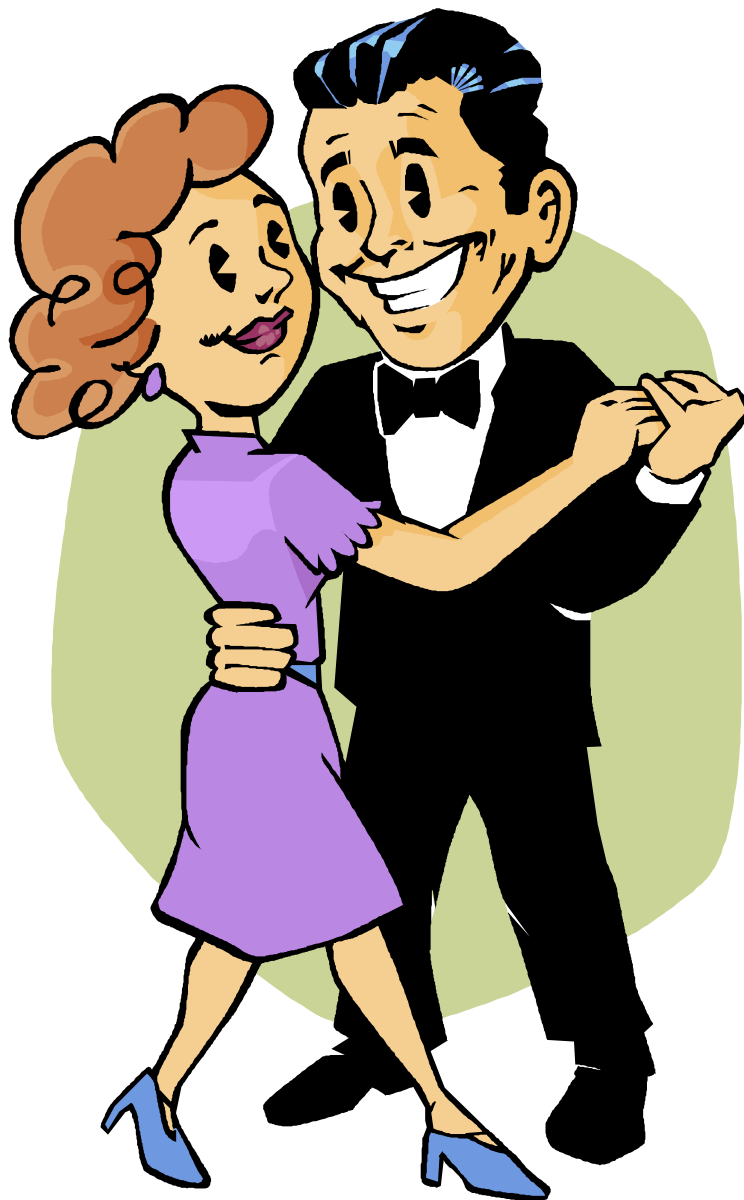


February 2006

Number **79**

The Dance Magazine

Magazine for ballroom dancers



The Dance Magazine

The Dance Magazine is a free magazine made for and made by ballroom dancers. You can read about different subjects all concerning ballroom dancing. We also give you the opportunity to put your add or messages in it. You can send them to me by e-mail.

The Dance Magazine is an edition from Fred Bolder's Ballroom Site

Url: <http://www.xs4all.nl/~fghb/ballroom.htm> or
<http://move.to/stijldansen>

e-mail: fghb@xs4all.nl

You can download this magazine as a Word-file for free.

The Dance Magazine also has its own domain.

url: <http://www.dansblad.nl>

Editors: Fred Bolder and Miranda Harder-Jager

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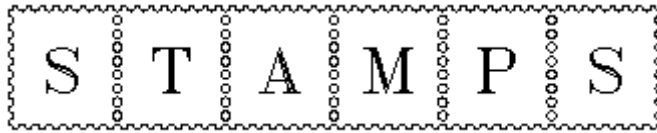
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The Dance Magazine



By: Fred

It has been a while since I wrote about dance stamps. In the mean time I have the Disney dance series that I have been searching for and much more.

Grenada 1996



The Tap Dancer



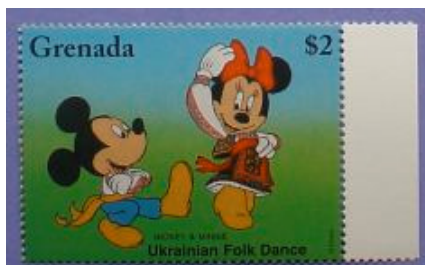
The Hula Dancer



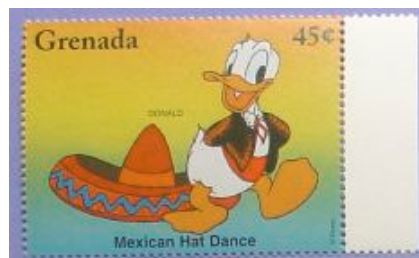
Jitter Bugs



Line-Dancing



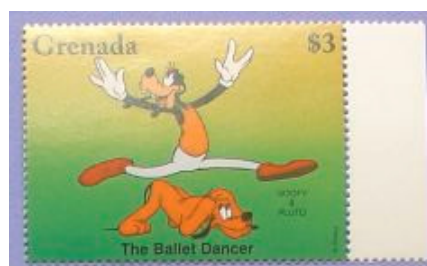
Ukrainian Folk Dance



Mexican Hat Dance



Two to Tango



The Ballet Dancer

I have bought this series at the stamps shop "Wim van der Bijl" in the Zadelstraat 35 in Utrecht (The Netherlands).

The Dance Magazine

USA 2005

Here you see the new “Let’s Dance” series from America showing the Merengue, the Salsa, the Cha Cha Cha and the Mambo.



Thailand 2005

The stamps below show the Argentine Tango and a folk dance from Thailand.



Argentina 2005

As you can see, Argentina has the same series.



Uruguay 2004

This stamp shows two different dance styles. One of them is the Argentine Tango.



The Dance Magazine



San Marino 2004 (Michel: 2139/41)

Ballet and Argentine Tango



Gambia

The Twelve Days of Christmas
Nine Ladies Dancing



Cuba 2005

Samba and Son

Read the magazines 55, 57 and 61 for more dance stamps. Also visit the sites below for topical stamps.

<http://www.postbeeld.nl/>
<http://topicstamps.com/>
<http://www.stampvault.com/>
<http://www.stampmile.com/>
<http://www.stanleygibbons.com/>
<http://www.omnistamps.com/>

<http://www.coolstamps.com/>
<http://www.topicalsetc.com/>
<http://www.stamprussia.com/>
<http://www.herrickstamp.com/>
<http://www.lbdstamps.100megs26.com/>

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Interview with Robert and Sandra

By: *Miranda*

Robert and Sandra are busy training for quit some time now and last December they danced their first competition in Hasselt, Belgium. They became champion in the ballroom and sixth in the latin. Nothing unusual, you should say, however, Robert is from the Netherlands and Sandra is from Poland. Sandra moved to the Netherlands to dance with Robert a little while ago. In this interview we will get to know them a little bit better.



What was your first experience with dancing?

Robert: I always played soccer. My brother had dancing lessons and so had my girlfriend and I visited the dance school every Sunday. My dad asked me why I did not join them in the lessons, and when I did not like it I could always stop. I followed his advice and since that they I am hooked on dancing.

Sandra: I wanted to practice gymnastic and ice skating. But by the time I wanted to start taking that lessons, I was already to late and therefore I decided to take dancing lessons.

When did you start dancing en why?

Robert: I started in January 1999, because my girlfriend at that time was dancing to.

Sandra: I dance about seven years now.

Why did you start dancing competitions?

Robert: I once joined a competition from DaVeNo for fun, but I liked it so much, I never stopped with competition dancing.

Sandra: Because it is really cool.

Can you both tell us something about your personal dancing career?

Robert: I danced two competition with my girlfriend at that time, but then we decided to not continue that. I started dancing with Kristel Dijkstra, who was also a dancer at the same dance school. In four years time we moved up to the classes A ballroom and latin 2. After this we decided to quit dancing together and we both tried to find another partner.

Sandra: I danced with several partners in Poland. With my last partner I danced in the highest class in ballroom and one class lower in latin. We both had different goals and therefore we decided to both find another partner.

What do you like best about dancing?

Robert: Everything! If I stand on that floor, I feel at home. I especially like to put my feelings in the music.

Sandra: If I am not happy, dancing makes me feel whole again. Especially the last half year, since I moved to the Netherlands, I sometimes feel homesick. Dancing is the best medicine for that!

The Dance Magazine

What part of your life is about dancing? (Do you have other hobbies, how often to you train?)

Robert: Very very often. We train about 2-3 hours a day and we also have private lessons from our trainers. Dancing is always number one for me. I also like watching tv, playing snooker and working with the computer, but I do not have a lot of time for that.

Sandra: Dancing is very important. It is the reason why I moved to the Netherlands! I also like reading books and going to the museum and theatres, but I do not have much time for that.

How did you two meet – since your are from different countries.

Robert: When Kristel and I stopped dancing together, I was looking for another partner and I received a lot of e-mails. I did several try-outs, however, the perfect partner was not there. When I found an add at Danceplaza, Anita Langford decided to call and arranged a try-out. In February Sandra came to the Netherlands for a try-out and in March I went to Poland for a tryout. Both try-outs where a success, so we decided to start dancing together.



Sandra: It was really kind of funny. I was looking for another partner and put an add on the internet. I was not sure if I should do that, but my dance teacher told me I should. And the same evening I received a phone call from Anita Langford. We kept in touch by phone and e-mail and we arranged try-outs. First I went to the Netherlands and then Robert went to Poland. After a long discussion with my parents, I decided to move to the Netherlands to dance with Robert.

You both had different partners, did it take long to learn each others dancing style?

Robert: Of course you need to adjust to each other. Everyone has its own style, but fortunately, that did not take very long.

Sandra: Dancing with someone else is always different, but thanks to our trainers, the result looks pretty good.

Is it different to dance with someone from another country?

Robert: Especially in the beginning this was kind of hard. You dance in a dance school where they speak Dutch. When Sandra was there as well, I sometimes felt uncomfortable, because I talk English to her and Dutch to all the others. And I translated everything for Sandra. However, there is no difference in dancing: this is an international language everyone understands.

Sandra: Dancing is not different, but it is hard to live in a country where you know absolutely nothing. Especially when you do not speak the language. If you with to discuss something, this is simply not possible. Fortunately, almost everyone also speaks English. At the moment I do not speak the Dutch language, however, I do understand most of it when I hear it.

Which level are you dancing?

‘Hoofdklasse’ ballroom and latin.

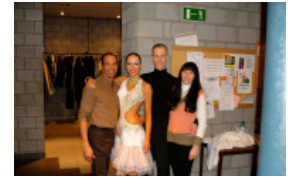
Which result are you proud of?

On January 7th, 2006, we danced at the Dutch Championships in Poeldijk. We had a third place, and we are very proud of that. This was our second competition together.

The Dance Magazine

Who are your trainers?

We are trained by Anita Langford for ballroom and Felix Castillo for Latin.



Do you like ballroom or latin better? And did this feeling change during time?

Robert: I always liked ballroom better, because I was better in that, but now I also like latin.

Sandra: I always thought I like ballroom better, but I can not do without latin.

Which dance do you like best? Why?

Robert: Quickstep, Slowfoxtrot and Jive. Quickstep and Jive are fast and the Slowfoxtrot just gives me a good feeling.

Sandra: Slow Waltz, Quickstep, Rumba and Jive.

Which dance don't you really like?

Robert: Paso Doble

Sandra: Samba

How do you pay all the training and clothes, do you have sponsors or do you have to work real hard to pay for it yourselves?

Robert: By working hard and luckily my parents also support me.

Sandra: Wim Slijkhuis is the sponsor for my dresses (which are ofcourse for sale ;P) My parents are also important sponsors.

Without our parents we could never have made it this far!

What are your plans for the future?

Robert: Try to make the best out of it.

Sandra: This season we will focus on the Dutch competitions. Next year we will also dance more international competitions. Hopefully we will one day be Dutch Champions.

How important is the 'look' from a dance couple?

Robert: Very important. Without a good 'look' you are nothing. A dance competition is not only about the quality or your dancing, but also about your look.

Sandra: Very important. We are very happy that our sponsor Wim Slijkdijk makes my dresses. The look determines a lot for dancers; think about the dresses, make up, clothes from Robert, shoes and how a couple presents itself on the floor.

If you could not dance anymore because of health reasons, how would you deal with that?

Robert: It would mean the end of the world for me. Dancing is my life! It would be really hard if that would happen and I do not know how I would deal with that.

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Sandra: It would be really hard, just like Robert said; dancing is my life. I never thought about it and hopefully I never have to.

Do you think the media pays enough attention to dancing?

It is much better than several years ago. We had Dancing with the Stars (DWTS) and Dansduel. There is no better advertisement for the dancing world than tv. I only hope it will not stop with these two programmes, more is always welcome.

Sandra: It could be more, however, it is much better since DWTS was on tv. In Poland we also have such a programme, only with a different name.

Do you wish to add something?

Robert: We would like to thank everyone who makes dancing possible for us.

Sandra: At the moment we are working on our own website. The address will be: www.robert-sandra.tk.



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Beads dance couple

By: Fred

I have designed many beads dance couples which I will put in the April magazine. Here is a dance couple in a heart for valentines day. I almost always designe a front and a back, so that the dance couple looks good on both sides. It is best to sew them together in stead of using double sided sticky tape. If you want to make a dance couple, you have to place the beads mirrored on the pegboard, because of the dance hold. I have included the photos of the pegboard with the beads, so you can simply copy it.

Read magazine number 69 if you have never ironed beads.



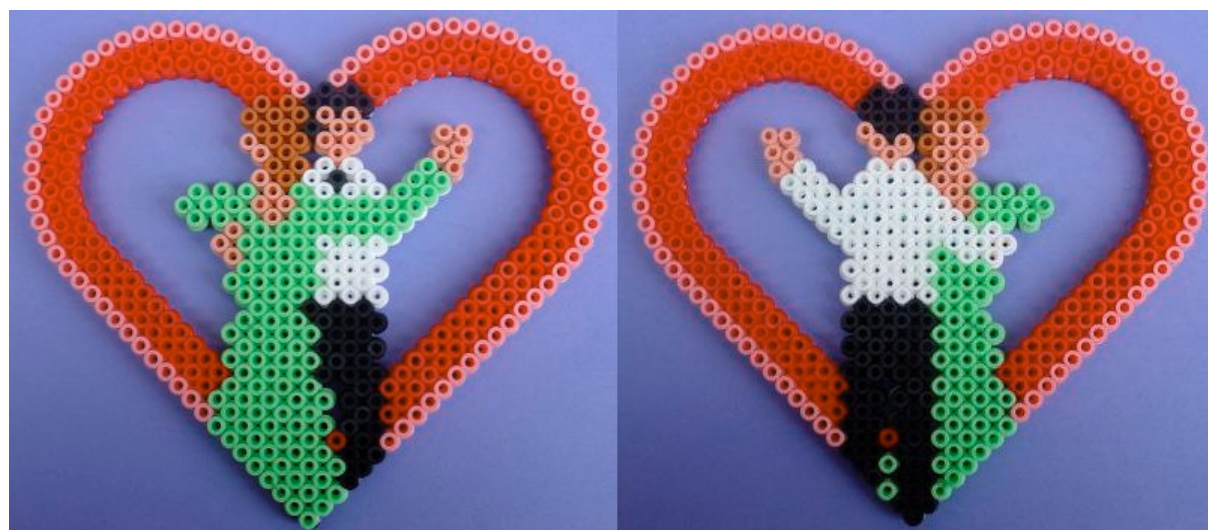
Front

Of course, you can copy this dance couple exactly, but perhaps it is nice to change it a bit. For example, you can fill the whole heart with red or change the color of the dress. Use your imagination! If you want to hang the heart at the wall, you only have to make the front or the back. Decide which one you like the most.

The Dance Magazine



Back



The result

Design a beads dance couple yourself and send a photo to fgb@xs4all.nl

The Dance Magazine

Book – Teach Yourself Ballroom Dancing

By: Fred

At the American Book Center in Amsterdam I bought the book “Ballroom Dancing” from the series “Teach Yourself”. This nice book for beginning dancers is written by Craig Revel Horwood. We know him from Strictly Come Dancing.

The book describes several basic figures of each dance. Most figures are illustrated by color photos or diagrams. It is a pity that the beat values of the Jive are not correct. It must be 2/3 1/3 1 instead of 3/4 1/4 1. In the book you can also find the history of each dance. The book includes a CD with nice strict tempo dance music to practice. Only the Jive music is not so great. With the ballroom dance dictionary this book is also nice for the experienced dancers.



Teach Yourself Ballroom Dancing

By: Craig Revel Horwood

Dances: Slow Waltz, Social Foxtrot, Quickstep, Tango, Rumba, Samba, Cha Cha Cha, Jive

208 pages

Includes audio CD

ISBN 0-07-146150-7

Price: 27,77 euro

The American Book Center

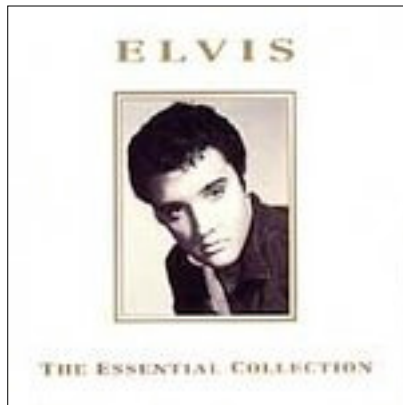
<http://www.abc.nl/>

The Dance Magazine

Elvis Presley

By: Fred

Elvis Presley has made a lot of nice danceable music. Most of his songs are suitable for the Jive. Below you can see an Elvis cd and even more music titles. Keep in mind that there could be different versions of the same song.



Elvis The Essential Collection

Dances: mainly Jive

3.....Hound Dog.....	Jive.....	44
4.....Don't Be Cruel.....	Jive.....	42
6.....All Shook Up.....	Jive.....	38 ☺
7.....(Let Me Be Your) Teddy Bear.....	Jive.....	44
8.....Jailhouse Rock.....	Jive.....	42
14.....(Marie's The Name) His Latest Flame.....	Quickstep.....	53
16.....Good Luck Charm.....	Slow Jive.....	30
18.....Return To Sender.....	Slow Jive.....	33 ☺
26.....Burning Love.....	Jive.....	36
28.....Moody Blue.....	Cha Cha Cha.....	34

Here are some more danceable Elvis songs

Angel.....	Rumba.....	25 ☺
Fools Fall In Love.....	Quickstep.....	51 ☺
Fun In Acapulco.....	Cha Cha Cha.....	32
I Really Don't Want To Know.....	Slow Waltz.....	27
It's A Matter Of Time.....	Rumba.....	27
Mean Woman Blues.....	Jive.....	41
My Boy.....	Rumba.....	23 (slow)
Party.....	Jive.....	38 ☺
Snowbird.....	Quickstep.....	54
That's All Right.....	Quickstep.....	52
The Fair Is Moving On.....	Slow Waltz.....	27
There Goes My Everything.....	Slow Waltz.....	28 ☺
Until It's Time For You To Go.....	Slow Waltz.....	31 ☺
Wear My Ring Around Your Neck.....	Quickstep.....	52
Where Did They Go Lord.....	Slow Waltz.....	28
You Were Always On My Mind.....	Rumba.....	23 (slow)

CD Elvis for Dancing

<http://ballroomdancemusic.info/Album/ElvisforDancing751.htm>

The Dance Magazine

Nice links

By: Fred

Spaanse markt

<http://www.pixagogo.nl/8179695681>

A lot of photos of Spanish dance.

Zomercarnaval 2005

<http://www.pixagogo.nl/1283185122>

A lot of photos of the Summercarnival in Rotterdam

Dansgroepen

<http://home.zonnet.nl/volksdansen/dansgroepen.htm>

Links to folk dance groups

The Best DanceSport Music

<http://www.dancesportmusic.com/>

Ballroom dance music titles

Wousie's Dance Wear

<http://www.wousiesdancewear.nl/>

Dance dresses

Homepage van Alice

<http://home.hetnet.nl/~alwiro/>

There are three nice ballroom dance animations on this page