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The Dance Magazine

Magazine for ballroom dancers



The Dance Magazine

The Dance Magazine is a free magazine made for and made by ballroom dancers. You can read about different subjects all concerning ballroom dancing. We also give you the opportunity to put your add or messages in it. You can send them to me by e-mail.

The Dance Magazine is an edition from Fred Bolder's Ballroom Site

Url: <http://www.xs4all.nl/~fghb/ballroom.htm> or
<http://move.to/stijldansen>

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You can download this magazine as a Word-file for free.

The Dance Magazine also has its own domain.

url: <http://www.dansblad.nl>

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Polynesisch dancing

By: *Miranda*

What is Polynesisch dancing? It is very hard to explain. It is a folkloristic dance that represents the culture of Hawaii. While dancing, you tell a story about the past or about gods with your hands. With your hips you move to the rhythm of the music.

In Hawaii you can get a certificate in Polynesisch dancing. Staphanney Lindsey and Tunui Tully are very famous dancers in this form of dancing. The Polynesisch dance is a lifestyle.

If you start learning this form of dancing, you will also use professional terms. Words like hula (dance), kuma (teacher), hallau (school) en alloha (looks) are used a lot. Most of the dancers are convinced that the style of Polynesisch dancing has to be in your genes and you must have a good aura to dance it right. Of course, you also have to know which story you tell with your hands.

The costumes of the dancers are usually covered with flowers and cheerful colours. Big heads and hair pieces are also used a lot.

Source: Haarlems Dagblad, 1 September 1987

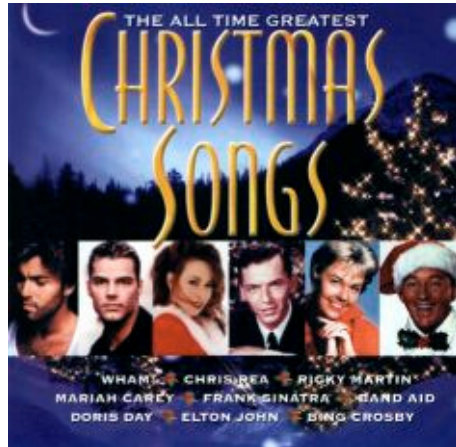


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Christmas CD

By: Fred

Here is a nice Christmas CD with some good danceable music! If you don't know how to dance a Slowfox then you dance a slow Jive to this songs. "Bells Are Ringing" is not a real Viennese waltz, but you should try it. The song "A Christmas Song" has an interruption.



The All Time Greatest Christmas Songs 2 CD

Dances: Jive, Samba, Quickstep, Slowfox

Price: 19,99 euro

CD 1

1. Mariah Carey	All I Want For Christmas Is You	Jive.....	38 ☺
2. Wham!	Last Christmas	-	-
3. Celine Dion.....	I Met An Angel	Jive.....	39
4. Ricky Martin.....	Ay, Ay, Ay It's Christmas	-	-
5. Gloria Estefan.....	Love On Layaway	Samba	51 ☺
6. Frankie Goes To Hollywood	The Power Of Love.....	-	-
7. Babyface.....	Have Yourself A Merry Little Christmas.....	-	-
8. Michael Bolton	This Is The Time.....	-	-
9. Harry Connick, Jr	When My Heart Finds Christmas.....	-	-
10. .. Shawn Colvin	I Don't Need Anything This Christmas	-	-
11. .. Mary Chapin Carpenter	Bells Are Ringing.....	Viennese waltz... 50	
12. .. Marc Anthony.....	Christmas Auld Lang Syne	-	-
13. .. Chris Rea	Driving Home For Christmas.....	Quickstep.....	45
14. .. 3T	I Need You (Christmas Mix)	-	-
15. .. Solid Harmonie.....	Give Love On Christmas Day.....	-	-
16. .. Juice/S.O.A.P./Christina.....	Let Love Be Love	-	-
17. .. Backstreet Boys.....	Christmas Time	-	-
18. .. Band Aid.....	Do They Know It's Christmas?.....	-	-
19. .. Charlotte Church.....	Silent Night	-	-

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CD 2

1.	Bing Crosby.....	White Christmas.....	-.....	-
2.	Frank Sinatra	Santa Claus Is Comin' To Town.....	Slowfox.....	36 Fast
3.	Johnny Cash.....	The Little Drummer Boy.....	-.....	-
4.	Andy Williams.....	Sleigh Ride.....	-.....	-
5.	Doris Day.....	Lets It Snow! Let It Snow! Let It Snow!.....	-.....	-
6.	Mel Torme	The Christmas Song	-.....	-
7.	Johnny Mathis	It's Beginning To Look A Lot	Slowfox.....	28
8.	Tony Bennet	Winter Wonderland.....	Slowfox.....	29 ☺
9.	Gene Autry	Rudolph The Red Nosed Reindeer.....	-.....	-
10. ..	Gladys Knight & The Pips.....	This Christmas	-.....	-
11. ..	Dana.....	It's Gonna Be A Cold, Cold Christmas	Slowfox.....	30
12. ..	Jona Lewie.....	Stop The Cavalry	-.....	-
13. ...	MUD.....	Lonely This Christmas	-.....	-
14. ..	Shakin' Stevens.....	Merry Christmas Everyone	Quickstep.....	51 ☺
15. ...	Fay Lovsky	Christmas Was A Friend Of Mine	-.....	-
16. ...	Elton John.....	Step Into Christmas	-.....	-
17. ...	Shawn Phillips	A Christmas Song	Quickstep.....	49
18. ...	Love Unlimited.....	It May Be Winter Outside.....	Jive.....	31
19. ...	Doug Ashdown.....	Winter In America	-.....	-
20. ...	Pretenders	2000 Miles	-.....	-
21. ..	Art Garfunkel.....	O Come All Ye Faithful.....	-.....	-
22. ...	Manhattan Transfer.....	It Came Upon Midnight Clear.....	-.....	-
23. ..	Mahalia Jackson	Silent Night, Holy Night	-.....	-

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Salsafox

By: Petra

The Salsafox finds its origin in Germany. This new dance stands for happiness, summer, sand and sea. It is made by Johannes Hössel, a dance teacher from München. The Salsafox is a combination of Quickstep, Discofox and Salsa. You can dance the Salsafox to almost every Top 40 song. It is not a dance for just one music style.

The Salsafox has already become popular in Germany. There are even courses to become a Salsafox teacher. At some dance schools in The Netherlands you can also learn the Salsafox. Here are a few Salsafox basic figures.

Basic

Step	Count	Man	Lady
1	Slow	LF forward	RF back
2	Slow	RF forward	LF back
3	Quick	LF forward	RF back
4	Quick	Replace weight to RF	Replace weight to LF
5	Slow	LF back	RF forward
6	Slow	RF back	LF forward
7	Quick	LF back	RF forward
8	Quick	Replace weight to RF	Replace weight to LF

Man's spin turn

Step	Count	Man	Lady
1	Slow	LF forward	RF back
2	Slow	RF forward	LF back
3	Quick	LF forward, half turn clockwise under lady's arm	RF back
4	Quick	Replace weight to RF, half turn clockwise	Replace weight to LF

Right turn

Start with a half basic

Step	Count	Man	Lady
5	Slow	LF back, 1/8 turn clockwise	RF forward
6	Slow	RF side, 1/8 turn clockwise	LF forward
7	Quick	Replace weight to LF, 1/4 turn clockwise	RF forward, half turn clockwise
8	Quick	Replace weight to RF	LF forward

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Left turn

Start with a half basic

Step	Count	Man	Lady
5	Slow	LF back	RF forward
6	Slow	RF back	LF forward
7	Quick	LF side, 1/4 turn anti-clockwise	RF forward
8	Quick	Replace weight to RF, 1/4 turn anti-clockwise	LF forward followed by a half turn anti-clockwise

Links:

<http://www.salsafox.de/>

<http://www.advz.nl/>

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Make your own Sinterklaas dance CD

By: Fred

If you do not live in the Netherlands or in Belgium, you probably have never heard of Sinterklaas. You can compare Sinterklaas to Santa. In the Netherlands we have both. Sinterklaas gives presents on his birthday which is on 5 December. There are a lot of traditional songs. I have heard several Christmas dance CDs, but I think that Sinterklaas dance CDs do not exist. That is why I decided to make a Sinterklaas dance CD. I have played all music by myself. You can download the whole CD as MP3 files from my site.

<http://www.xs4all.nl/~fghb/0503.htm>

There are only five songs on this CD and they are short, because Sinterklaas songs are always short. However, I think it is nice to play them in the dance school, because they are made for dancing and it is something else!



- 1..Hoor de wind waait door de bomen..... Slow waltz 30
- 2..Hij komt..... Quickstep..... 50
- 3..Daar wordt aan de deur geklopt..... Viennese waltz .. 60
- 4..Sinterklaasje kom maar binnen..... Paso Doble..... 60
- 5..Zachtjes gaan de paardevoetjes Slow waltz 30

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Nice links

DancesportInfo

<http://www.dancesportinfo.net/>

A lot of beautiful photographs

Salsa Rhythm Machine

<http://www.techsono.com/sh/salsa.html>

Learn the Salsa rhythm

A Plus Dance Shoes

<http://aplusdanceshoes.com/shoesizes.html>

Shoe measures table

Salsa Stream

<http://www.salsastream.com/>

Listen online to Salsa music like a radio

Dans 2003

<http://www.dans2003.nl/>

Information about the big dance event in Assen

Videosequenzen aus unseren Kursen

<http://www.uni-duisburg.de/HSP/Programm/Video.html>

Download the video clips

Majorette pagina

<http://majorette.leukestart.nl/>

Links to Majorette and Twirl sites

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Merry Christmas and a Happy New Year!!