle, which is used when rotating with the cursor keys

Command: **anginc**

New value for ANGINC <22.50>: **30**

In previous versions the value always was 22.5, but when making Salsa figures you must use directions of a imaginary clock and so you should adjust the value to $360/12=30$.

By the way, there are also new Salsa figures in the DVD directory.

COPY command extended

If you copy all data, the insertion point doesn't have to be located after the part that you want to copy. You will be asked if you want to insert the steps before or after the current step. The insertion point must be located outside the part that you want to copy. Below you can see an example of how to copy all steps.

Command: **laststep**

Command: **copy**

[STEPS] All/Block/Number <N>: **a**

[DATA] All/Couple/Lady/Man/Positions/Text <A>: **a**

Insert step(s) After/Before current step : **a**

DcWin – DansCAD for Windows

DansCAD is working perfectly with most of the Windows versions, but when it doesn't, there now is DcWin.

DcWin is also free software. This means you can download it freely from my site without limitations. DcWin is an addition to DansCAD and uses the same configuration files. Both programs can read all the figures. DcWin has almost the same possibilities as DansCAD.

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Installing DeWin

First install the latest version of DansCAD. In the manual that you can download from my site you can read how to do this.

Now download the file dcwin.zip and copy all files from this file to the DansCAD directory. This is the directory where the file dc.exe is located. Some files already exist, but they may be overwritten.

Double click on dcwin.exe to run the program.

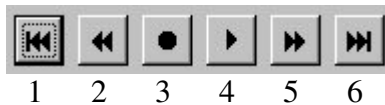
Open and play the figures

This is what most people want to know.

From the File menu choose Open.
Select a figure and click on the OK button.
From the File menu choose Play.

By choosing Tempo from the Settings menu, you can adjust the playing speed.

With these buttons you can play a figure.



- 1 – First step
- 2 – Previous step
- 3 – Stop playing
- 4 – Play
- 5 – Next step
- 6 – Last step

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Make your own ballroom dance cd

By: Fred



If you have a cd writer then you can make a nice ballroom dance cd. Below every song you can see the link where you can download the mp3 file. All the mp3 files are from <http://www.mp3.com> so it is legal. Of course most of the songs are not famous, but they are very nice.

- 1 No Me Olvides Alex Torres..... Rumba/Salsa 27/55
http://artists.mp3s.com/artists/80/alex_torres_and_the_latin_.html
- 2 Linda Chicana..... L.A. Carpool..... Cha Cha Cha 32
http://artists.mp3s.com/artists/34/la_carpool.html
- 3 La Luna Negra L.A. Carpool..... Cha Cha Cha 34
http://artists.mp3s.com/artists/34/la_carpool.html
- 4 Ain't No Women Four Tops Rumba..... 25
http://artists.mp3s.com/artists/251/four_tops.html
- 5 Pan, bread Andes music Aravec Ecuador..... Rumba..... 25
http://artists.mp3s.com/artists/613/andes_music_aravec_ecuador.html
- 6 Te Suelto El Pelo Reggaeton Samba 47
<http://artists.mp3s.com/artists/354/reggaeton.html>
- 7 The Circle Erin Hay Slowfox..... 31
http://artists.mp3s.com/artists/49/erin_hay.html
- 8 Oklahoma Hills..... Erin Hay Quickstep 53
http://artists.mp3s.com/artists/49/erin_hay.html
- 9 Mi Vida Sin Tu Amor..... Simone Katharina Salsa..... 44
http://artists.mp3s.com/artists/223/simone_katharina.html
- 10 ... Se Que No Eres Feliz..... Dominic Salsa..... 46
<http://artists.mp3s.com/artists/237/dominic.html>
- 11 ... No vale la pena enamorarse Hot D Son..... Salsa..... 47
http://artists.mp3s.com/artists/245/hot_d_son.html
- 12 ... Porque me critican Sabroso Salsa..... 51
<http://artists.mp3s.com/artists/219/sabroso.html>
- 13 ... La Pastillita Mingo Fernandez..... Salsa..... 53
http://artists.mp3s.com/artists/107/mingo_fernandez.html
- 14 ... Para Ponertello..... Alex Torres..... Merengue 76
http://artists.mp3s.com/artists/80/alex_torres_and_the_latin_.html
- 15 ... Que Quieren las Mujere..... Merengue con Mucho Mambo..... Merengue 82
http://artists.mp3s.com/artists/195/merengue_con_mucho_mambo.html

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Nana Mouskouri

By: Fred

When I was in a CD shop, I heard beautiful conga sounds. The saleswoman said that is was Nana Mouskouri. I didn't expect that. After listening to a few songs, I bought the CD. There are a lot of beautiful Bolero songs on this CD. The songs that are not too slow are great to dance a Rumba to.



Nana Mouskouri
Un Bolero Por Favor

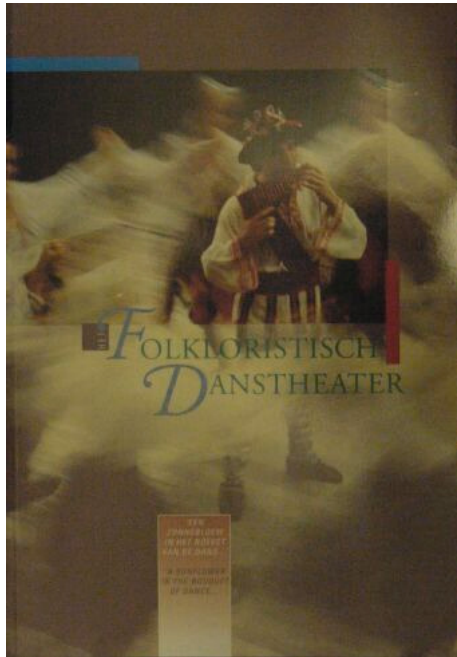
1.....No me quieras tanto	-	22
2.....Espinita	-	34
3.....Besame mucho	-	22
4.....Piel Canela	Cha Cha Cha	29
5.....Usted	-	21
6.....Perfidia.....	-	22
7.....Rayito de luna	Cha Cha Cha	29
8.....Piensa en mi	Rumba.....	24 ☺
9.....Bachata rosa.....	Rumba.....	28
10.....La barca.....	-	22
11.....Angelitos negros	-	22
12.....Me voy pa'l pueblo	Cha Cha Cha	30
13.....Despierta agapi mou	Rumba.....	27 ☺

<http://www.nana-mouskouri.de/>

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Book – Het Folkloristisch Danstheater

By: Fred



At “De Slegte” in Antwerpen (Belgium), I have bought the book “Het Folkloristisch Danstheater”. This is a special issue for the 30 year anniversary of “Het Folkloristisch Danstheater” in Amsterdam. There are a lot beautiful big color photographs in this book. You can also read about the history of this dance company.

Price: € 4.52

<http://www.intdanstheater.nl/>

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Comic



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Nice links

Video clips

<http://www.socialdance.ru/video.html>

Salsa video clips

<http://www.salsaloon.com/Videos.html>

<http://salsa-latina.org/videoclips.htm>

<http://www.salsation.ca/videos.htm>

Danspunt

<http://www.danspunt.be/>

Dance events

Dance clipart

<http://www.1clipart.com/1clipart.cfm?p=Dancing - Ballet>

<http://www.free-clipart.net/cgi-bin/clipart/directory.cgi?direct=clipart/Entertainment/Dance>

<http://www.clipsahoy.com/leisure/dancing.htm>

Dance posters

<http://muposters.com/dance/dance.shtml>

MIDI For Ballroom Dancing

http://midistudio.com/midi/BR_AF.htm

A lot of good songs for ballroom dancing

Dancersplanet

<http://www.dancersplanet.com/>